

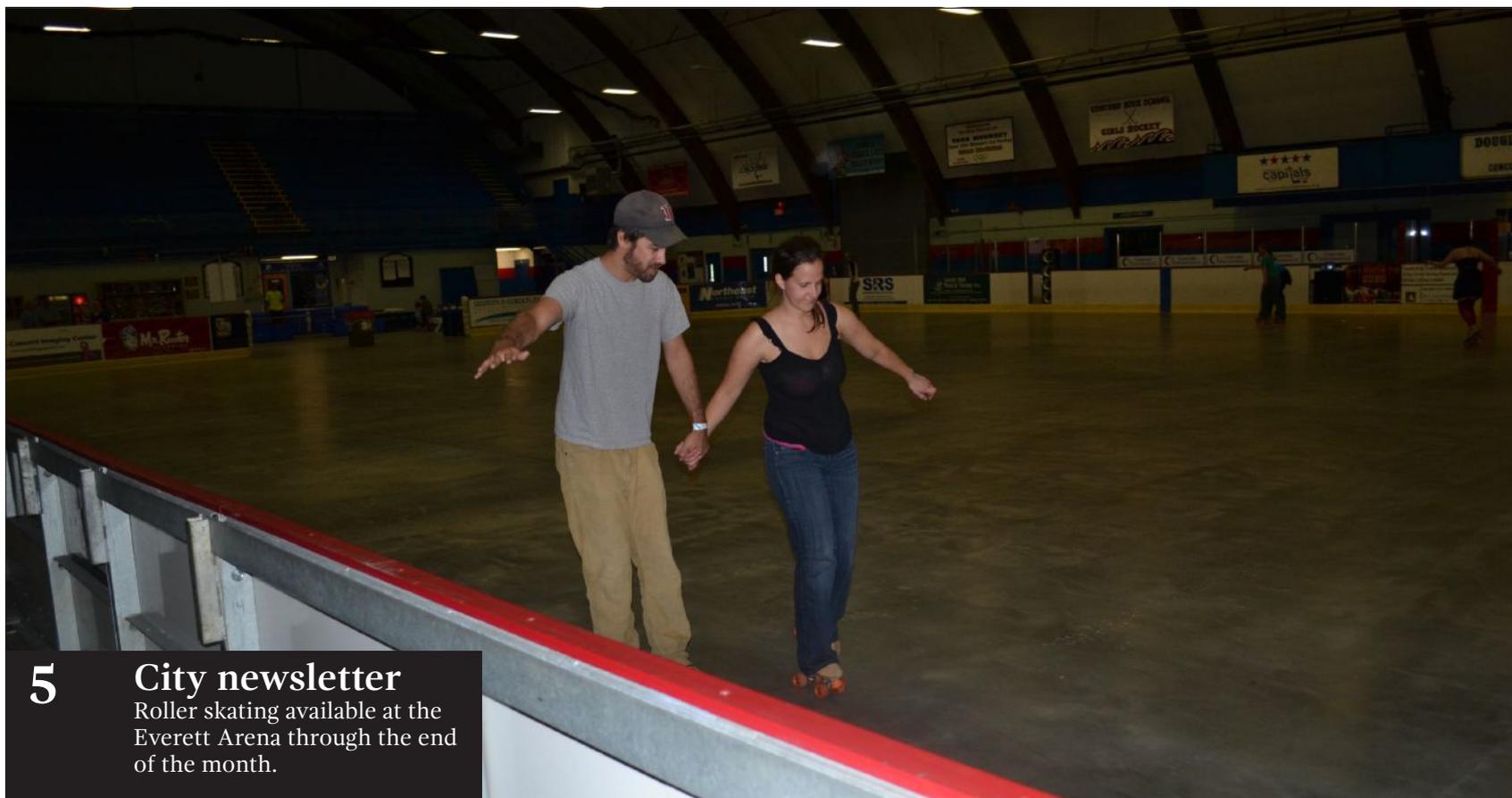


THE CONCORD  
**INSIDER**

July 14 to 20  
Free and rolling along

**A capital  
summer**

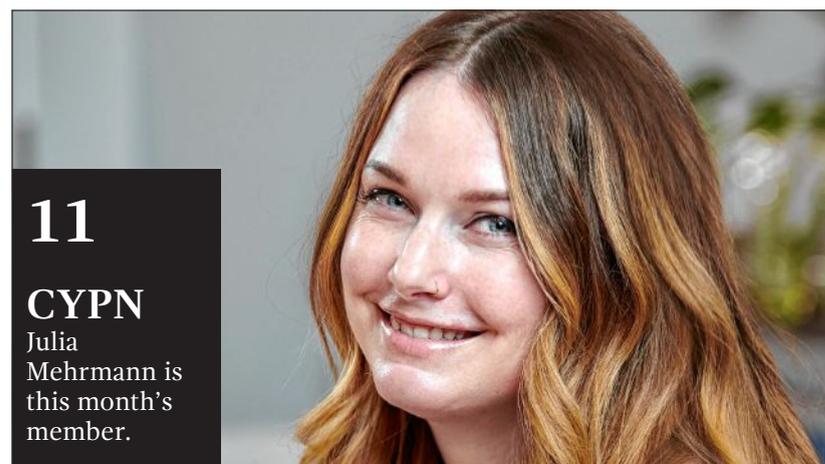
A look at what's up this week



**5** **City newsletter**  
 Roller skating available at the Everett Arena through the end of the month.



**4** **Music**  
 More entertainment on the calendar this week.



**11**  
**CYPN**  
 Julia Mehrmann is this month's member.

**CONCORD MONITOR EDITOR**  
 JON VAN FLEET (jvanfleet@cmonitor.com)  
**INSIDER NEWS TIPS**  
 (news@theconcordinsider.com)  
**ADVERTISING DIRECTOR**  
 Steve Pare  
 (spare@cmonitor.com, 369-3229)

*The Concord Insider* is published weekly by the Concord Monitor. Our offices are located at 1 Monitor Drive, Concord, NH. Our postal address is P.O. Box 1177, Concord, NH, 03302-1177.

