



THE CONCORD  
**INSIDER**

Sept. 30 to Oct. 6

Free

**CHANGE  
IN THE AIR**

Lots of fun to be had as fall begins



**10** **City newsletter**  
A look at public works schedule, ice skating open at arena, and more updates.



**6** **Live music**  
Entertainment options for the next week around the city.



**3** **In brief**  
Upstairs  
Downtown tour  
and more events

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## bulletin board

### Tour upstairs downtown

Join IntownConcord on Oct. 2, from 1 to 4 p.m. as they celebrate the rich culture that exists in Concord. The 12th annual Upstairs Downtown Tour will feature local theatres and entertainment venues in the downtown area. Tour stops and entertainment include Red River Theatres for a short film (everyone starts here at 1 p.m.); Capital Center for the Arts for the Grateful Dead Tribute Band, "Crawl Space"; Bank of New Hampshire Stage for the acoustic stylings of "Walker Smith"; and Phenix Hall for a preview of Barefoot in the Park, a Neil Simon play performed by the Concord Players. A final tour stop to be announced! Cost is \$40 and includes appetizers, entertainment, and a guided tour. This event is limited to 150 attendees and masks are required while inside venues and encouraged while outside. Tickets/lanyards provided at the event will include discounts to downtown eateries so that you can stay and dine locally following the tour. Register at [members.intownconcord.org/events/Details/upstairs-downtown-310024](http://members.intownconcord.org/events/Details/upstairs-downtown-310024).

### Chat with author Archer Mayor

Archer Mayor will join

Gibson's Bookstore virtually in discussion on Oct. 4 at 6:45 p.m.

In his 32nd Joe Gunther novel, *Marked Man*, the death of a local millionaire becomes suspicious when Joe Gunther learns that he was not who he claimed.

Gibson's will have signed copies for you to pick up or have shipped.

Registration is required at [eventbrite.com/e/176563715827](http://eventbrite.com/e/176563715827).

### Rebuilding for a better future

NHTI invites the public to its 4th annual Mindfulness in Society seminar series. This timely series will be presented online each Monday evening in October. The 4-part virtual speaker series invites you to explore how mindfulness can help us address challenges that have become central to our society over the last year. Personal and interpersonal insight can help build communities that foster connection, opportunity, health, and fulfillment.

Oct. 4: "Coming into Alignment: Visioning a Humane Post Pandemic World" presented by Vaishali Mamgain. We are acknowledging that "reality" as we knew it is different. But tapping into that and not sliding into what we consider "normal" requires us to pause and reflect on what

that "normal" was, whether it was humane and just, and what changes we might affect to build a better future.

Oct. 11: "The Role of Mindfulness in Transforming Communities" presented by Sara Flitner and Scott Rogers. Since 2020, Sara Flitner, founder of the Becoming Jackson Whole initiative, and Miami Law professor Scott Rogers have collaborated on mindfulness trainings. Learn how to strengthen community health by increasing focus, compassion, and critical thinking in major community sectors: nonprofit, civic, education, healthcare, business, law enforcement, arts, and emergency response.

Oct. 18: "Mindfulness: Meeting the Existential Challenges of the 21st Century" presented by Jamie Bristow, director of The Mindfulness Initiative in the UK. Mindfulness helps us reclaim and reorient attention towards what matters,

reflect more wisely, and act from a place of collective purpose. In this session, we will explore a three-fold model for understanding how mindfulness supports human agency, our ability to act intentionally.

Oct. 25: "Befriending Breath: The Subtle Neuroscience of Breath Awareness" with Norman Farb, Ph.D., an associate professor at the University of Toronto researching the neuroscience of human identity and emotion, with a focus on how cognitive biases shape emotional reactions that determine well-being. Breath monitoring is a foundational practice in contemplative traditions and secular adaptations such as modern mindfulness training, yoga, and progressive muscle relaxation. Why is monitoring the breath, an omnipresent body signal, so challenging and potentially transformative?

Each of the sessions run from 5 to 6:30 p.m. Cost is

\$15 per session or \$50 for the full series and will be recorded and shared with each registrant. Find more information on the speakers along with the link to register online at [nhti.edu/mindfulness](http://nhti.edu/mindfulness).

NHTI is a leader in integrating mindfulness into higher education, and our work has attracted the attention of some of the biggest names in the field of mindfulness. Professor Dan Huston, founder of NHTI's Mindful Communication certificate program, began incorporating mindfulness into his communication curriculum over twenty years ago. Each year Huston brings top speakers in the field of mindfulness together for NHTI's Mindfulness in Society Conference and speaker series.

All proceeds from this year's speaker series benefit NHTI students through the NHTI Lynx Pantry and the NHTI Cares emergency fund.

