

THE CONCORD **INSIDER**

OCT. 6-12
Love It or Leaf It



PLANNING FOR THE PEAK

Tips for enjoying the weekend ahead

inside the Insider

theconcordinsider.com



4 On the path to mental health

New Hampshire's largest mental health awareness and suicide prevention event returns in-person at the soccer fields on South Fruit Street on Oct. 8 with a virtual option on Oct. 9



6 Tips for the season

We help you get out and explore

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The Concord Insider is published weekly by the Concord Monitor. Our offices are located at 1 Monitor Drive, Concord, NH. Our postal address is P.O. Box 1177, Concord, NH, 03302-1177.



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Indigenous People Past, Present, Future

Presented by Denise & Paul Pouliot
of the Cowasuck Band of the Pennacook-Abenaki People

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www.Concordhistoricalsociety.org



making strides

Walk for a cure Sunday, Oct. 16

30th breast cancer awareness event starts at Memorial Field

This is the time of year when the sides of the road are aglow in reds, yellows and brilliant oranges. On one weekend each autumn in October, you'll also see waves of pink making their way from Memorial Field and the surrounding streets.

This year's Making Strides Against Breast Cancer Walk is Oct. 16. There you'll find a familiar setting as thousands of walkers clad in their pinkest attire stretch and mill about Memorial Park ahead of the powerful parade of survivors that kicks off the event at 1. Participants can do a 5-mile walk or a shortened route. Registration starts at 11, though pre-registration is



Scenes from last year's walk.

encouraged.

Of course, this is all a fundraiser for the American Cancer Society, and the Concord event has been an

especially big contributor in its 30-year history. As of late last week, the event had already raised more than \$300,000, with lots more expected in the days leading up to the walk.

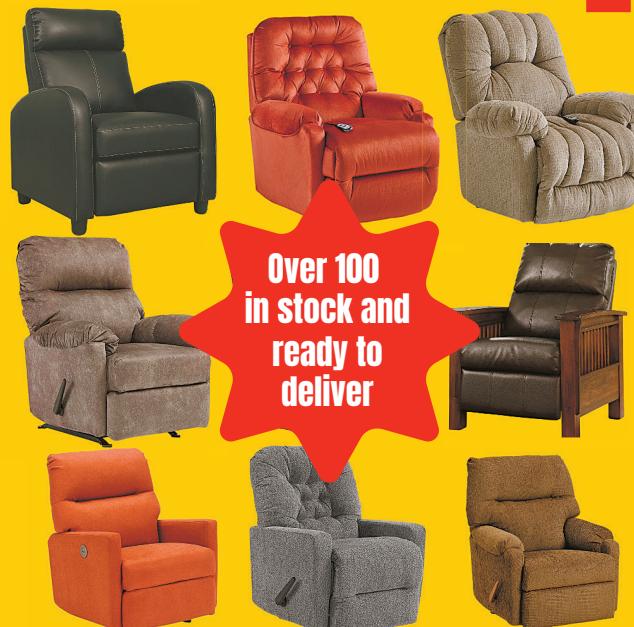
There's still time to register. For more about registration, parking, schedules or most anything else, visit makingstrideswalk.org/NH.

More details will come in next week's Insider.



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bulletin board

Furniture exhibition

Explore the results of a summer-long collaboration between members of the NH Furniture Masters and selected artists and faculty from Kimball Jenkins as part of the NH Furniture Masters' Annual Exhibition on display through October 25 in the Kimball Jenkins Mansion. 14 Furniture Masters have been paired with 28 artists to participate in a three-month artistic journey, visiting each other's studios and learning about one another's craft. This multi-media exhibition

will feature a wide selection of works, from fine furniture to paintings, photographs, and poems, all inspired by the partners' artistic relationship and time spent together. This collaboration provides a unique opportunity to deepen the network and relationship of artists across New Hampshire and develop new relationships across mediums.