**GEN'S DANCE STUDIO**  
**151 MANCHESTER ST. BLDG 5**  
**NOW TAKING REGISTRATIONS FOR FALL DANCE CLASSES.**  
 No registration fee. Lowest Prices Around!  
*Tap - Ballet - Jazz - Tumbling*  
 Call 603-224-0698 • missgens@comcast.net

**Custom Cabinetry and Furniture**



**Scott Carbonneau**  
 Loudon Millworks  
 Since 1988

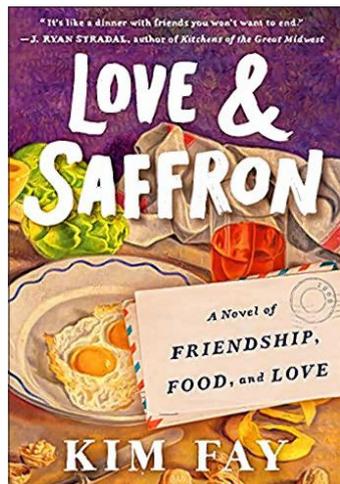
603-369-7794  
 carbonneaucabinetry.com

## book of the week

### Love & Saffron: A Novel of Friendship, Food, and Love

By Kim Fay  
(192 pages, fiction, 2022)

This is a novel told in letters, starting in the 1960s. Twenty-seven-year old Joan Bergstrom sends a fan letter and some saffron to 59-year old Imogen Fortier. Imogen writes a column about food in the Northwest for a regional magazine. Joan lives in Los Angeles and Imogen lives on Camano Island in Washington state. Saffron is indeed a mysterious ingre-



redient to Imogen. This is at a time when you couldn't get "exotic" items such as garlic in grocery stores. Imogen

writes back that she will have to try a new dish with saffron in it – and mussels!

The two send letters back and forth, sharing their recipes and more and more of their lives as they continue. Their letters of friendship have profound effects on each other. Because of Joan's letters, Imogen's marriage of many years sees wonderful changes. And Joan finds love with a person she never would have met if it hadn't been for Imogen. They comfort each other through the Cuban Missile Crisis and President Kennedy's assassination. They tell each

other their secrets. They were strangers when they started, but are now dear friends.

This story reminded me of the book *84, Charing Cross Road*. This is not just a book for foodies, but for anyone who enjoys reading about a friendship developing over time. *Love & Saffron* leaves you wanting

more recipes, and definitely wishing for more letters between the two close friends.

This is a charming book about the power of friendship and food to sustain us during difficult times in our lives.

Visit Concord Public Library online at [concordpubliclibrary.net](http://concordpubliclibrary.net).

**Robbin Bailey**

Find us on **twitter**  
twitter.com/ConMonitorNews

**OUR FARM STAND IS OPEN**

We have Cukes, Zucchini & Summer Squash, Peas, and more! Availability changes daily.

**Houseplant Greenhouse now open**

Curbside pickup available!

**Nicole's GREENHOUSE & FLORIST** 91 Sheep Davis Road, Pembroke  
**603-228-8294**  
[nicolestogo.com](http://nicolestogo.com)  
Hours: Mon-Sat 8am-5pm & Sun 9am-4pm

Find us on Follow us on Facebook for videos of availability!

"Peabody Place has set the standard of future senior care for our most valued senior citizens, and celebrates lives well lived."  
- Jo Brown, Mayor, City of Franklin

**Expansion now open!**

**Best value in the three-rivers region**

- No entrance fees
- More affordable option for seniors
- Known for excellence in care
- Brand new private apartments
- Numerous amenities
- Pet welcoming

**Peabody Place**  
INDEPENDENT LIVING · ASSISTED LIVING · MEMORY CARE

24 Peabody Place, Franklin, NH

"A place for all seniors, we welcome diversity."

Contact us to learn more or schedule a visit:  
**603.934.3718 Peabody.Place**

## Gut health is important!

75% of your immune system resides in your small intestine, and 80% of your serotonin is also produced in the gut. These are the facts and are very important reasons for good gut health. Many people suffer for years with issues that could be addressed with nutrition, hydration, and self care.

**FREE LECTURE**

**SATURDAY JULY 16 10am to Noon**

How do you maintain your friendly gut bacteria?  
How do you eliminate toxins from our bodies?  
What does a balanced nutrient dense meal look like?

Gift Certificate to all attendees

**You're Not Alone.  
I'm Here to Help**



**Concord Colonics  
& Wellness**

155 R Pleasant Street - Concord

**603-227-6985**

Located on the corner of Fruit and Pleasant Street, parking entrance is on Fruit Street.

<https://ConcordColonics.com/>



Ann Kennedy  
Nationally Board Certified Colon  
Hydrotherapist

## bulletin board

### Paperback party

Sarah McCraw Crow is a beloved customer at Gibson's Bookstore, and they are thrilled to host a paperback release party for her novel *The Wrong Kind of Woman* on July 19 at 6:30 p.m. The pandemic stole the hardcover release party, pushing it to virtual, and they are taking back the joy by hosting an in-store celebration for the paperback.

Told through alternating perspectives, *The Wrong Kind of Woman* is an engrossing story about finding the strength to forge new paths, beautifully woven against the rapid changes of the early '70s.

Masks are strongly encouraged but no longer required for vaccinated attendees. Gibson's reserves the right to institute masking and/or vaccination rules for this event as circumstances dictate.

If you cannot make this event, signed copies of *The Wrong Kind of Woman* may

be ordered from the Gibson's Bookstore website.

### Mysterious books

Gibson's Bookstore is pleased to welcome back to the store mystery authors Paula Munier (writer of the Mercy Carr mystery series) and Sarah Stewart Taylor (writer of the Maggie D'Arcy mystery series) on July 21 at 6:30 p.m.

Bestselling author Paula Munier's fourth Mercy Carr mystery, finds Mercy and her canine companion Elvis at a deadly Vermont wedding.

In *The Drowning Sea*, Sarah Stewart Taylor returns to the critically acclaimed world of Maggie D'arcy with another atmospheric mystery so vivid readers will smell the salt in the air and hear the wind on the cliffs.

Masks are strongly encouraged but no longer required for vaccinated attendees. Gibson's reserves the right to institute masking

and/or vaccination rules for this event as circumstances dictate.

If you cannot make this event, signed copies of these authors' books may be ordered from the Gibson's Bookstore website. Put your personalization requests in the order comments at checkout!

### Poetry open mic

The Poetry Society of New Hampshire is back with an event July 20 from 4:30 to 6 p.m. at Gibson's Bookstore. They will start the evening with a reading from poet Sam De-Flicht, followed by a poetry open mic. Bring your favorite poem to read, or something you've been working on, or come with appreciative ears to listen! Tell a friend, as we seek to regrow our poetry community in New Hampshire. It are welcome, newcomers are encouraged. This event is free and open to the public.

*Liliana Flower Farm*

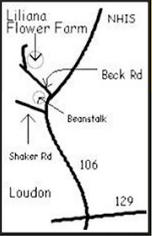
**Daylilies are budded and about to burst into bloom!**

**Nice assortment of Hardy Field Grown Perennials**



Beautiful Hanging Baskets  
Premium Annuals

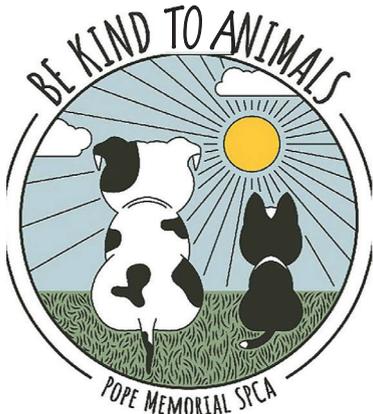
Come find us!