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# calendar

## Sept. 30

■ **Aging Mastery Online Program:** 1 p.m. - 2:30 p.m. Granite VNA offers an online program for older adults that empowers them to embrace their longevity. Free. Online. (603) 224-4093, ext. 5815.

■ **Composer Amy Beach:** 7 p.m. - 9 p.m. Premier of new documentary about New Hampshire-born composer Amy Beach, born in 1867. \$12. Bank of New Hampshire Stage, 16 S. Main St., Concord. 603-226-3130. accompanyu@aol.com.

■ **Memory Waggle:** 10 a.m. Let's work our brain as we wiggle, waggle, and giggle in this music and movement program focusing on our memory! Free. Rollins Park, 100 Broadway, Concord.

jsalemy@concordnh.gov.

## Oct. 1

■ **GA-20 and JD Simo:** 8 p.m. - 10 p.m. Bank of New Hampshire Stage, 16 S. Main St., Concord.

## Oct. 2

■ **Advanced Cardiac Life Support (ACLS):** 9 a.m. - 5 p.m. Life Safety Institute LLC, 6 Loudon Road, Suite 203, Concord.

■ **Bruce in the USA:** 8 p.m. Capitol Center for the Arts, 44 S. Main St., Concord. (603) 225-1111.

■ **Lotus Land: The American Rush Tribute:** 8 p.m. - 10 p.m. Bank of New Hampshire Stage, 16 S. Main St., Concord.

## Oct. 3

■ **10th Annual Granite State 10 Smiler & Two-Person Relay:** 9 a.m. - 1 p.m. Runners can register for the full 10 miles or as a two-person relay team and 100% of the proceeds benefit The Boys and Girls Club. NHTI, 31 College Drive, Concord. gs10smiler@gmail.com.

■ **NTL: Follies:** 12:55 p.m. - 3:15 p.m. Capitol Center for the Arts, 44 S. Main St., Concord. (603) 225-1111.

## Oct. 4

■ **The Power of Prevention: Celebrating partnerships to prevent and reduce substance misuse:** 8:30 a.m. - 3 p.m. \$75. Partnership@DrugfreeNH, 501 South Street, Bow. (603) 573-3300. jessica\_holli@jsi.com.

■ **Decluttering, Downsizing and Peace of Mind:** 3 p.m. - 4 p.m. \$10. GoodLife Programs & Activities, 254 N State St, Unit L, Concord. kgagnon@goodlifenh.org.

■ **Book Club reads "Less" by Andrew Sean Greer:** 5:30 p.m. - 6:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. 16032240562. gibsonsevents@gmail.com.

## Oct. 6

■ **Horseshoe Pond Toastmasters Club:** 12 p.m. - 1 p.m. Visit a Horseshoe Pond Toastmasters meeting. Meeting virtually every Wednesday. Contact jkasper@nedelta.com. Free. Northeast Delta Dental, 2 Delta Drive, Concord. 603-223-1287. jkasper@nedelta.com.

■ **Society for the Protection of NH Forests: Night Visitors:** 1

p.m. - 2 p.m. A wildlife presentation of "night visitors." \$5. GoodLife Programs & Activities, 254 N. State St., Unit L, Concord. kgagnon@goodlifenh.org.

■ **Virtual Depression and Bipolar Support Group:** 7 p.m. - 8:30 p.m. Anyone with mental health issues (and also their support persons) are welcome. This is a non-denominational group. Free. No registration needed. Online, Concord. 224-2664.

■ **Virtual Depression and Bipolar Support Group:** 7 p.m. - 8:30 p.m. Meeting via Zoom Online. 224-2664. dbsaconcord@comcast.net.

■ **Walker Lecture Series: Galileo:** 7:30 p.m. - 9 p.m. Free. Concord City Auditorium, 2 Prince St., Concord. walkershowinfo@gmail.com.

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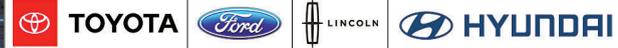
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Live music

Sept. 30

■ Brian Booth at Hermanos at 6:30 p.m.  
 ■ DJ Lance at Area 23 at 9 p.m.

Oct. 1

■ Karen Grenier at Moonlight Meadery from 6 to 8 p.m.

■ GA-20/JD Simo at Bank of N.H. Stage at 8 p.m. \$12 live stream, \$25 in person, +\$2 at the door

Oct. 2

■ Club Soda Band will perform from 4 to 6 p.m. at Eagle Square in a make-up from a rained-out summer concert. They play a wide variety of top 40, classic rock, dance, R&B, pop with a sprinkle of country. All members of the band sing resulting in dynamic vocal harmonies.