Uniting for hope

New Hampshire's largest mental health awareness and suicide prevention event returns in-person

DINNER & COMEDY SHOW
Friday October 21st
Hosted by Rebecca Rule with comedy from Boston comedians Kelly MacFarland and Jay Whittaker
to benefit SPCA Humane Education Center
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TICKET COST: \$100
Private Table of 4: \$450 | Table of 8: \$750
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NAMIWalks NH returns to Concord on Oct. 8.

Historical fiction

Margaret Porter returns to Gibson's Bookstore to present her newest novel of historical fiction, *The Myrtle Wand* on Oct. 12 at 6:30 p.m. *The Myrtle Wand*, a retelling and a continuation of the classic ballet *Giselle*, restores original story elements to transform a tale of blighted romances and betrayals into a quest for redemption and restorative love.

Princess Bathilde de Sevreau, her school friend Myrte, and the peasant girl Giselle have heard the legend of the vilians, ghostly maidens who rise from their graves by night to roam the forest, seeking revenge on faithless lovers. Each will fear being ensnared by that spectral sisterhood . . .

Bathilde, destined for a marriage of convenience with Albin, Duc de Rozel, leaves her ancestral chateau for the Sun King's sophisticated and scandalous court. As participants in royal cer-

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BULLETIN BOARD FROM PAGE 4

emonies and entertainments, the princess and the soldier gradually recognize their deep feelings for each other, as well as mutual hopes for a happy and satisfying union. But the tragic consequences of Albin's brief masquerade as a commoner and the amorous Louis XIV's quest for a mistress divide the betrothed couple. Together and separately, they must overcome conflicting duties and unexpected dangers to determine their fate.

Porter is an award-winning and bestselling author of more than a dozen works of historical fiction. A former stage actress, she also worked professionally in film, television, and radio. Learn more at margaretporter.com.

If you cannot make this event, signed copies of *The Myrtle Wand* may be ordered from the Gibson's Bookstore website.

Early America

Alea Henle will give a virtual lecture called "Rescued from Oblivion: Historical

Cultures in the Early United States," on Oct. 12 at 7 p.m. In 1791, a group of elite Bostonian men established the first historical society in the nation; by 1850, dozens of states and localities hosted historical societies. Offering a vital account of the formation of historical culture and consciousness in the early United States, historian and librarian Alea Henle of Miami University explores the ideas behind historical societies in general and New Hampshire in specific, addressing their successes and failures in gathering and protecting historical materials and making them available for view. This lecture is free, but registration is required through Zoom.

Horror novel

Whatever you do, don't think about Daphne. Josh Malerman (*Bird Box*) visits Gibson's Bookstore on Oct. 13 at 6:30 p.m. to send shivers down your spine as he presents his new horror novel *Daphne*!

Horror has a new name: Daphne. Daphne may have

been killed decades ago, but that doesn't mean she's gone. A brutal, enigmatic woman stalks a high school basketball team in a reimagining of the slasher genre by the *New York Times* best-selling author of *Bird Box*.

Free and open to the public. Masks are strongly encouraged but no longer required for vaccinated attendees. If you cannot make this event, signed copies of *Daphne* may be ordered from the Gibson's Bookstore website.

Indigenous People: Past, Present, Future

Denise and Paul Pouliot of the Cowasuck Band of the Pennacook-Abenaki People will present a program on Oct. 13 from 7 to 9 p.m. at Kimball-Jenkins Carriage House exploring the history of Indigenous peoples in the Concord area as well as in New Hampshire. They will also talk about life today and in the future for Indigenous Peoples of New Hampshire. For more information visit concordhistoricalsociety.org.



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plan on it

Festive for fall

Get your fill of fall fun at local farms and orchards

With the equinox behind us and peak foliage season just around the corner, there's no better time to spend the day outdoors in the Capital Region.