140 Beck Rd., Loudon  
(Located off Rt. 106)  
**603-568-1644**  
Hours: Wed. - Sun. 10-5  
[www.lilianaflowerfarm.com](http://www.lilianaflowerfarm.com)

NE-393533

BE KIND TO ANIMALS



POPE MEMORIAL SPCA

Help spread the word.  
Purchase merchandise by visiting our website  
**WWW.POPEMEMORIALSPCA.ORG**

NE-393869

**NEXT LEVEL**  
AUTOMOTIVE

HOME OF THE  
**\$15**  
STATE INSPECTION

**12 Integra Dr Unit 10, Concord NH**  
**603-227-6845**  
[www.nextlevelnh.com](http://www.nextlevelnh.com)

NE-384601

## Dr. Biss Foot Specialist Accepting New Patients



Concord Podiatry  
163 Manchester St, Concord NH  
**P: 603-224-1800**  
[concordpodiatry.com](http://concordpodiatry.com)

**Expert Toenail Care**  
**Bunions**  
**Diabetic Foot Care**  
**Hammer Toe**  
**Ingrown Toenails**  
**Arch Pain**

**Fungal Toenails**  
**Heel pain/Plantar Fasciitis**  
**Plantar Warts**  
**Arthritis**  
**Corns and Callous Care**  
**Gout**

*Plenty of Convenient Parking • All Insurance plans accepted*



**Dr. Biss**  
**Concord Podiatry**

NE-377913

# Moths eating city foliage

The city manager's office sent out the City Manager's Newsletter last Friday. The full newsletter can be found by going to [concordnh.gov](http://concordnh.gov) and clicking the "Newsletter" button. Here are some highlights:

## Meetings

City meetings are held in person in Council Chambers at 37 Green Street (unless otherwise specified on the City's calendar). Upcoming meetings include:

Planning Board: July 20, 7 p.m.

Visit [concordnh.legistar.com/Calendar.aspx](http://concordnh.legistar.com/Calendar.aspx) for agendas, which are posted prior to the meetings. View the City calendar for more meetings and events.

## Collections office closed

The City of Concord's Collections Office will be undergoing renovations mid-July through October.

Due to the renovations, the office will be closed July 21-22 while it is temporarily relocated. It will reopen on July 25 in the Green Street Community Center, 37 Green Street, behind City Hall. This temporary location is handicap accessible.

Business hours will remain the same, with the office open 8 a.m. to 4:30 p.m. Monday through Friday, and until 6 p.m. on Thursdays.

The Collections Office handles the following transactions: motor vehicle registrations, property tax payments, water/sewer payments, and city billings payments. A reminder that many transactions can be completed online or dropped through the mail slot at the front door of City Hall. For more information visit <https://www.concordnh.gov/1111/Online-Bill-Pay>.

Anyone with questions can contact the Collections Office at (603) 225-8540 or

email them at [collection@concordnh.gov](mailto:collection@concordnh.gov). More information is also available at [concordnh.gov/453/Treasury-Collections](http://concordnh.gov/453/Treasury-Collections).

## Spongy Moth

The city has been receiving many calls of late re-

SEE CITY NEWS PAGE 6



**J. MESSINA**  
**STUMP GRINDING**  
 DEERFIELD, NH

**603-339-7892** [jmessinastumpgrindingnh.com](http://jmessinastumpgrindingnh.com)

**STUMP GRINDING & CRANE SERVICE**  
*Text Pics of Your Stumps for a free quote*  
**FREE ESTIMATES • FULLY INSURED**



## SWAM's Celebration of Heroes

Presented by Service Credit Union



**Delta Dental Stadium - Manchester, NH**  
**Saturday, July 16, 2022 • 4:00 PM - 9:30 PM**

- Live Music • Fireworks • Live Military and K9 Demonstrations and more.

*Fun for the whole family all to support our Veterans!*

To purchase tickets go to [www.swam.org/events-2/](http://www.swam.org/events-2/)



**WKXL 103.9/101.9 FM - 1450 AM**  
**NHTalkRadio.com**  
 Advertising Opportunities Available (603) 224-1039

**New!** Tune in on  
**101.9 FM Manchester**  
 and  
**103.9 FM & 1450 AM**  
**Concord**

*Thoughtful Radio*

**Live Online 24/7 or On Demand**  
**at NHTalkRadio.com**



## MOVING? We'll help you plan your next steps



Expert packing & crating



Door-to-door service



Full insurance coverage



Free estimates

# Daniels

## MOVING SPECIALISTS

*When Your Move Counts, Count on Us!*

movedaniels.com | 603.448.1631  
info@movedaniels.com

## Need a LIFT?

### Lift Chairs in Stock & Ready For Delivery



**PLUS many other items available immediately!**

Since 1925  
**Endicott Furniture Co.**

12 South Main St. Concord, NH  
Mon-Fri 9-6, Sat 9-5:30, Closed Sun  
www.endicottfurniture.com

**224-1421 • 800-224-1421**



garding the Spongy Moth (formerly known as the Gypsy Moth) infestation and resulting defoliation. Some long-term residents will remember that the City experienced even worse defoliations around 1980 and 1990. At that time, the State of New Hampshire released a fungus that specifically targeted the Spongy Moth caterpillars which limited the moth outbreaks up until now. Although some trees that are already stressed due to pre-existing conditions may die as a result of the defoliation, the good news is that vast majority of trees will fully recover from a single defoliation event, though tree mortality tends to increase after two or three years of subsequent defoliations. The somewhat dry springtime weather conditions over the last few years prevented the development of the fungus which allowed Spongy Moth populations to increase. However, better news recently came to light when the fungus was found to have caused a massive die-off of the caterpillar population at Swope Park which

limited the severe defoliation to just a few acres within the Park. It is hoped that the fungus will now spread to the rest of the forests throughout the City and stop the Spongy Moth outbreak.

### New fire trailer

The Concord Fire Department was awarded a grant related to "critical infrastructure/water related catastrophe equipment" and has received this new 2022 enclosed equipment trailer. This was made possible through a Homeland Security Grant and will enhance the Department's swift-water/flood/water rescue capabilities. The trailer will store water rescue equipment in a "road ready" state and ensure it is immediately available when needed.

Thank you to Battalion Chief Derek Kelleher for his work in authoring and managing this grant!

