

# THE CONCORD INSIDER

May 27 - June 3

Free and educated

# Thank a teacher

Past and present, educators  
influence lives of children



# Read the paper without the paper

Ask any group how they like to get their news, and the chorus of responses will sound something like this: “Website. Phone. Paper. Facebook. Newsletters. Podcasts. Friends.” We’re increasingly hearing “E-Edition” added to the list, and with good reason. A growing number of our readers think the e-edition – which is more easily defined as a digital replica of our paper – serves as a valuable bridge between the traditional benefits of a newspaper and the technical advantages of our online world. For the many who still don’t quite know what it is, we’re taking this time to introduce to you our e-edition, where you can get the day’s news – or the news of the past month – in a newspaper format that’s meant to feel familiar.

## OH, ALL THE BUTTONS!



**HOW YOU WANT IT:** Use to adjust settings for viewing. You can choose a single or double click to zoom, lock the article view or open more settings for a new window of options.

**QUICK GLANCE:** A thumbnail view of the entire paper, broken down into sections. From this view you can download individual or groups of pages. This is helpful if you want to email something or print.

**SECTIONS:** No matter where you are, this brings you to the main menu of the paper and allows you to quickly go to the section you want.

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**GO BACK IN TIME:** This will give you a thumbnail view of the past 30 editions of the Monitor. Once you click the thumbnail, you’ll be able to view that day’s full edition.

**FIND IT FAST:** Remember seeing a story or advertisement, but can’t remember what issue it was in? This feature allows you to search and view one month of any type of content by keyword, content type or date without having to open up an individual edition.

**FAQs:** A page of frequently asked questions. Some examples: “How do I print puzzles and other content?” and “Can I print the article I’m viewing, or share it with someone else?”

**ALERTS:** You can submit your email and receive an alert when an article is posted with a specific search term. If you get the alert, you can unsubscribe from here. too.

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Sheet icon: Toggle between replica view and plain text view; A – and A + icons: Decrease or increase size.



**ACCESS OPTIONS**  
The speaker translates to text to speech; From here, you can select the printer icon or the share icon to send by Twitter or email.



**NAVIGATION OPTIONS** The left and right arrows allow you jump quickly scroll from one story to the next. The middle button sends you to the index so you can easily select any story no matter where it is in the paper.

## CAN I GET SOME HELP?

### YES, WE’RE HERE TO HELP

If you’re having trouble with setup, visit our site at [concordmonitor.com/Reader-Services/FAQ](http://concordmonitor.com/Reader-Services/FAQ) for some video and written instructions on how to activate your digital subscription and how to navigate the e-edition. If that hasn’t answered your question, email [news@concordmonitor.com](mailto:news@concordmonitor.com).

## WHAT DEVICES

### GET THERE FROM OUR SITE OR OUR APP

You can view it from a smartphone, a tablet or a desktop. For the desktop version, just go to [concordmonitor.com](http://concordmonitor.com) and select “E-edition” in the top-right corner To view on a smartphone or tablet, you’ll first have to download the free app. To get it, go to the Apple Store or Google Play and search for “Concord Monitor.” Either way, the full digital replica of the paper will arrive as usual by 6 a.m.

## HOW TO GET IT

### JUMP RIGHT IN

Are you a print or digital-only subscriber? If so, you already have access. Now, you just need to sign in. You can do so from the Subscribe button atop our website. Others can follow that same link to set up a subscription. If you’d like to test it out, we’ve made the e-edition free for the next two weeks. To get there, select E-Edition at the top of [concordmonitor.com](http://concordmonitor.com).

## history

**May 27, 2003:** Daniel Littlefield of Meredith goes to trial in Belknap County Superior Court on charges he killed a 69-year-old Bedford man, John Hartman, in a hit-and-run boat crash last summer on Lake Winnepesaukee.

**May 27, 2001:** Families from all over New England descend on Wilmot's Eagle Pond Lodge Conference Center for the sixth annual Half Moon Sober Festival, an event dedicated to the proposition that you don't need alcohol to have fun. It's an event, one police officer says, that makes crowd control easy: Even with attendance approaching 4,000 people, no arrests are necessary.