Start off big and kick off the festivities in Warner for the annual Fall Foliage Festival on Oct. 8 and 9 in the Warner Town Square. Throughout the two days, you can enjoy fair rides, chicken and lobster barbeques, vendors, road races (a one miler for the kids on Sunday after a 5k on Saturday) and two parades — a grand parade on Sunday with leaf-themed floats competing for prizes and a children's parade on Saturday. Check out WFFF.org. for full details.

If apples and pumpkins are more your style, there are plenty of orchards and farms to stop by to get your fill of seasonal produce and activities (Make sure to visit Beech Hill Farm's corn maze in Hopkinton!)

Here's a list of where to go in the Capital Region.

Farm stands

Apple Hill Farm: 580 Mountain Road, Concord. 603-224-8862. applehill-farmnh.com. June to Thanksgiving. Apples, peaches, pears, plums, cider, small fruit, vegetables, cut flowers and farm stand with local products

Beaver Meadowbrook Farm: 402 Route 103 East, Warner. 603-4566052. Maple syrup

Beech Hill Farm: 107 Beech Hill Road, Hop-

kinton. 223-0828. beechhill-farm.com. Farm-raised beef and pork; maple syrup; pumpkins; plants; ice cream; country store; farm animals; nature trail; and corn maze.

Birch Rise Farm: 38 Oak Hill Road, Sanbornton. 603-259-6660. birchrise-farm.com. Grassfed beef, pasture Berkshire pork, pastureraised poultry (chicken and turkey.)

Bohanan Farm: 945 Penncook Road, Hopkinton. 603-717-5873. con-toocookcreamery.com. Farm fresh honey, maple syrup, milk, eggs and meats, as well as fresh breads and pre-made meals.

Brookford Farm: 250 West Road, Canterbury. 603-742-2084. brookford-farm.com. Cattle, hogs, chickens, organic vegetables, raw milk and cheese.

Carter Hill Orchard: 73 Carter Hill Road, Concord. 225-2625. Blueberries,

plums, apples, peaches, pumpkins, cider and more.

Dimond Hill Farm: 314 Hopkinton Road, Concord. 496-8218. dimondhill-farm.com. June through November. Trails, gardens, a labyrinth, ice cream, seasonal vegetables, herbs, meat and more.

Dollar Shy Farm: 2368 2nd N.H. Turnpike, Deering. 265-0834. Beef, pork, chicken, lamb, eggs, maple syrup, jellies, honey, ice cream, soaps, goat milk, cat and dog treats and toys, veggies in season.

Generation Farm: 44 Graham Road, Concord. 545-8669. generation-farmnh.com. Organic farm specializing in greens, microgreens and seasonal flowers.

Gould Hill Farm: 656 Gould Hill Road, Hopkinton. 746-3811. gouldhill-farm.com. June through December. Blueberries,

peaches, nectarines, apples, pumpkins, vegetables, honey and more.

Grounding Stone Farm: 289 Maple St., Hopkinton. 746-1064. groundingstone-farm.com. Organic blueberries.

Hackleboro Orchards: 61 Orchard Road, Canterbury. 783-4248. hacklebororo-chards.com. Fruits, vegetables, unpasturized cider, jams, cider doughnuts.

Half A Penny Farm: 50 White Oak Road, Barnstead. 603-3455277. halfapenny-

There are always many activities and performances in store at the Warner Fall Foliage Festival, held Oct. 8-9.
FILE



farm.com. Eggs, grilling spices, rubs and sauces. Open currently by appointment only.

Keenan Family Farm: 79 Upper Bay Road, Sanbornton. 603-7062221. Blueberries, raspberries and veggies.

KREBs Farm: 315 Upper Bay Road, Sanbornton. 556-9249. krebsfarm.com. Berries and vegetables.

Lewis Farm: 192 Silk Farm Road, Concord. 228-6230. lewisfarmconcord.com. CSA and farm stand.

Mapletree Farm: 105 Oak Hill Road, Concord. 224-0820. mapletreefarmnh.com. Maple syrup, maple cream, maple candy and more.