### Data breach

The City of Concord was recently notified by our ambulance billing company, COMSTAR, that a data security event occurred on COM-

STAR's computer network for City of Concord ambulance services rendered from October 1, 2011 through July 31, 2018. The security event did not impact any of the City of Concord's computer systems. This Comstar event may have compromised personally identifiable information for anyone whose information was held by COMSTAR. If you have been affected, you have or will receive a letter from COMSTAR via their law firm with a Portland, Oregon return address. This letter is not a scam. Please follow the guidance provided within the letter and if you have any questions, please call the number listed in that letter.

### Drought

Drought conditions are developing across the nation. As of July 5, 57% of New Hampshire is experiencing moderate drought conditions with 42% of northwestern areas of the state being abnormally dry. Precipitation for Concord is about average for this time of year, but heavier precipita-

## The Apartments at CRANMORE RIDGE

Discover sleek, stylish, and modern apartment living at Cranmore Ridge!

These 1-2 bedroom/1-2 bath units have contemporary cabinetry, upgraded flooring, stainless steel appliances, and smart features including USB outlets, motion-sensor lighting, Nest thermostats, keyless entry and multiple onsite amenities.

- Animal friendly
- Swimming pool
- Fitness center
- Basketball court
- Tennis court
- Community room
- On-site laundry
- Resident parking



Contact us to schedule your in-person or virtual tour **TODAY!**

**603.836.8460 | CRANMORERIDGE.COM**  
**169 PORTSMOUTH STREET, CONCORD, NH**



tion will be necessary to increase soil moisture and stream flows to help alleviate conditions. It's typical for water consumption to increase this time of year due to outdoor water use and irrigation. Water production at the City's Water Treatment Facility is currently maintaining its higher summer average of 5.3 MGD and levels at Penacook Lake are consistent. Currently, Concord's water supply remains healthy. Drought conditions will continue to be monitored and updates will be provided. Updates and water conservation tips can be found at [concordnh.gov/conservation](http://concordnh.gov/conservation).

### Everett Arena Roller Skating

Roller skating is available for a limited time at the Douglas N. Everett Arena through Sunday, July 31.

Hours are Wednesday, Thursday, Friday, and Sunday nights from 6 to 9 p.m. Admission is \$5. Skate rentals are available if needed for an additional \$5 at the Everett Arena Pro Shop.

Attend Halloween Fright Night on Wednesday, July 13 from 6 to 9 p.m. for some spooky skating fun hosted by Granite State Roller Derby. There will be giveaways at the door, trick-or-treating with GSRD, make your own button table, a costume contest at 7 p.m., and a limbo contest at 8 p.m.

Book a private roller skating event for a birthday party, field trip, or rainout event. Private events only cost \$150 an hour. Call (603) 228-2784 or email [everettarena@concordnh.gov](mailto:everettarena@concordnh.gov) if interested. Find more information at [www.concordnh.gov/rollerskating](http://www.concordnh.gov/rollerskating).

## NEWELL CRATHERN

SERVING NH FOR OVER 20 YEARS

- Windows
- Gutters
- Siding
- Insulation
- Spray Foam
- Energy Audits

**(603) 228-2102**

[info@newellandcrathern.com](mailto:info@newellandcrathern.com)

Over 300 Vehicles In Stock

**TIM'S**  
**TRUCK CAPITAL**  
& **AUTO SALES INC**

Visit us online

[TimsTruckCapital.com](http://TimsTruckCapital.com)

603-736-8143

904 Suncook Valley Hwy, Epsom, NH



## Capitol Center for the Arts

BANK OF NEW HAMPSHIRE STAGE  
CHUBB THEATRE

BANK OF NEW HAMPSHIRE STAGE  
16 S. MAIN ST  
CONCORD

CHUBB THEATRE  
44 S. MAIN ST  
CONCORD

### An Evening With Peter Mulvey and Mark Erelli

Bank of New Hampshire Stage



Saturday, July 30 - 8pm



Saturday, July 23 - 8pm

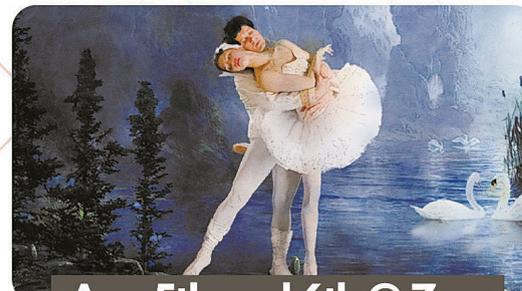
### The Rebel Collective

Bank of New Hampshire Stage

Northeastern Ballet Theatre

### Swan Lake

Chubb Theatre



Aug 5th and 6th @ 7pm



SUBSCRIBE AND NEVER MISS NEW SHOW ANNOUNCEMENTS

[CCANH.COM](http://CCANH.COM)

603.225.1111

## entertainment

### Live Music

#### July 14

■ Ariel Strasser at the Contoocook Chamber of Commerce from 6 to 8 p.m.

■ Craig Jaster at Hermanos at 6:30 p.m.

■ Marc Berger and Ride at Eagle Square at 7 p.m.

#### July 15

■ Dwayne Haggins at Contoocook Cider Company from 4:30 to 7:30 p.m.

■ Ryan Williamson at Shara Vineyards from 6 to 8 p.m.

■ April Cushman at Over the Moon Farmstead from 7 to 10 p.m.

#### July 16

■ Paul Gormley at the Contoocook Farmers Market from 9 a.m. to noon

■ Ali T at Over the Moon Farmstead from 2 to 5 p.m.

■ Kimayo at Contoocook Cider Company from 4:30 to 7 p.m.

■ Josh Foster at Chen Yang Li from 7 to 10 p.m.

■ Mikey G at Over the Moon Farmstead from 7 to 10 p.m.

■ Lucas Gallo at Hermanos at 6:30 p.m.

#### July 17

■ Old Tom at Cafe One East from 1 to 2:30 p.m.

■ Gurshin & Luff at Over the Moon Farmstead from 2 to 4 p.m.

■ Tim Kierstead at Concord Craft Brewing from 2 to 4:30 p.m.

#### July 19

■ Kid Pinky at Hermanos at 6:30 p.m.

#### July 20

■ Kid Pinky at Hermanos at 6:30 p.m.

■ Andrew Geano at the Concord Courtyard Marriott from 5 to 7 p.m.

### Stage shows

■ RB Production will stage "Winnie the Pooh Kids" on July 16 at noon at the Capitol Center for the Arts.

■ RB Productions presents "Beauty and the Beast Jr." on July 15 and 16 at 7 p.m. at the Capitol Center for the Arts.

■ Impact Theatre presents "Neverland" on July 19 at 10 a.m. at the Bank of N.H. Stage.

■ Into the Woods will be staged at the Hatbox Theatre from July 8 to 17 on Fridays at 7:30 p.m., Saturdays at 2 and 7:30 p.m. and Sundays at 2 p.m. As the result of the curse of a wicked old witch, a baker and his wife are childless. They venture into the forest to find the ingredients that will reverse the spell. Tickets and more information at hatboxnh.com.