■ Acoustic Jam with John Farese at Area 23 at 2 p.m.

■ Richard Dowling will perform "The World's Greatest Piano Masterpiece" at the Concord City Auditorium at 7:30 p.m. Tickets \$20 at box office, \$23 online from cca-audi.org.

■ Amanda Adams will perform 9 a.m. to 11:30 a.m. and Brad Myrick from 11:30 a.m. to 2 p.m. in Con-toocook Village for Art on the Poarch.

■ April Cushman at Gould Hill Farm from 1 to 4 p.m.

■ Tim Kierstead at Concord Craft Brewing from 4

to 6 p.m.

■ Amanda Adams at Moonlight Meadery from 6 to 8 p.m.

■ Chad Verbeck at Chen Yang Li from 7 to 10 p.m.

■ Bruce in the USA at the Capitol Center for the Arts at 8 p.m. \$25 and up

■ Lotus Land at the Bank of N.H. Stage at 8 p.m. \$35 in advance, +\$2 at door

Oct. 3

■ Kaylee Federmann at Gould Hill Farm from 1 to 4 p.m.

■ Paul Driscoll at Moonlight Meadery from 2 to 4 p.m.

Oct. 6

■ Open Mic Night at Area 23 at 6:30 p.m.

■ William Ogmundson will present an American piano concert at the Concord City Auditorium at 7:30 p.m through the Walker Lecture Series.

Oct. 8

■ Chris Palermo at Moonlight Meadery from 6 to 8 p.m.

■ Grain Thief with Green Heron at the Bank of N.H. Stage at 8 p.m. \$15 floor, \$20 reserved balcony

Oct. 9

■ Ryan Williamson at Gould Hill Farm from 1 to 4 p.m.

■ Andrew North at Concord Craft Brewing from 4 to 6 p.m.

■ Green Heron at Moonlight Meadery from 6 to 8

p.m.

■ Mikey G at Chen Yang Li from 7 to 10 p.m.

■ Lez Zeppelin – Physical Graffiti at the Bank of N.H. Stage at 8 p.m. \$25 general admission, \$35 reserved balcony

Oct. 10

■ Kimayo at Gould Hill Farm from 1 to 4 p.m.

■ Andrew Geano at Moonlight Meadery from 2 to 4 p.m.

■ Capital Jazz Orchestra: Here's to Sinatra at the Capitol Center for the Arts at 4 p.m. \$27.50 and up

Shows

■ "Composer Amy Beach," a documentary on the New Hampshire composer, will be shown at the Bank of N.H. Stage on Sept. 30 at 7 p.m. Tickets \$12 plus fees.

■ Greater Tuna by Jaston Williams, Joe Sears, Ed Howard will be produced

by Hatbox Theatre Oct. 1 to 10. The long-running off-Broadway hit features two actors creating the entire population of Tuna in a tour de farce of quick-change artistry, changing costumes and characterizations faster than a jack rabbit runs from a coyote. This production marks a reunion as Andrew Pinard and Eric Stanley reprise the roles they portrayed at the Annichiarico Music Theatre in 1991. Fridays and Saturdays at 7:30 p.m.; Sundays at 2 p.m.

■ National Theatre Live: "Follies" at the Bank of N.H. Stage at 12:55 p.m. \$15 adults, \$12 students

■ Discovering Magic with Andrew Pinard will be Oct. 6 at 7:30 p.m. at the Hatbox Theatre. This "mind-numbing, jaw-dropping, eye-opening" experience takes audiences on a guided tour of the impossible and the absurd. Using only the most ordinary of objects, the accomplished actor, conjuror, puppeteer, story-

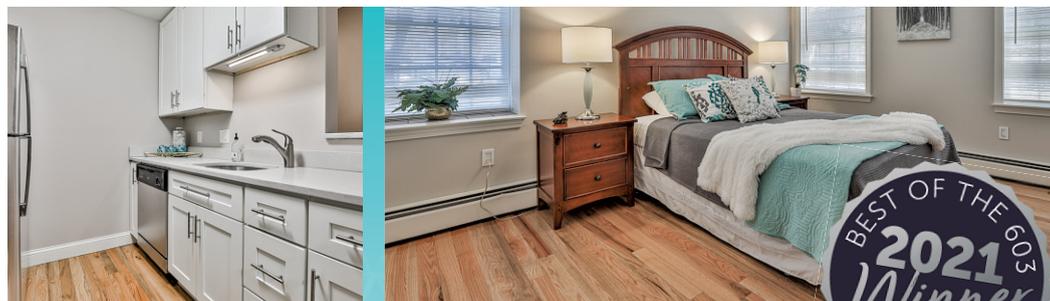
teller, and award-winning performer Pinard brings the ordinary to life with the most surprising results.