Miles Smith Farm: 56 Whitehouse Road, Loudon. 783-5159. millessmithfarm.com. SEE FALL PAGE 7

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FALL FROM PAGE 6

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Nature's Country Farm Stand: 232 Main St., Chichester. 961-0241. naturescountry-farm. wixsite.com/green. Local meat, eggs, milk, cheese, butter, produce, herbs and more.

Petals in the Pines: 126 Baptist Road, Canterbury. 783-0220. petalsinthepines.com. Flowers and planters.

Pumpkin Blossom Farm: 393 Pumpkin Hill Road, Warner. 603-456-2443. pumpkinblossom-farm. com. Fresh and dried lavender-infused sweet treats, bath & body and home décor.

Red Manse Farm: 5 Pittsfield Road, Loudon. 435-9943. redmansefarm. com. Organic vegetables and maple syrup.

Richardson Farm: 170

Water St., Boscawen. 796-2788. richardsonfarmnh@gmail.com. Homemade ice cream and baked goods.

River Run Farm: 2140 Second N.H. Turnpike, Deering. 860-8858175. Veggies, meat and milk.

Apple picking

Carter Hill Orchard: 73 Carter Hill Road, Concord. 603-225-2625. Open every day from 8 a.m. to 6 p.m. until Oct. 28.

French Pond Orchards: 334 French Pond Road, Henniker. 603-428-3000. Open 10 a.m. to 5 p.m. every day.

Pumpkin patches

Beech Hill Farm: 107 Beech Hill Road, Hopkinton. 603-2230828. Beechhill-farm.com.

Carter Hill Orchard: 73 Carter Hill Road, Concord. 603-225-2625. Carterhillapples. com.

Pumpkin Blossom Farm: 393 Pumpkin Hill Road, Warner. 603-456-2443. Pumpkinblossom-farm.com.

Corn maze in the Capital Region

Beech Hill Farm and Ice Cream Bar: 107 Beech Hill Road, Hopkinton. 603-233-

0828. Corn maze is open every day from noon to 7 p.m. \$7 per person, children under 3 receive free admission. See alpacas, donkeys,

chickens and more. Beech Hill Farm also offers local goods, flowers, and delicious ice cream and sundaes.



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entertainment

Live music

Oct. 6

■ Drum Circle with Randy Hunneyman at Area 23 from 7 to 9 p.m.

Oct. 7

■ Chris Powers at Makris Lobster & Steak House from 7 to 10 p.m.

■ Jim Tyrrell at Over the Moon Farmstead from 7 to 10 p.m.

■ Special Guests at Area 23 from 8 to 11 p.m.

■ Hometown Eulogy & Diamond Joe at Penuche's Ale House

Oct. 8

■ Karen Grenier at Contoocook Cider Company from 1 to 4 p.m.

■ Jam with Crazy Steve at Area 23 from 1 to 5 p.m.

■ Richard Gehrts at Over the Moon Farmstead from 3 to 6 p.m.

■ Eric Lindberg at Over the Moon Farmstead from 7 to 10 p.m.

■ Mikey G at Chen Yang Li from 7 to 10 p.m.

■ Blue Light Rain at Area 23 from 8 to 11 p.m.

■ Felix Holt & Nap Time at Penuche's Ale House



FILE

April Cushman will play at Contoocook Cider Company on Oct. 9.

Oct. 9

■ Live Guys at Makris Lobster & Steak House from 2 to 5 p.m.

■ April Cushman at Contoocook Cider Company from 1 to 4 p.m.

■ Of Conscious Mind at

Over the Moon Farmstead from 2 to 5 p.m.

■ Mikey G at Concord Craft Brewing from 2 to 4:30 p.m.

Oct. 10

■ Chad Verbeck at Con-

toocook Cider Company from 1 to 4 p.m.

Oct. 13

■ Gardner Berry at Area 23 from 7 to 10 p.m.

Oct. 14

■ Off Duty Angels (ODA) at Makris Lobster & Steak House from 7 to 10 p.m.