### Red River Theatres

■ Elvis (PG-13)  
■ Mr. Macolm's List (PG)  
■ Mrs. Harris Goes to Paris (PG)

■ Where the Crawdads Sing (TBC)

For showtimes or more information, visit redrivertheatres.org.

You never know what you'll find at

## BIG JIM'S HOME CENTER BARGAIN OUTLET



Kitchens-Bathrooms-Flooring-Windows-Doors-More

287 South Main St. Concord

603-227-9571

bigjimsh.com

# So Many



## Recliners

Come on in and get comfortable

FREE LAYAWAY & 0% FINANCING



CHENEY'S APPLE HOUSE  
FURNITURE

603-753-6200 | 191 Village Street, Penacook

OPEN 7 DAYS A WEEK

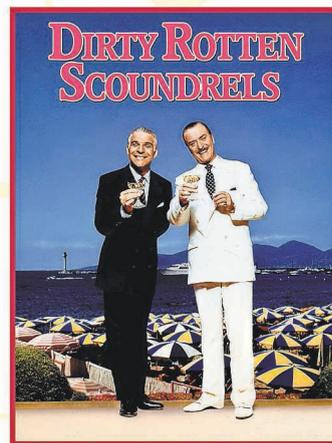
Monday - Friday: 9:30AM to 6:00PM

Saturday: 9:30AM to 5:00PM | Sunday 11:00AM to 3:00PM

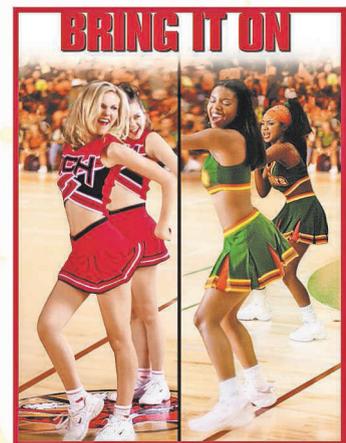
Our CLEARANCE SHOWROOM is Next Door

NHFurnitureStore.com

## SUMMER OUTDOOR MOVIE SERIES!



Thursday, July 14th



Friday, August 5th

Where: Memorial Field, Concord

When: Movies start at dusk

Cost: FREE!

www.RedRiverTheatres.org



**Steve's Building Repair**  
 Small Home Remodeling & Building  
 Pembroke, New Hampshire  
 SEdgecomb01@gmail.com | 603.748.4902

MAKE YOUR HOME  
**WORK FOR YOU!**



**HOME EQUITY**  
 LINE OF CREDIT NOW AVAILABLE!

Contact our Lending Department today at (603) 224-7731, ext. 500, for more details.

*We exist to make a POSITIVE DIFFERENCE in the lives of those we serve through FINANCIAL EDUCATION and SERVICES.*



**New Hampshire**  
 FEDERAL CREDIT UNION

(603) 224-7731 • (800) 639-4039  
 70 Airport Road, Concord • 47 N. Main Street, Concord • 71 Calef Highway, Lee  
[www.nhfcu.org](http://www.nhfcu.org)

NCUA  
 Federally insured by NCUA

All loans are subject to credit requirements. NHFCU may lend to members only.



NE-383516

**Better Hearing Center,**  
 we listen, we care.

Let us help you  
 get back to the  
 world of hearing.  
 Call us now.



**Melissa M. Burt**  
 M.S., CCC-A



**BETTER HEARING CENTER, LLC.**



Listening to New Hampshire and to You  
 2 Industrial Park Drive, Concord • 603.224.9043  
[www.betterhearingnh.com](http://www.betterhearingnh.com)

NE-377868

**ALL THINGS BASEMENTY!**



**ERICKSON FOUNDATION SOLUTIONS**

LEAKS • CRACKS • CRAWL SPACES

**EXPERTS IN:**

- > BASEMENT Waterproofing
- > FOUNDATION Repair
- > CRAWL SPACE Repair
- > HUMIDITY & MOLD Control

Contact us for a **FREE ESTIMATE**  
 (603) 718-3776 / [fixmyhomenh.com](http://fixmyhomenh.com)

**CARTER HILL ORCHARD**

**WE'RE BACK!**

**Stop By Soon**  
 8AM to 6PM Every Day

- Veggies • Donuts
- Bakery • Maple Syrup
- Honey • Gift Items



**OPEN FOR THE 2022 SEASON**

**73 Carter Hill Road - Concord**

 [www.CarterHillApples.com](http://www.CarterHillApples.com)   
 603-225-2625

# What's Happening Up North?

## Squam Lake

Squam Lake has formerly been known by many names. It was first called Keeseenunknipee (meaning "the goose lake on the highlands"), which was then shortened to Casumpa, Kusumpy, and/or Kesumpe around 1779. In the 1800s, it was renamed to Asquam (meaning "water"), which was then shortened to Squam. It still looks much like it did to its 1700 residents. Squam Lake, the 1981 film site for *On Golden Pond*, is known as one of the most peaceful and pristine in the country and offers visitors plenty of opportunity to enjoy its natural beauty. Big and Little Squam Lakes are naturally spring-fed and connected by a channel in Holderness. Big Squam is 6,791 acres, 6 miles long, 4 miles wide and 98 feet deep with 61 miles of shoreline. It is the second-largest lake located entirely in New Hampshire. Little Squam is 408 acres, 2 miles long, 1/2 mile wide and 84 feet deep. The lakes are host to 67 islands.



Find some great ideas at:  
<https://www.LakesRegion.org/Squam-Lake>

## Win A Reason To Go North

Register to WIN:  
**Outdoor New England River Tubing Trip for 4  
 and a \$100 Common Man Gift Certificate.**

[ConcordMonitor.com/Contests](http://ConcordMonitor.com/Contests)

Enter July 14 12:00AM through July 27, 11:59PM. Drawing Thursday July 28.  
 Winner notified by Email. See website for details.