■ Queen City Improv is Manchester's finest improv troupe, and they're bringing their act to the Capital City on Oct. 8 at 7:30 p.m. Join QCI as they perform a night of goofs, gaffes, and laughs through a never-before-seen show every night! Improvisational theater is made up on the spot, which means the games are planned but the scenes stories are not! What will they come up with next? Join us to find out! This is a BYOB/W event.

■ The Met: "Boris Godunov" at the Bank of N.H. Stage at 12:55 p.m. at \$22 seniors, members; \$15 students; \$26 adults

Red River Theatres

■ Blue Bayou (R)  
 ■ The Eyes of Tammy Faye (PG-13)



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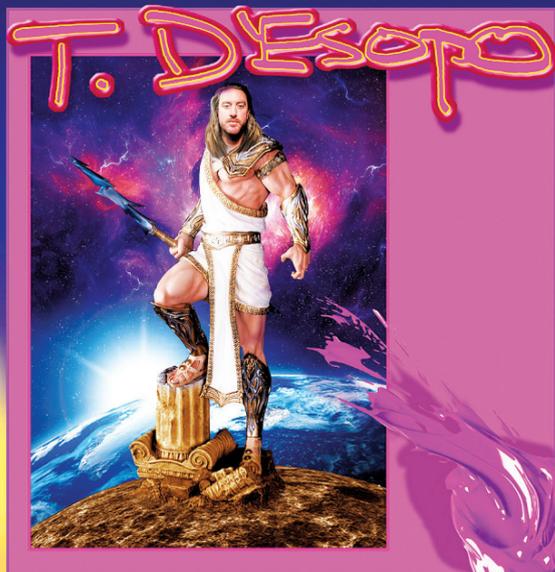
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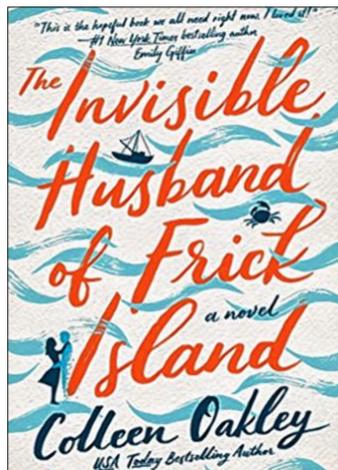
## books of the week

### The Invisible Husband of Frick Island

By Colleen Oakley  
(337 pages, fiction, 2021)

Piper Parrish is a beautiful young widow living on Frick Island. Her husband Tom's crab boat went down at sea, and his body wasn't recovered. Stunned by grief, Piper carries on with life as if Tom is still alive and with her. Piper still cooks Tom breakfast, talks to him, and walks down to the boats with him every morning. Everyone in the small town goes along with it, talking to Tom as if he was there beside Piper.

Anders Caldwell is a young reporter at a small newspaper on the mainland and wants to make a name for himself. He's assigned fluff pieces, like the Cake Walk on Frick Island. When he gets there he finds a community full of eccen-



tric characters. Anders has a podcast, and starts to interview people on Frick Island, a tiny island out in Chesapeake Bay, without cell service and very limited Internet access. Anders thinks at first that there's a story about a cell tower controversy, but soon finds out the town's secret about Piper's invisible husband. He starts putting this story up on his podcast, and sud-

denly he has more and more readers.

But what will Anders do when the Island gets better cell or internet service? Is it right for Anders to be writing about Piper's mental health without her knowledge or consent? What if someone calls Piper from the mainland about it?

As I read this book, I was upset with Anders because he didn't seem to care about the people that he was writing about. He just wanted to be famous and have readers. And then he was too cowardly to tell the townspeople what he was doing.

But Anders starts helping out around the island, and his character grows. Pearl Olecki tells Anders, "It's amazing what people will do for the ones they love." The townspeople and Piper have minds of their own, and are not shy about telling Anders what they think. But Anders

keeps trying to learn about the island, and trying to understand the people who live there.

This is an interesting story about grief, friendships, and a community committed to helping each other. It's an unusual story, and I was drawn to the characters. I wanted to know what happens to Piper, Anders, and the others on tiny Frick Island.

Visit Concord Public Library online at [concordpubliclibrary.net](http://concordpubliclibrary.net).