**May 27, 1987:** Evangelist Pat Robertson, campaigning in Concord for the GOP presidential nomination, calls for "a national consensus on a core of moral absolutes."

**May 27, 1774:** With Massachusetts now under military authority, Royal Gov. John Wentworth asks New Hampshire's elected Assembly to call up a sizable force to man Fort William and Mary, near Portsmouth. The Assembly refuses.

**May 27, 1727:** A charter is granted to the town of Canterbury. Richard Blanchard will arrive six years later and become the first white settler, living southwest of today's town center. By 1742, about 30 families will live in the town.

**May 27, 1861:** After enlisting 71 men in Contoocookville, Joab N. Patterson takes them to Portsmouth, where most will join the Second New Hampshire Volunteer Infantry for three years' service in the Civil War. Lt. Patterson, who recently graduated from Dartmouth at age 25, will fight in 24 engagements from First Bull

Run to Appomattox Court House, rising to the rank of brevet brigadier general.

**May 27, 1727:** New Hampshire's legislature grants a charter to a township that includes most of present-day Concord and Bow and part of Pembroke. Because Massachusetts had drawn different boundaries for a similar area, the charter led to much confusion over jurisdiction and - more important - tax collection.

**May 28, 2001:** Eighty-four communities have asked for \$12.8 million in grants from the state's Land and Community Heritage Investment Program, the *Monitor* reports. Only \$3 million worth of grants will be awarded.

**May 28, 2000:** New Hampshire wildlife biologists are considering importing up to 150 Karner blue butterflies from New York, the *Monitor* reports. Concord's unique population of the butterflies is close to extinction, and the biologists hope an infusion of new blood will help the species survive.

**May 28, 1773:** The New Hampshire Assembly, forerunner of the Legislature, receives from Virginia a circular letter promoting the idea of establishing committees of correspondence in the colonies. The Assembly will adopt the idea, whose aim is to share information in a timely fashion about acts of Parliament. In response to the committee's formation, Royal Gov. John Wentworth will adjourn the Assembly for seven months.

**May 29, 2002:** In Penacook nearly 70 local Catholics air their grievances with the church and demand accountability of both its leaders and abusive priests last night as Bishop John McCormack

sits in the back taking notes. It is the first time McCormack attends a discussion organized by parishioners and not clergy.

**May 29, 2001:** Electropac, a Manchester manufacturing company, buys the vacant Vishay Sprague property in Concord for \$2.75 million. The new owner envisions hiring up to 30 people while leasing part of the building to other manufacturing companies.

**May 29, 1808:** Daniel Webster and Grace Fletcher, the daughter of a deceased Congregationalist clergyman in Hopkinton, marry in Salisbury.

**May 29, 1944:** Fourteen of the 46 conscientious objectors working as attendants at the State Hospital in Concord go on a cafeteria strike, refusing to eat. The men, who are labeled "Conchies," are protesting a rule forbidding them to mingle with regular attendants at the hospital.

**May 29, 1944:** One patriotic full-page ad lists all the Concord young people serving in the armed forces. Another, for the Foy Tire Co., gives the number: 2,875.

**May 29, 1975:** Gov. Mel Thomson signs a bill assuring the New Hampshire Presidential Primary is always first. The law says the vote is to be held March 2 "or on the Tuesday a week before any primary in any other state."

**May 30, 2001:** The state veterans cemetery in Boscawen dedicates a new section for veterans whose bodies are lost, unrecoverable, unidentified or otherwise unavailable for burial.

**May 30, 1923:** For last time, 88-year-old General Joab Patterson rides at the head of the Memorial Day parade in Concord. In 1861,

Patterson, a teacher, recruited 72 soldiers from around his native Contoocook and entered the 2nd New Hampshire Volunteer Infantry Regiment as a second lieutenant. He rose to lead the regiment as a colonel, fought in 24 battles and was breveted a major general near war's end. He lived most of his postwar years in Concord and led the Memorial Day procession each year.