**GET NEARER TO NATURE**  
 SQUAM LAKES NATURAL SCIENCE CENTER  
 Experience New Hampshire's wildlife in a natural outdoor setting.  
[NHNATURE.ORG](http://NHNATURE.ORG) | HOLDERNESS, NH

DISCOVER ONE OF THE WORLD'S  
**GREAT RAIL ADVENTURES**  
 THE MOUNTAIN CO. RAILWAY  
 WASHINGTON  
[thecog.com](http://thecog.com)

**RIVER TUBING TRIPS  
 THAT END AT A BREWERY...**  
 WHERE DO I SIGN UP?  
**ONE**  
 Outdoor New England  
 Franklin, NH  
[FunAtONE.com](http://FunAtONE.com)  
 603-671-7028

Visit The Loon Center  
**MARKUS WILDLIFE SANCTUARY  
 LOON'S FEATHER GIFT SHOP**  
**FREE ADMISSION**  
**EVERY DAY 9-5 • Until OCT 10**  
 PRESENT THIS AD FOR 10% OFF IN GIFT SHOP  
 603-476-LOON • [WWW.LOON.ORG](http://WWW.LOON.ORG)  
 183 LEE'S MILL ROAD • MOULTONBOROUGH

**Pontoon Boat Rentals**  
 Looking for a day on the lake, but need a boat!? We've got you covered!  
**FAST COAST Flightcraft**  
 of New England  
 Book Your Fun Today at [FlightcraftGeneral.com](http://FlightcraftGeneral.com)

**The Largest Arcade In The World!**  
**FUNSPOT**  
**OPEN ALL YEAR**  
 • 600 Games for All Ages!  
 • Bowling  
 • Mini-Golf  
 • Bingo  
 • Ice Cream Stand  
 • Tavern • Restaurant  
 Rt 3, Weirs Beach, NH • [www.FunspotNH.com](http://www.FunspotNH.com) • 603-366-4377

**Annalee**  
**OPEN DAILY 10AM - 5PM**  
 339 DW HWY, MEREDITH  
[ANNALEE.COM](http://ANNALEE.COM) 800-433-6557

**SURF A NEVER ENDING WAVE?  
 YES, PLEASE!!!**  
**ONE**  
 Outdoor New England  
 Franklin, NH  
[FunAtONE.com](http://FunAtONE.com)  
 603-671-7028



MOVIE HOUSE & PERFORMANCE CENTER

39 Main • Plymouth, NH • 603-536-2551

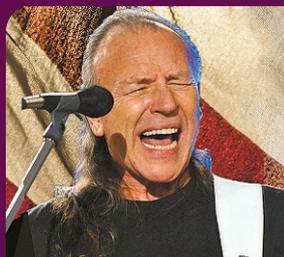
EXPERIENCE DINNER AND A SHOW

Beer, wine and craft cocktails available all evening.



**JON ANDERSON**

Frontman of Yes  
+ Rock Academy  
Thurs. • July 7



**MARK FARNIER'S**

AMERICAN BAND  
Sat. • July 9



**TRAE CROWDER**

Comedian  
The Liberal Redneck  
Sat. • July 16



**MUSIC IN THE MOVIES**

Live Musical Performances  
of Your Favorite  
Movie Scenes

Wed. • July 20



**THE LINDA RONSTADT EXPERIENCE**

w/ Idol's Tristan McIntosh  
Fri. • July 22

BUY TICKETS

Call Box Office @     

603-536-2551

FlyingMonkeyNH.com



View full schedule on our website or scan QR code ▲

cypn

# Professional comes home

Concord Young Professionals Network (CYPN) introduces you to the “Young Professional of the Month,” Julia Mehrmann. Each month, the CYPN Steering Committee recommends a young professional in the community it thinks readers would enjoy getting to know better.

## Julia Mehrmann

How old are you? 39.

Where do you live? Concord.

Where do you currently work? I own Glow Nails & Beauty in downtown Concord.

What’s your favorite part of your work day? Any time I get to do nail art it really gets me in a good mood. Even the most challenging designs are such an artistic outlet for me. I refer to myself as a “daymaker.” Making someone’s day is the biggest reason I went into this line of work.

Tell us a little bit about yourself. I grew up in Concord and moved back during the pandemic to start my business — a modern nail salon with a focus on elevating the standard for nail care via natural nail health and custom, hand-painted nail art. I’m currently looking for estheticians and nail techs to join my team!

Why do you choose to live in the Greater Concord area? Having grown up in Concord, moving back here truly felt like



Courtesy of Siri Blanchette

Julia Mehrmann is the July Concord Young Professional of the Month.

coming home. My kids ride their bikes on the same streets I did growing up. Concord is a wonderful place to raise kids and I’m so happy to be back.

Who is your greatest role model? Definitely my mother. She changed careers before I came into the picture. When she was passed over for a library director position at the Con-

cord Public Library, she decided to shift gears entirely and go to law school. She became a partner at her firm and was a long-time member of the NH Professional Conduct Committee. She was the best possible role model for working hard and being a great mother, which are my two

SEE CYPN PAGE 12

**Lowest Laundromat Prices in Concord!**  
Fisherville Laundromat, 107 Fisherville Rd-Concord

**\$2 For A Wash**      **25¢ Dry 8 Minutes**

Looking For Affordable Wash, Dry & Fold?  
South End Village Laundromat  
71 Downing St., Concord

**The Trainer's Loft**

**Consignment Equestrian Gear and Supplies**

Supporting the local horse community.

307 Main Street Tilton NH 603.729.0018  
[TheTrainersLoft.com](http://TheTrainersLoft.com)



**CYPN FROM PAGE 11**

greatest goals in life.

**What's something that's changed about Concord that you miss?** Ballard's Ice Cream! I used to ride my bike there every night during the summer when I was young. I would love to see another ice cream shop open up in the South End.

**What do you like to do for fun?** Spending time with my kids, riding my bike, gardening, watching nature programming, and antiquing.

**Favorite places to be?** Aside from working, I love being at home in my garden. I can also be found at Margaritas at least once a week. My father was a man about town in Concord and his first law office was just across the way in Bicentennial Square. He was a regular at "Tio's" (now Mar-

garita's) my whole life, so it feels nice to visit one of his spots.

**Favorite movie of all time?** Moonstruck.

**Who would you really like to meet?** Nicolas Cage. Those who know me best will tell you I have an unhealthy obsession with him, but to me he's perfect.

*Join CYPN on Wednesday, July 20, from 5:30-7:30 p.m. for a networking event at one of Concord's newest cafés! Come check out Teatotaller — Concord's queer, hipster oasis for tea, coffee and pastry, located right on the corner of Capital Plaza and Main Street. Sign up at [concordnhchamber.com/CYPN](http://concordnhchamber.com/CYPN) to join the fun and meet new friends. Email [events@concordnhchamber.com](mailto:events@concordnhchamber.com) to sign up for CYPN email updates.*



175 Manchester Street, Concord, NH 03301  
**603-224-1300** [www.concordnissan.com](http://www.concordnissan.com)

NE-386226

We Inspire Great Design



Special Offer  
**BUY 2 GET 1 FREE**

Call today to schedule your free Consultation

**(603) 783-5371**

[BudgetBlinds.com/ConcordNH](http://BudgetBlinds.com/ConcordNH)



# WIN 4 TICKETS

TO



SUNDAY - AUGUST 28

SNHU ARENA - MANCHESTER, NH

## HOW TO ENTER:

Visit [www.concordmonitor.com/contests](http://www.concordmonitor.com/contests)