**Robbin Bailey**

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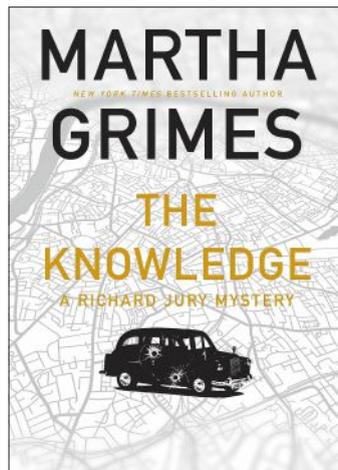
**AAA Travel Alert:** Many travel destinations have implemented COVID-19-related restrictions. Before making travel plans, check to see if hotels, attractions, cruise lines, tour operators, restaurants and local authorities have issued health and safety-related restrictions or entry requirements. The local tourism board is a good resource for updated information. Certain restrictions may apply. Not responsible for errors or omissions. Copyright © 2021 Automobile Club of Southern California. All Rights Reserved. CST 1016202-80

## The Knowledge: A Richard Jury Mystery

By Martha Grimes  
(364 pages, mystery, 2018)

A gunman shoots two glamorous people outside of a London casino/art gallery. The gunman then jumps into a London black cab and goes for a long ride around London, exactly as if he wasn't guilty of a crime. The cab driver Robbie Parsons fears for his life and signals to other black cab drivers along the way. They contact the local young pickpockets (think Baker Street Irregulars), who join in the chase. And street urchin extraordinaire Patty Haigh catches up with the gunman at Heathrow. Patty befriends the gunman, and they both catch a flight to Nairobi, the capital of Kenya!

Back in London, Detective Superintendent Richard Jury is on the case. It is especially difficult for Jury because he had met and liked the victims, David and Rebecca Moffit. Jury questions witnesses and family members, and enlists the help of one friend, Truelove, to become a croupier in the casino, and another, Melrose, to go on a



safari to Kenya to help solve the case.

There's a connection between the murders and the blue gem tanzanite, which is mined only in Tanzania. And there's a link to "The Knowledge," a secret bar that only London cab drivers can use. Cab drivers are not allowed to bring anyone to The Knowledge, and that includes the Queen!

This is a classic Richard Jury mystery, with wonderful characters, interesting clues, and a diabolical killer, who may just get away with murder!

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Bank of New Hampshire Stage

**LOTUS LAND**  
American RUSH Tribute

**SAT, OCT 2, 8PM**

Bank of New Hampshire Stage

National Theatre Live

**FOLLIES**

book by James Goldman  
music and lyrics by Stephen Sondheim

Sunday, October 3  
12:55pm

Bank of New Hampshire Stage

**GRAIN THIEF**

10.08.21  
8:00 PM

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WED, OCT 20, 7:30PM

Bank of New Hampshire Stage

# Tune into the 'Talk Concord' pod

Listen in for music and discussions about city projects

The city manager's office sent out the City Manager's Newsletter last Friday. The full newsletter can be found by going to [concordnh.gov](http://concordnh.gov) and clicking the "Newsletter" button. Here are some highlights:

## Upcoming city meetings

City meetings will be held in person in Council Chambers at 37 Green St. (unless otherwise specified on the City's calendar). Upcoming meetings include:

- Zoning Board of Adjustment, Oct. 6, 7 p.m.
- City Council, Oct. 12, 7 p.m.
- Planning Board, Oct. 20, 7 p.m.

Visit <https://concordnh.legistar.com/Calendar.aspx> for agendas, which are posted prior to the meetings.

## Birchdale Road bridge work

The new concrete abutment on the Bow side of Bella Brook has been completed. Next week the contractor will begin to drive foundation piles and build the forms to commence the construction of the abutment on the Concord side of the brook. This work will continue over the next two to three weeks.

## Alder Creek culvert work

Weaver Brothers Construction will close Alder Creek Drive between Clover Court and Woodbine Avenue beginning Monday, Oct. 4, at 7 a.m. in preparation for the culvert replacement. This closure will last through mid-November and there will be no through traffic. Pedestrians and

emergency vehicles will not be able to pass. All residents in the development were notified by the city of this closure earlier this month.

## Concord Podcast: City Projects

Matt Walsh, Director of Redevelopment, Downtown Services, & Special Projects, and Crayton Brubaker, ICMA Local Government Fellow, were in the Concord TV podcast studio to talk about projects going on in the City of Concord. Music by Matt Boisvert. Listen on Soundcloud or iTunes.

## NH BioBlitz in Concord

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species in Concord and help our community learn more about our natural areas! Through the end of September, join the NH BioBlitz, a species scavenger hunt where volunteers help find and record data on as many different wild living things as possible in a certain area and a short amount of time.

Learn more about how to participate at: [extension.unh.edu/nhbioblitz](http://extension.unh.edu/nhbioblitz).

Not sure where to go? The Conservation Commission recommends the following City-owned conservation or park lands that have habitat diversity and easy trail access. (Note: you will find more diversity away from trails, so for this exercise only, we recommend you roam off the trails a bit. Please remember to leave no trace, and remain on City-owned land).