**May 30, 1868:** In Concord, school lets out early and businesses close for two hours so that all may observe the first Memorial Day. Col. James E. Larkin of Concord, who fought at Fair Oaks, Fredericksburg, Chancellorsville and Gettysburg, leads the veterans' procession into Eagle Hall on Main Street. After the singing of "America," the recitation of the Gettysburg Address and patriotic speeches, the throng marches solemnly to the cemeteries and lays wreaths at the graves of the city's Civil War dead.

**May 30, 1992:** Concord's Bob Tewksbury of the St. Louis Cardinals pitches a four-hitter to beat San Diego. Tewksbury is on his way to his best season ever. He will finish 16-5 with a 2.16 earned run average and be voted National League's best control pitcher with 20 walks in a career-high 233 innings pitched.

**May 30, 1874:** A city council committee is appointed to purchase land on Warren Street between State and Green streets for a central fire station. The committee will buy the site for \$7,747.52, and the station will operate there for a century.

**May 31, 2001:** Starting July 1, the *Monitor* reports, Chichester will once again have a ZIP code of its own. "It's a matter of pride," says

John West, a lifelong resident. "We want to be ourselves and use our own name."

**May 31, 1911:** Nahum Batchelder, an East Andover farmer and former New Hampshire governor, falls from power as master of the national Grange after it is disclosed that he has allowed the Grange's good name to be used in underhanded lobbying campaigns in Washington. He will leave the organization, known as the "Patrons of Husbandry" and the chief voice of the nation's farmers, after 34 years as a member and six as its national leader.

**May 31, 1873:** The city council appropriates \$12,000 to build a new bridge over the Contoocook River in Penacook.

**May 31, 1856:** Edward H. Rollins, Concord politico, leads a mass meeting at Phenix Hall to condemn terrorism in Kansas and the caning of Sen. Charles Sumner on the floor of the U.S. Senate. It is among the first gatherings in the city of a new party, the Republicans.

**May 31, 1649:** The state's first public school supported by taxation opens in Hampton. The sole qualification for students: that they be "capable of learning."

**May 31, 1932:** The Schoonmaker Chair Co. goes out of business, ending contract labor at New Hampshire State Prison.

**May 31, 1983:** After much debate, legislators decide not to build the governor a special executive washroom at the State House. The vote is a victory for Rep. Eugene Daniell of Franklin, who says the state shouldn't spend money on bathrooms if it can't give its workers a pay raise.

poetry

# Life from our Past

It is that fleeting glimpse,  
of life from our past,

we so deeply desire,  
these thoughts to last.

Nostalgia can be an old friend,  
easily awakened without a thought,

an elusive memory from childhood,  
you didn't realize you sought.

Perhaps a conversation or visit,  
or the scent of pine from the forest,

will rekindle those memories,  
that have remained dormant at rest.

These memories are welcome,  
for they return like an old friend,

time lived when life was simple,  
the days of youth, without end.

Life will happen, the years progress,  
though you want kind thoughts to last,

it is that fleeting glimpse,  
of life from our past.

*James W. Spain*



Concord Public Library

A glimpse back long ago down North Main Street in Concord.

## looking back

# A trip down North Main

Please take a trip back in time with me to North Main Street.

This is a photograph of North Main Street in Concord. The photographer stood over a century ago on North Main Street looking south towards our downtown. He was close to where now are traffic lights at the intersection of 393 and North Main in the middle of the road.

Some perspective for your enjoyment:

■ The first house on the left is the present day Car-

rigan House, the large yellow house across the street from Friendly's Restaurant.

■ The first house on the right is now occupied by the Friendly's Restaurant.

■ The third house on the right, the large brick home, is currently Concord Obstetrics office.

■ The tall steeple just past Concord Obstetrics is the Congregational Church at the end of Washington Street and North Main.

Some interesting thoughts: The streets are

unpaved, there is a trolley track – no electrical wires overhead, which means this is the original Concord Horse Trolley, a trolley pulled by horse on the tracks, about 8 miles worth of track around Concord streets.