■ Henry LaLiberte at Over the Moon Farmstead from 7 to 10 p.m.

■ Rev Todd Seely at Area 23 from 8 to 11 p.m.

■ Lucas Gallo & Friends at Penuche's Ale House

Oct. 15

■ Colin Hart at Contoocook Cider Company from 1 to 4 p.m.

■ Rebecca Turmel at Over the Moon Farmstead from 2 to 5 p.m.

■ Acoustic Jam with John SEE ENTERTAINMENT PAGE 9

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ENTERTAINMENT FROM PAGE 8

Farese at Area 23 from 2 to 5 p.m.

■ Colin Hart at Over the Moon Farmstead from 7 to 10 p.m.

■ The Lone Wolf Project at Chen Yang Li from 7 to 10 p.m.

■ Downtown Dave & The Deep Pockets at Area 23 from 8 to 11 p.m.

■ ODB Project at Penuche's

Oct. 16

■ Jeff Lines at Makris Lobster & Steak House from 2 to 5 p.m.

■ Kimayo at Contoocook Cider Company from 1 to 4 p.m.

■ Colin Hart at Concord

Craft Brewing from 2 to 4 p.m.

■ Tom Boisse at Over the Moon Farmstead from 2 to 5 p.m.

Stage shows

Will Evans will perform at Bank of NH Stage on Oct. 7 at 7 p.m. with opening act Supernothings

Magic Rocks! Illusionist Leon Etienne will be at the Capital Center for the Arts on Oct. 7 at 7:30 p.m.

The Government Inspector by Nikolai Gogol; adapted by Jeffrey Hatcher, will open at Hatbox Theatre on Oct. 7 at 7:30 p.m.

An evening with Paula

Cole will be at the Bank of NH Stage on Oct. 8 at 8 p.m.

Almost Queen will perform at the Capital Center for the Arts on Oct. 8 at 8 p.m.

MasterChef Jr. Live will be at the Capital Center for the Arts on Oct. 13 at 7 p.m.

Storytelling — Behind the Songs with Steven Chagnon & Kate West will be at the Bank of NH Stage on Oct. 13 at 8 p.m.

The Community Players of Concord NH's Children's Theatre Project presents "The Wind In The Willows" at The Concord City Audi from 7 to 9 p.m. One Man Star Wars,

written and performed by Charles Ross, will be at the Capital Center for the Arts on Oct. 14 at 8 p.m.

Marcus Rezak's Shred is Dead ft. Vinnie Amico & Russ Lawton will be at the Bank of NH Stage on Oct. 14 at 8 p.m. with opening

act Andrew North and the Rangers

The Boy Band Project will be at the Bank of NH Stage on Oct. 15 at 9 p.m.

BAT: The Official Meat Loaf Celebration will be at the Capital Center for the Arts on Oct. 15 at 8 p.m.

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book of the week

The Narrowboat Summer

By Anne Youngson
(451 pages/large print, fiction, 2020)

Eve has been a career woman for 30 years and then her position is eliminated. Now unmoored, she takes her meager items from her desk and starts to walk down the towpath by the canal toward home.

Sally is married and the mother of two adult children. She's decided to leave her 25-year marriage to her indifferent husband, Duncan. She wants a complete change. Sally is also walking down the towpath.

Eve and Sally's paths cross with Anastasia, a fierce and independent owner of a narrowboat. Anastasia needs someone to take her narrowboat through the canals in England to Chester while she has major surgery. Almost without realizing it, Eve and Sally agree to do it. But neither one has any idea how to drive a narrowboat.

Anastasia isn't sure that this is a good idea, either, but she has little choice. Eve and Sally learn how to drive the boat, more or less, and maneuver through the many locks. They are helped by sometimes strange, but usually friendly, people along the way. Their lives slow down to a narrowboat's pace and they have an extraordinary summer. At the end of the journey, Eve and

Sally must decide what they want to do next with their lives.