- Weirs Road lot (Trail Map 4)
- Spears Park lot (Trail Map 7)
- Riley Lot (Trail Map 8)

■ Merrill Park (Trail Map 13)

■ Broken Grounds lot (Trail Map 30)

■ W. Portsmouth Street lot (Trail Map 20)

Trail maps can be found at [concord.gov/trails](http://concord.gov/trails). Please be aware that it is hunting season in New Hampshire.

### New business expenses program

The Governor's Office for Emergency Relief and Recovery (GOFERR) launched the COVID-19 Expenses Relief Program to assist New Hampshire for-profit Main Street businesses with COVID-19 related business expenses in 2020 and 2021.

"Thousands of New Hampshire small businesses have been helped through our state programs to address the economic impacts of COVID-19," said Commissioner Taylor Caswell, Executive Director of GOFERR. "We realize, however, that as many small businesses have continued to adapt their operations throughout the pan-

demically many remain in need of financial assistance. The COVID-19 Expenses Relief Program will help small businesses offset a portion of these COVID-19 related costs."

Eligible businesses can apply for reimbursement of a portion of their eligible expenses until 4 p.m. on October 1, 2021, via the GOFERR portal. Awards will be issued following the application deadline, on a capped, pro-rata basis dependent upon total eligible expenses.

Eligible expenses for reimbursement include but are not limited to the following categories:

- Costs incurred while closed due to COVID-19 (such as prorated rent, mortgage payments, and utilities).

- Costs incurred as a result of reopening after COVID-19 related closure (such as PPE, workforce safety training, and installation of physical safety measures).

■ Increased costs of doing business as a result of COVID-19 (such as HVAC improvements, creation or addition of indoor or outdoor space for social distancing purposes, and increased costs due to supply chain disruptions or increased demand).

### Liberty Utilities work

Liberty Utilities will be working on the following gas main replacement projects, weather dependent:

- Manchester Street, near

Integra Drive and Airport Road intersection

- Plum Street, full length
- N. Main Street (Boutin Street intersection to Chapel Street, Pearl Street (full length), and Franklin Street (N. State to N. Main)).

### Storrs Street legislative parking garage work

The State of NH has a contractor team working on rehabilitating the deck and supporting structure of the

SEE CITY NEWS PAGE 12

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**CITY NEWS FROM PAGE 11**

Storrs Street Legislative Parking Garage. This work will involve intermittent lane closures and maintenance of one-way traffic underneath the garage, as well as parking space and sidewalk closures. Work is expected to continue through September.

**Police warn public of phone scams**

The Concord Police Department would like to remind everyone about the many phone scams that are out there. Should you receive a suspicious phone call saying you've won a prize, need to extend your car's warranty, or a claim that your social security number has been compromised, this is a SCAM.

■ DO NOT give out your personal information, such as your name, date of birth, or social security number or bank account information.

■ DO NOT pay anyone with a gift card, check, or give out your credit card information. Legitimate agencies

■ DO NOT collect gift cards as payment.

■ DO NOT send money

via wire to random subjects whom you do not know.

■ DO NOT allow people to access your bank account via your laptop or personal computer.

You can avoid all of this by simply hanging up the phone, and blocking their number.

Should you be a victim of a phone scam, don't be embarrassed. Contact your local police agency to report the fraud. You can also read about other information about phone scams from the Federal Trade Commission.

**Skating at Everett Arena**

Ice skating hours are Sundays from 5:30 p.m. to 7:30 p.m. and Monday through Friday from 11:30 a.m. to 1 p.m. Saturday hours will begin on October 9 and will also be from 11:30 a.m. to 1 p.m. Admission is \$6 and free for kids ages 3 and under. Skate rentals are available if needed for \$5 at the arena's pro shop. Ice skating lessons will be offered by Concord Parks & Recreation. Session one will be available November through December and session two will be January through February. Classes

have limited registration that must be completed with Concord Parks & Recreation by mail, fax, online, or in person starting in October. Registration for skating lessons cannot be done at the Everett Arena.

Adult stick practice (ages 14 and up) hours are Monday, Wednesday, and Friday from 10 a.m. to 11:15 a.m. Additional hours will occur Monday through Thursday from 3:30 p.m. to 4:45 p.m. through November 24. Admission will be \$10.00 and free for goalies. Helmet and gloves are required and full equipment is recommended.

Youth stick practice (ages 13 and under) hours are on Friday afternoons from 3:30 p.m. to 4:45 p.m. starting September 10 through November 26. Admission will be \$10 and free for goalies. Full equipment is required.