There are many American Elm Trees, the hurricane of 1938 had not yet visited and Dutch Elm Disease had not occurred yet, so we still had hundreds of surviving elm trees lining our Concord Streets.

*James W. Spain*

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## Welcome Home

Find real estate listings  
and home design tips  
in the *Sunday Monitor*.

[concordmonitor.com/Arts-Life/Home-Garden](http://concordmonitor.com/Arts-Life/Home-Garden).



# Apply for state relief fund

The city manager's office sent out the City Manager's Newsletter last Friday. The full newsletter can be found by going to [concordnh.gov](http://concordnh.gov) and clicking the "Newsletter" button. Here are some highlights:

## FY21 proposed budget

The proposed FY21 budget is available online at: [concordnh.gov/Archive.aspx?ADID=5027](http://concordnh.gov/Archive.aspx?ADID=5027). This web page also includes links to the Finance Committee's budget schedule.

## Main Street Relief Fund

Pre-qualification Due Date: May 29, 2020

The Governor has authorized the allocation and expenditure of an initial \$400 million in emergency funding from the CARES

Act Coronavirus Relief Fund ("flex funds") to provide emergency financial relief to New Hampshire small for-profit businesses due to the economic disruption caused by COVID-19. However, in order to provide the most effective relief as quickly as possible, New Hampshire small businesses desiring to obtain relief will first be required to provide information concerning their possible COVID-19-related lost revenues and receipt of Paycheck Protection Program (PPP) loans or any other federal relief. This information will be used to determine appropriate relief criteria and amounts to meet the needs of eligible small businesses, including whether the initial \$400 million is appropriate or needs to be

changed. In order to be eligible, a business must have its principal place of business in New Hampshire and must have generated less than \$20 million in revenue during the 2019 tax year. In addition, healthcare, childcare, and agriculture businesses will not be eligible for the program, as those businesses are or will be addressed through other programs. Please complete the pre-qualification form as soon as possible as this is only open for two weeks, then they will start to work on the funding requests.

Application form: [new-hampshire.secure.force.com/support/GOV\\_GOFERR\\_Business\\_Survey](http://new-hampshire.secure.force.com/support/GOV_GOFERR_Business_Survey).

More information: go-

SEE CITY NEWS PAGE 6

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LEARN MORE! Visit [ccsnh.edu/WorkReadyNH](http://ccsnh.edu/WorkReadyNH) or call (603) 230-3534

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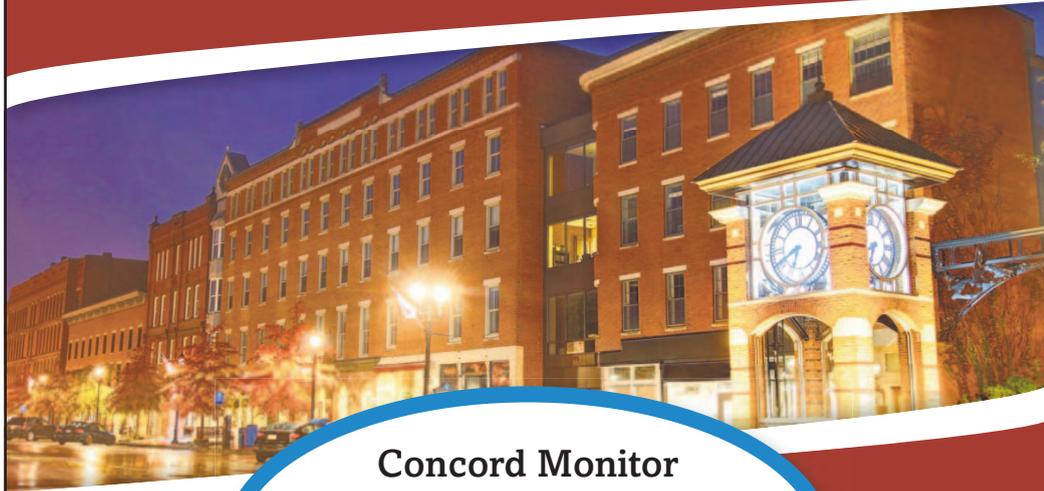
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# Has your business been affected by Covid-19?