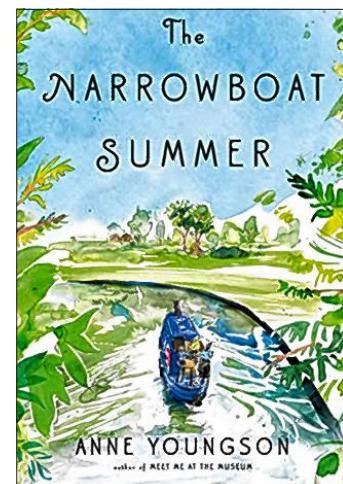
This funny, charming book is about being ready to take a new direction at any point in your life. I enjoyed getting to know Eve and Sally and reading about their experiences on the narrowboat. And I liked Anastasia's very direct phone manner; she is quite a character. It's also a tale of a

friendship between very different women, and how they support each other.

Anne Youngson is the author of the book *Meet Me at the Museum*, another wonderful book about friendship, a friendship which is formed through letters.

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this week in history

Oct. 7, 2003: Kathleen Gregg, wife of Sen. Judd Gregg, is kidnapped at knifepoint in her Virginia home, forced to withdraw money from a bank and released unharmed. Two men will be arrested the next day in northern New Jersey.

Oct. 7, 2001: Concord native Tom Mailhot begins the Ward Evans Atlantic Challenge, a 2,900-nautical mile rowing race from the Canary Islands off Africa to Barbados in the Caribbean. Mailhot is a member of the only American team in the race.

Oct. 7, 2000: Concord High quarterback Matt Skoby sets the school record for touchdown passes thrown in a game with five during a 38-10 win over Manchester Central.

Oct. 7, 1996: President Clinton brings his re-election campaign to Gill Stadium in Manchester, where he shares the stage with other Democratic candidates. Of Arnie Arnesen,



FILE

Penny Pitou became an international name in skiing.

who's running for Congress, Clinton quips, "She could double the energy in the House of Representatives by herself."

Oct. 8, 2001: Concord area cancer patients and their families win a prolonged and sometimes agonizing battle, when a state

board approves Concord Hospital's plan to bring radiation treatments closer to home. The decision clears the way for the hospital to install a \$7.8 million radiation device in its new cancer treatment center.

Oct. 8, 1938: Penny Pitou of Gilford is born. She will win two silver medals in skiing in the 1960 Olympics. She will also participate in the 1956 Olympics and be elected to the National Ski Hall of Fame.

Oct. 8, 1869: Franklin Pierce, 14th president of the United States, dies in Concord.

Oct. 8, 1838: The first passenger train rolls into New Hampshire from

Lowell, Mass., stopping at a temporary station in Nashua. Two weeks later, freight trains will begin running in New Hampshire.

Oct. 8, 1991: In his first trip to New Hampshire since announcing his presidential candidacy five days earlier, Arkansas Gov. Bill Clinton tells students at Franklin High: "My job is to create opportunity. Yours is to seize it."

Oct. 9, 2003: In his first visit to the state since the start of primary season, President Bush asserts his leadership in the war on terror and the economy, countering the Democratic presidential candidates'

SEE HISTORY PAGE 12



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HISTORY FROM PAGE 11

months-long chorus of criticism. "Our work in Iraq has been long and hard, and it is not finished," Bush says during a Greater Manchester Chamber of Commerce luncheon at the Center of New Hampshire Holiday Inn.

Oct. 9, 2001: Red River Theatres, a nonprofit organization set on bringing movies back to Concord's downtown, receives \$15,000 from the city council to conduct a feasibility study on whether a downtown movie theater would succeed. The group plans to buy the former Concord Theater building on South Main Street and restore it.

Oct. 9, 1992: In the first Gile concert of the season, Wynton Marsalis and the Lincoln Center Jazz Orchestra play to a full house at the Concord City Auditorium.

Oct. 10, 2000: By votes of 18-4, 17-5, 18-4 and 14-8, the state Senate acquits Supreme Court Chief Justice David Brock of the four impeachment charges against him. In remarks before the votes, most of the senators say that they found Brock's conduct troubling but not serious enough to remove him from office.