Ice season will continue through mid-March. Lace up those skates! Find more

information at [concordnh.gov/skating](http://concordnh.gov/skating).

**Indoor sports for adults**

**Basketball:** The Parks and Recreation Department is offering Adult drop in basketball on Saturday mornings from 9 a.m. to 11 a.m. at the City Wide Community Center (14 Canterbury Road). The cost is \$3 for residents (with ID) and \$4 for non-residents. The drop in program ends on Saturday, Oct 30.

**Pickleball:** The Parks and Recreation Department is offering drop in pickleball on Tuesdays and Thursdays from 11 a.m. to 1 p.m. at the City Wide Community Center (14 Canterbury Road). There will be two courts open and the cost is \$3 for residents (with ID) and \$4 for non-residents. The drop in program ends on Thursday, October 7.

**Get a library card**

September is National Li-

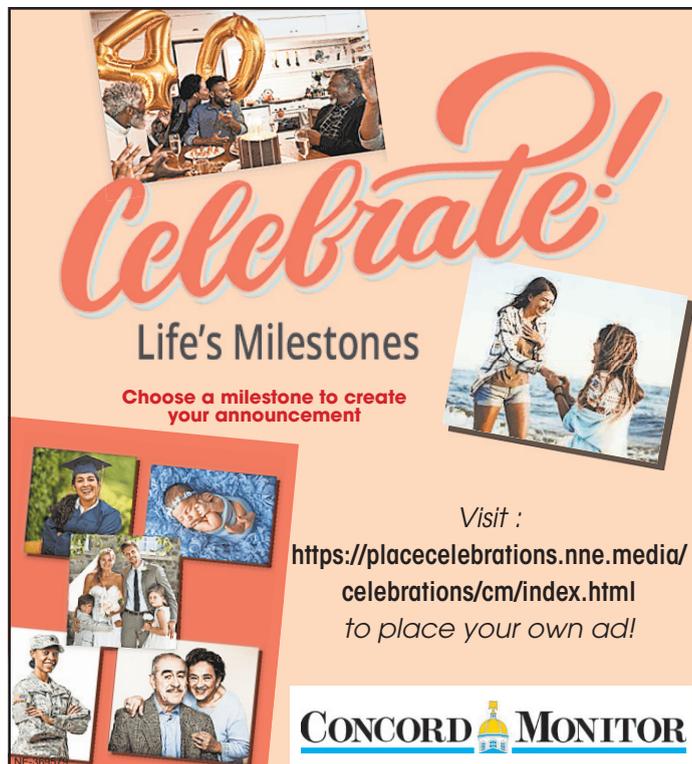
brary Card Sign Up Month! If you sign up for a library card, renew your card, or refer a friend to get a library card during the month of September, you'll be entered to win a prize!

The library now subscribes to U.S. Newsstream through ProQuest. This online service provides access to many of the most widely read major newspapers in the United States!

Updated daily you can read current issues, search the archives for older articles, and even setup automatic alerts for new issues and articles to be sent to your email. Accessible publications include the New York Times, the Boston Globe, the Wall Street Journal, the Washington Post, the Chicago Tribune, and the L.A. Times.

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12 Concord Insider — Thursday, September 30, 2021



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**CONCORD MONITOR**

*She was buried and "in the red"*



◀ Laina and her boyfriend, Carl.



Laina, with her furry friend at The Farm at Sakari's Place, where she serves on a volunteer board to help rescue wolf dogs and other animals who need a safe place to live.

*"I missed so much of my life because of my addiction... NHFCU changed all that! The freedom to explore...and travel to visit my family out-of-state feels incredible...Anyone who went through what I did, please reach out to NHFCU's Centers for Finance & Education. They talked options, free classes, free help with my financial wellness...and it changed my life. Not a lot of banks do that. NHFCU doesn't just want money, they want to give members education and freedom. They're an organization who wants to better the community."*

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## history

**Oct. 1, 1900:** A 26-year-old egg farmer named Robert Frost moves to a 30-acre farm in Derry.

**Oct. 2, 1990:** The U.S. Senate confirms the nomination of David H. Souter of Weare to the U.S. Supreme Court. At the State House in Concord, Souter tells a gathering of well-wishers: "I have been given much and much will be expected from me in return, and I will make that return to you and I will make it in the fullest measure that I can."

**Oct. 3, 1878:** An attempt is made to rob the Bristol Savings Bank. Explosives blow off the outer door of the safe and blow out both windows of the room. The

inner door of the safe is not opened and the robbers leave without booty. "No serious efforts are made to apprehend the criminals and they escape capture," a town history reports.