## Concord Monitor Covid-19 Stimulus Plan

### *We are standing with you!*

The Coronavirus crisis has brought the local economy to a near standstill. During this unprecedented challenge, the Concord Monitor is offering several programs to help local businesses get back on their feet.

We are offering free media consultations, free platforms for promotion, and a limited number of matching stimulus programs.

Local businesses are the heart of the community and this program will help you maximize the impact of your marketing plan.

### It's as easy as 1,2,3

- 1.** Contact your sales consultant or go online to [ConcordMonitor.com/Local-marketing-stimulus-program](http://ConcordMonitor.com/Local-marketing-stimulus-program) and fill out the simple application form.
- 2.** Get approval within 2 business days.
- 3.** Start working on a customized advertising campaign.

**CONCORD**  **MONITOR**

For more information:

[ConcordMonitor.com/Local-marketing-stimulus-program](http://ConcordMonitor.com/Local-marketing-stimulus-program)  
or call 369-3212

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[ferr.nh.gov/covid-expenditures/main-street-relief-fund](http://ferr.nh.gov/covid-expenditures/main-street-relief-fund).

#### Hydrant Flushing

Hydrant flushing will continue for several weeks in different areas of the city. Concord water customers should view the tentative flushing schedules below to determine when flushing is scheduled to occur in their area. Customers should remember to avoid doing laundry during their flushing time and to run their tap on cold to flush the lines if discoloration occurs.

May 27: South Street to South Street, Downing Street to Allison Street, Man Street from Centre St. to Langdon Street, Low Ave. and Storrs Street, Governors Way, Peterson Circle, Metalak Street, Willard Street.

May 28: Clinton Street, Mandevilla Lane, Ferry Street to Higgins Place, Stickney Ave., Fort Eddy Road, private flushings

May 29: Clinton Street to Wilson Ave., South Street to New Castle St., Gas St. to Gulf St., Hall Street and all side streets, private flushings

June 1: Broadway to South St., Clinton St. to Stone St., Auburn St. to Westbourne Road, Westbourne Road to Little Pone Road, Penacook everything east of Village Street, Hannah Dustin, Whitney Road

June 2: South Main St. to Broadway, West St. to Rockingham St., Westbourne Road to Rumhill Road, Pleasant St. to School St., Penacook west side, Washington St., Charles St., Tanner St., Meter St.

June 3: Broadway to Bow St., Stone St. to Nivelles St., Franklin St., Auburn side streets, Rumhill Road, Pleasant View, Kensington Road, Pleasant St. to Woodman St., Penacook west side, Borough Road, River Road, Millstream Lane

To view the full schedule, visit [concordnh.gov/CivicAlerts.aspx?AID=2829](http://concordnh.gov/CivicAlerts.aspx?AID=2829).

#### Party affiliation change deadline

In accordance with RSA 654:34, Tuesday, June 2, 2020 is the last day registered voters may change their party affiliation prior to the Sept. 8, 2020 State Primary.

Registered voters wishing to confirm their current party affiliation may do so via the State of New Hampshire Voter Look Up system.

In accordance with Emergency Order 43, pursuant to Executive Order 2020-04 as extended by Executive Orders 2020-05 and 2020-08, residents wishing to make changes to their party affiliation may do so by completing a State of New Hampshire Application to Change Party Affiliation form and returning it to the City Clerk's Office on or before Tuesday, June 2, 2020.

Although municipal offices are not currently open to the public, City Clerk's Office staff members are in the office to take your calls and/or respond to your emails.

You may reach the City Clerk's Office by phone at 225-8500 or via email at [cityclerk@concordnh.gov](mailto:cityclerk@concordnh.gov).

#### Concord to Concord program

The City of Concord Parks and Recreation Department is excited to announce our partnership with the Greater Concord Chamber of Commerce, Concord, Mass., Recreation Department and Concord, Mass. Chamber of Commerce to bring our residents a fun way to stay active!