Tell us who your favorite WWE Superstar is

Winners will be chosen at random on August 16



# IRWIN AUTOMOTIVE GROUP



Bisson & Union Ave Laconia, NH  
603-524-4922 | irwinzone.com

# 4TH OF JULY Buy Back Event Going on Now!

## NOW AVAILABLE!

ALL NEW 2022  
COROLLA  
CROSS



NEW TOYOTA  
RAV4  
40  
AVAILABLE



NEW TOYOTA  
SIENNA  
8  
AVAILABLE



NEW TOYOTA  
HIGHLANDER



23  
AVAILABLE



NEW TOYOTA  
TACOMA



58  
AVAILABLE



NEW TOYOTA  
TUNDRA



8  
AVAILABLE



NEW FORD  
EXPLORER  
13  
AVAILABLE



NEW FORD  
BRONCO  
7  
AVAILABLE



FORD RANGER  
7  
AVAILABLE



FORD F150  
21  
AVAILABLE



FORD SUPER DUTY  
5  
AVAILABLE



NEW 2022 HYUNDAI  
SANTA CRUZ

NOW AVAILABLE!



NEW HYUNDAI  
KONA



9  
AVAILABLE

NEW HYUNDAI  
TUCSON



12  
AVAILABLE



LINCOLN  
NEW LINCOLN  
AVIATOR



AVAILABLE



LINCOLN  
NEW LINCOLN  
CORSAIR



IN STOCK & AVAILABLE



LINCOLN  
NEW LINCOLN  
NAUTILUS



IN STOCK & AVAILABLE

**3M** Science.  
Applied to Life.™

**3M Tilton is seeking  
Production Operators  
& a Maintenance  
Mechanic III!**

**Production Operator**

candidates must possess a High School Diploma/GED or higher and have a minimum of 6 months manufacturing experience.

**Maintenance Mechanic**

candidates must possess a High School Diploma/GED or higher and a minimum of three years manufacturing experience.

To apply, visit: [3m.com/apply](http://3m.com/apply) for both positions Production Operator and Maintenance Mechanic

3M is an equal opportunity employer (disability/veteran status.)

© 3M 2017. All rights reserved. 3M is a trademark of 3M. 3M is an equal opportunity employer. 3M will not discriminate against any applicant for employment on the basis of age, race, color, religion, sex, sexual orientation, gender identity, national origin, disability or veteran status.

NE-393466



# PROFESSIONAL SERVICES

## Carpentry

**RALPH A. POTTER** Building, Remodeling, Decks, Small jobs. Roofing & Metal Roofing 603-228-2366

## Dump Runs

### LOOSENZ

**Junk, Appliances, Furniture, Cleanouts, Small Moves, Lawn Mowing Houses, Garages, Basements & Attics From Truck Loads to Dumpsters**

Serving Central New Hampshire 7 Days a Week 603-753-8555 603-568-7291

## Home Improvement

**Mobile Home Repairs**, skirting, doors, windows, roofing, exterior, interior painting. 40 yrs exp. fully insured. Dan 603-707-2864 **Dan's Mobile Home Service**

## Home Improvement

**STEVE'S HOME REPAIRS** All phases of building, Remodeling, Installation of Cabinets Trim Carpentry Deck & Siding Repairs Window Replacements Gazebo Kit Sales & Installation call (603) 748-4902 or email: [sedgecomb01@gmail.com](mailto:sedgecomb01@gmail.com)

## Pressure Washing

**Roof Cleaning & Power Washing Free Estimates, References 20 years experience 603-715-6195 [sprayforcepw.com](http://sprayforcepw.com)**

## Tree Services

**LEE'S TREE SERVICE** 40 Years Exp. Fully Insured 648-2975

## REAL ESTATE FOR RENT

### Apartments Unfurnished



99 Clinton Street, Concord **Open House Daily**

- \* Two bedroom garden-style and townhouse apartments in a beautiful country setting
- \* Indoor heated pool, sauna, jacuzzi, fitness facility and tennis courts
- \* Covered parking and storage available
- \* Garden-style units include heat

Call (603) 224-2268 for hours and info.



A Division of Mesiti Real Estate, Inc.

[www.MesitiRealEstate.com](http://www.MesitiRealEstate.com)

## AUTOMOTIVE & BOATS

### Autos Wanted

**Absolutely All Cars & Trucks Wanted.** Will pay up to \$600. Call Murray's Auto Recycling 425-2562

**Like Grandma's Apple Pie it's oh so good!**



**Check Out the Food Page in Wednesday's Monitor**

# CONCORD MONITOR

## PART TIME DOCK PERSON

The Concord Monitor has a Part Time open position in Penacook, the ideal candidate will work independently and as part of a team, be organized, energetic and detailed-oriented.

The position is largely responsible for the sorting of publications and distribution of newspapers off of trucks to our independent carrier force. Knowledge of MS Excel and Word is preferred. Must have the ability to bend and lift up to 40lbs.

Interested applicants should e-mail their resume (with salary requirements) to: [cdubueque@cmonitor.com](mailto:cdubueque@cmonitor.com)

NE-394394

## When You're Ready to Quit.

We're Ready to Help.

You don't have to quit smoking on your own. Call the American Cancer Society anytime, day or night, at 1-800-ACS-2345. We are here to help.

[www.cancer.org](http://www.cancer.org)  
1.800.ACS.2345  
Hope.Progress.Answers.



### Lakes Region Environmental Contractors

Petroleum Service Tech / Laborers wanted. Must have a valid driver's license with a clean driving record and be able to pass DOT physical.

Must have mechanical aptitude, troubleshooting skills, have strong commitment to quality. ICC Certified and/or HAZMAT Certified is a Plus but Not required.

Willing to train.

Year-round employment with paid Travel, Holidays, Vacation and Weekends Off  
Please call 603-267-7000

## REAL ESTATE FOR RENT

### Business/Commercial

**Loudon: Fox Pond Plaza Rt 106, 1st flr retail 300+ sqft/ht/ac/elec inc 798-3128**

### Rooms

**THE WHITFIELD HOUSE,** 86-86 1/2 Pleasant St., Concord. Semi-Private Lodging. 603-225-9734

**Please Recycle This Newspaper**

## history

**July 14, 1850:** On a journey into the White Mountains seeking scenes to paint, New Hampshire artist Benjamin Champney writes to a friend in Fryeburg, Maine: "To our great surprise we saw a broad and beautiful valley bounded by lofty hills and the Saco winding through it with a thousand turns and luxuriant trees interspersed. In fact we found the beau ideal of a certain kind of scenery - a combination of the wild and cultivated, the bold and graceful."

**July 14, 1748:** French and Indians numbering 100 attack Sergeant Thomas Taylor and his party of 16 men in Hinsdale. Four of Taylor's party are killed, and he and eight others are taken captured.