Oct. 10, 1774: Reacting to the Intolerable Acts and Britain's closing of Boston Harbor, a special town meeting in Portsmouth votes to send 200 pounds to Boston for poor relief. The amount is four times Portsmouth's annual province tax. Other New Hampshire towns, including Concord, will soon follow Portsmouth's example and send money to Boston.

Oct. 11, 1983: The Concord Library's collection of 500 stuffed birds and mammals is loaded into a U-Haul and trucked to the new Science Center of New Hampshire in Holderness for display. Just as well. The library used to lend the animals to Concord residents, whose household pets chewed their wings and took swipes at them.



FILE

The making of Red River Theatres got a lift with funding for a feasibility study.

feathers. Estimated cost to restore them: \$5,000-\$10,000.

Oct. 11, 1872: Harlan Fiske Stone is born in Chesterfield. He will become chief justice of the U.S. Supreme Court.

Oct. 11, 1854: In a closed-door meeting at Concord's Eagle Hotel, former New Hampshire congressman Edmund Burke leads a group of disenchanted

Democrats who vote to repudiate President Franklin Pierce.

Oct. 12, 2002: It used to be that Concord has an affordable housing shortage, the Monitor reports. Today, it simply has a housing shortage – one that's hitting every income sector, from minimum wage workers to wealthy executives.

Oct. 12, 2001: With an anthrax scare sweeping the

country, state officials release an anthrax fact sheet and guidelines for handling suspicious packages. "Mail room staff and persons opening letters should be alert to unusual letters and packages," said Dr. Jesse

Greenblatt, the state epidemiologist.

Oct. 12, 2000: The Greater Manchester Chamber of Commerce refuses to allow Independent Mary Brown to take part in a debate among candidates for governor. "It's demeaning," she says after being forced to leave the building where Democrat Jeanne Shaheen and Republican Gordon Humphrey both speak.

Oct. 12, 1853: Fourteen New Hampshire leaders, including Sen. John P. Hale and Amos Tuck, meet in Exeter to organize a new anti-slavery party. They call the party "Republican."

Oct. 12, 1990: New Hampshire Reps. Bob Smith and Chuck Douglas are among the minority voting to eliminate the National Endowment for the Arts. The vote is 64-361.

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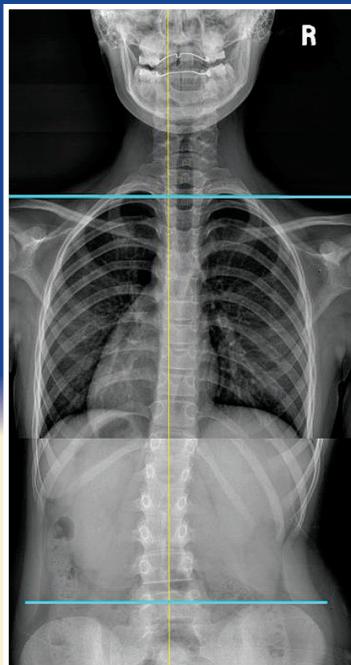
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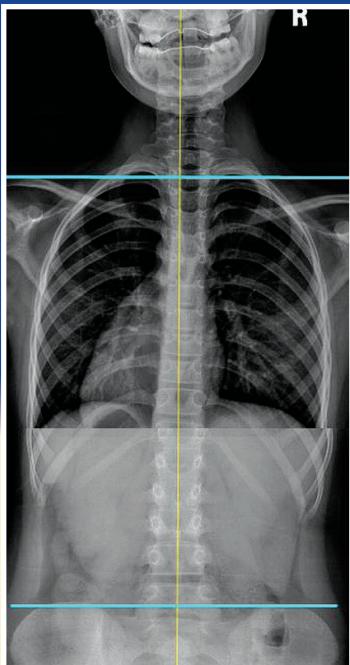
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