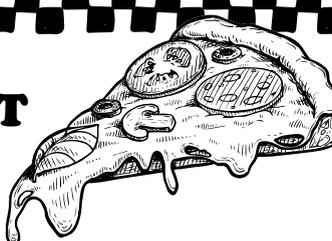
**Oct. 3, 1924:** Malcolm McLane is born in Manchester. McLane will serve on the Concord City Council from 1956 to 1976, including six years as mayor. He will also serve on the Executive Council and run an unsuccessful third-party race for governor against Mel Thomson.

**Oct. 4, 1861:** A fire on the southwest corner of Main and Centre streets destroys the Merrimack House, a marble works and a doctor's home and office.

**Oct. 5, 1963:** Roscoe Higgins, a 65-year-old Deerfield farmer, is fined \$300 and given a suspended jail sentence for selling hard cider at the Deerfield Fair.

**Oct. 5, 1817:** An earthquake rocks Concord at about 11:40 a.m. It lasts 1-2 minutes.

**Oct. 5, 1918:** Concord's Board of Health urges the discontinuation of public funerals because of the Spanish Influenza epidemic, which is at its peak. The board strongly suggests that until further notice only "kinsmen and very near friends attend the last rites of people who die."



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**PREVIEW:** Thursday, October 14th from 2 to 4 p.m., Tuesday, October 19th from 9 to 11 a.m.



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## Saluting Our Hometown Heroes



**MEGAN GOODWIN**

The height of the pandemic was particularly challenging inside hospitals and for food service workers. Goodwin did both as a staff member at the Concord Hospital Cafe. Goodwin was recognized as a Hometown Hero by the Monitor in December. As part of her recognition, she was able to designate an area organization as the recipient of promotional services through the Monitor. She selected NAMI NH.



## NAMI New Hampshire

NAMI New Hampshire (National Alliance on Mental Illness) is committed to improving the lives of all people affected by mental illness and suicide through support, education, and advocacy. As a grassroots coalition of people living with mental illness and their families, NAMI NH has nearly 40 years of service to Granite State children, youth and young adults, adults and older adults. **NAMIWalks NH**, the single largest mental health awareness and suicide prevention event in the state, will be held virtually on Oct. 9, 2021. To register for NAMIWalks NH, visit NAMIWalksNH.org. Registration is free!

**DONATE:** Your gift helps provide free support, education and advocacy for over 40,000 Granite Staters, and their loved ones, affected by mental illness and suicide. Visit NAMI.NH.org to give online.

**VOLUNTEER:** You can provide people of all ages with opportunities to positively impact the mental health system; eliminate stigma and discrimination; and give back and help others. Many of our volunteer roles require lived experience. Visit NAMI.NH.org and click Get Involved, or contact us at volunteer@NAMI.NH.org.

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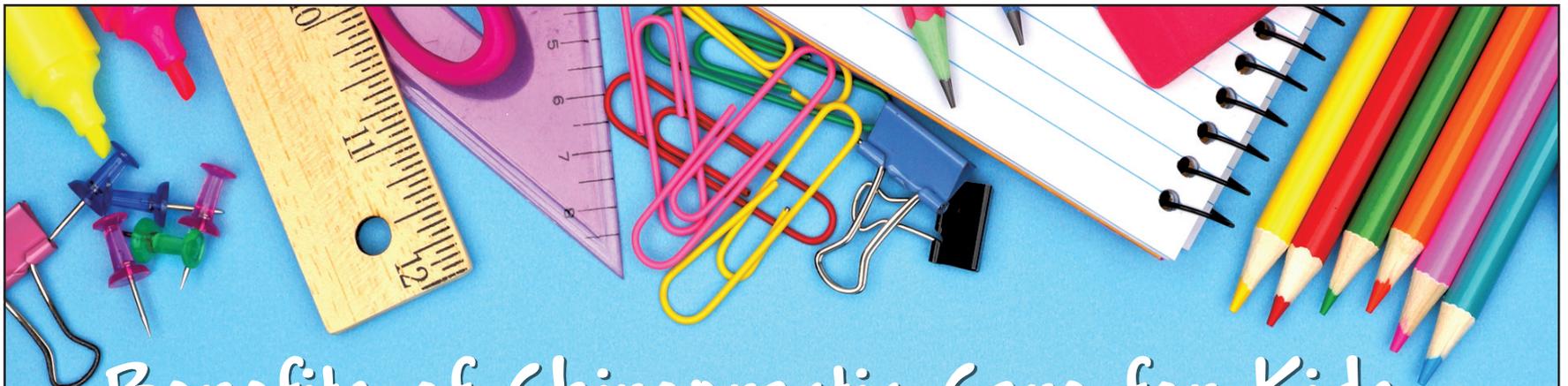
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