**July 15, 1863:** Aware that draft riots have occurred in New York and Boston, the city of Concord appropriates \$1,460 to buy 100 revolvers and ammunition for self-defense. It also authorizes Mayor Benjamin F. Gale to appoint 100 special police officers. No draft riots will occur in Concord.

**July 15, 1970:** Addressing Gov. Walter Peterson, who is seeking reelection, Manchester publisher William Loeb writes on his front page that the real issue in 1970 is "whether you and other scheming politicians will control the state . . . for the benefit of yourself and your pals."

**July 15, 1605:** Samuel de Champlain, a French explorer, sails into Piscataqua Bay.

**July 15, 1832:** Six convicts escape from the state prison in Concord by splitting a stone in the roofing of their cell and letting themselves down the wall by their blankets. Four are captured in Hopkinton, one in Grantham. One is never found.

**July 16, 1821:** Mary Baker Eddy is born in Bow. In February 1866, she will write of healing herself from what a doctor diagnosed as a fatal fall on the ice. Out of this experience is born Christian Science. Eddy will found the Church of Christ, Scientist, in 1879.

**July 16, 1864:** A year after the Legislature announced that "any city or town" might bid to build a new State House, legislators vote to keep Concord as state capital. The price: The city must build a street on the south side of State House grounds (Capitol Street) and rebuild the cramped 44-year-old State House. It will do so by the following year at a staggering cost of \$347,000, including \$189,000 interest.

**July 16, 1825:** Sarah Hale Boardman, the eldest of 13 children from an Alstead family, sails for Burma with her missionary husband. Over the next two decades she will help translate the Bible, then translate "Pilgrim's Progress" on her own, into Burmese. Remarried after her husband's death, Sarah Hale Boardman

Judson will die on the way home from Burma on the island of St. Helena.

**July 16, 1863:** Shots are fired and several men wounded in the third and final day of draft riots in Portsmouth. Fear of riots in Concord and elsewhere leads to the return of two New Hampshire infantry regiments from the field to keep the peace.

**July 17, 1988:** New Hampshire's former epidemiologist charges he was fired because he uncovered serious public health problems that Gov. John Sununu did not want publicized. In a report, the epidemiologist says 250 New Hampshire workers die from occupation-related diseases each year, 50 infants die for lack of prenatal and outreach services and about 50 people die for lack of basic medical care.

**July 17, 1777:** With the British threatening to the west, the Legislature meets in emergency session in Exeter to raise an army. Speaker John Langdon puts up \$1,000 in hard money and his personal property to help finance it. The politi-

cians call upon Col. John Stark to lead the force, naming him brigadier general of the state militia.

**July 17, 1967:** A four-member investigating committee of Concord's Board of Alderman charges Mayor J. Herbert Quinn with gross misconduct and recommends his removal from office. The committee finds that Quinn attempted to trap Monitor Editor James M. Langley on a drunken driving charge.

**July 17, 1945:** A house on Pembroke Hill built in 1771 by David Abbott burns to the ground with all its outbuildings. It is the worst fire in Pembroke in many years. The bark of a dog at 3 a.m. saves the occupants, the Spofford family.

**July 18, 1945:** The state liquor commission bans jukeboxes from hotel grills and says women may not work as bartenders.

**July 18, 1945:** In an effort to stop petty thievery on his Stone Porch Lodge poultry farm in Boscawen, Walter Marshall says he and all available men will sleep in tents with guns. Marshall

promises they will use their weapons if necessary. He also wants to bring in a pack of dogs, "all good barkers." Marshall tells a reporter he counts his flock of 8,000 chickens every morning, and this morning 10 were missing.

**July 18, 1817:** To a group of leading citizens on the Concord-Chichester line, a cloud of dust announces the approach of President James Monroe. A cheering crowd on Main Street greets Monroe, a lanky 59-year-old man in a formal long dark coat. He will spend three days in the capital, attending dinners, a concert and Sunday services, taking a ride on a new 75-foot boat on the Merrimack and visiting the State House construction site.

**July 18, 1818:** A gilded, carved wooden eagle is raised to a perch of the State House, which is nearing completion. The event is marked with a parade, toasts and refreshments.

**July 19, 1970:** Hart's Location becomes the last community in New Hampshire to get electricity.

# DUNCRAFT

*Wild Bird Superstore*  *Since 1952*

## 20% OFF

### ANY ONE FULL-PRICED ITEM

**EXCLUDES SALE ITEMS**

**Offer good through September 3, 2022**

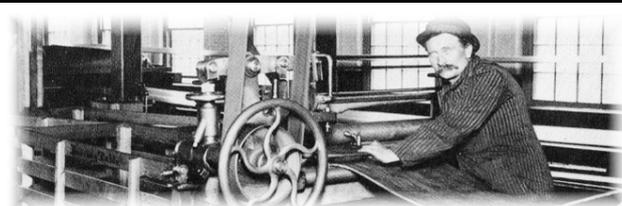
*Please bring this coupon - one coupon per customer*

- Bird Feeders
- Birdbaths
- Bird Houses
- Bird Seed and Suet
- And Much More



**Limited Store Hours, Please Call Ahead**  
**102 Fisherville Rd, Concord NH • 603-224-3522**

# Leather



## A History of Page Belting Company

Join us as Mark Coen, President of the Page Belting Company tells the story of the Page Brothers and the business they started 154 years ago here in Concord and that is still turning out leather belts today. Mark will open with a 30 minute documentary about Page and finish up with his personal stories about the more recent history of this historic Concord business.

**Thursday • July 14 • 7pm**  
*Carriage House Kimball-Jenkins Estate*  
 266 North Main St. Concord, NH

Presented by  
**The Concord Historical Society**  
 266 North Main St Concord, NH  
[www.Concordhistoricalsociety.org](http://www.Concordhistoricalsociety.org)




# TIME FOR A CHIROPRACTIC VISIT?

Summer is the Season for Subluxations



1. Tubing on the lake
2. Yard work
3. Sleeping on the camping mattress
4. Painting and house projects
5. Beach sports



[WWW.CROSSROADSCHIROPRACTIC.COM](http://WWW.CROSSROADSCHIROPRACTIC.COM)

Don't let your warm weather fun ruin your spinal alignment. Structural shifts in your spine caused by slips, falls, heavy lifting, stress, poor posture and summer fun can become the cause of secondary health conditions in the future. Have your spine checked now for better health today and tomorrow.

**CROSSROADS CHIROPRACTIC**

Meredith • Pembroke • Epping

**CALL 575-9080 TODAY!**

*This month*  
**A COMPLETE  
EXAMINATION**  
*with any necessary  
X-rays is just*

**\$49**

*Offer expires 8/11/22*



**FIND US ON FACEBOOK**