Through Monday, June 15, the recreation departments will be collecting registrations for Concord to Concord, a 63-mile virtual walk, bike or run. Participants simply register by May 31 with Concord Parks and Recreation Department, complete the 63 miles mail in their log sheet and they will be entered into a raffle to win a prize pack for a day trip to Concord,

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Mass., to be enjoyed when regular business resumes. All participants will receive a T-shirt with their registration.

Concord Parks & Recreation asks that all participants adhere to the social distancing guidelines in their community. For more information about this program or to register please visit [concordparksandrec.com](http://concordparksandrec.com) or call 225-8690.

**Citywide assessment and surveys**

The Assessing Department is conducting a city-wide reassessment to value properties at market value as of April 1, 2020. Last week, the department began sending out letters and surveys to commercial and industrial property owners. There are two surveys this year. One survey, which is sent yearly, requests information regarding the income and expenses pertaining to the real estate for the past year.

The second survey has been added due to the im-

pact of COVID-19. The questionnaire asks about what changes may have or have occurred over the months of March to June 2020. The questions ask about rental payments, tenant openings or closings, modifications to mortgage payments and funds received from state and/or federal programs. Our hope is to gain a better understanding of what the impacts of COVID-19 are at this point in time.

These surveys will assist the Assessing Department by gathering information to determine a baseline of values prior to COVID-19 and what changes have been experienced due to COVID-19 thru June 2020. We hope that property owners who were sent the questionnaires will complete them and return to the Assessing Department by June 22. The information gathered is kept confidential and is not shared or made available to the public. Property owners' cooperation will be pivotal in assisting the department in setting values

for April 1, 2020.

If property owners have any questions regarding these surveys, they can call 225-8550 Monday through Friday 8 a.m. to 4 p.m. or email [assessing@concordnh.gov](mailto:assessing@concordnh.gov).

**Ongoing business impacts survey**

We are continuing to partner with the Greater Concord Chamber of Commerce and Intown Concord to collect information from businesses and provide helpful resources. Please take our most recent survey at [survey-monkey.com/r/ongoingbiz-impact](http://survey-monkey.com/r/ongoingbiz-impact).

**Leaf collection**

This is the final week of leaf collection. Concord residents with curbside trash and recycling collection can participate by placing leaves in biodegradable yard waste bags (no plastic bags) or rigid containers labeled "leaves." Leaves must be at the curb by 7 a.m. on your scheduled trash collection day. Leaves raked loosely to

the curb are only collected during Fall Leaf Collection. Only leaves that are bagged (no plastic bags) or contained in a rigid container will be collected. Spring leaf collection will continue in coordination with trash collection through Saturday, May 30. Residents can also bring leaves to Earth Materials Recycling Center. Drop-off is free with proof of residency if the load is smaller than a non-commercial pick-up truck. Residents will be required to empty contents at the facility to confirm that loads are 100% free of any unac-

ceptable materials. Any container, bag, or miscellaneous item used to transport leaves to the recycling center must be taken back with the resident. Gelinas Excavation & Earth Materials Recycling Center's hours are Monday through Friday, 8 a.m. to 4 p.m., and Saturdays 8 a.m. to noon through May 30. Hours are weather dependent and are subject to change. Please call ahead to confirm specific drop-off times at 545-4835 or visit their website. Visit [concordnh.gov/leafcollection](http://concordnh.gov/leafcollection) for more information.

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## spread kindness

# Thank a teacher

Great educators go above and beyond to impact student lives

By **GRACIE McHUGH**  
For the Insider

**T**here are so many people going above and beyond for others right now that it's hard to choose who to focus on first. As the end of the school year is approaching and teachers have worked harder than ever during remote learning, it seemed like a good time to tell stories about local teachers who are showing kindness in action. The stories about these teachers have one thing in common. They all go "above and beyond."

I hope these stories show how much all teachers care (not just the one I wrote about) and encourage you to go above and beyond in your own life, too. For the record, all my own teachers are amazing but I didn't want to choose only teachers I have, so please don't feel left out if you weren't included!

### Abbot Downing School

**Mrs. Polanec:** Mrs. Polanec teaches 5th grade at Abbot



Polanec

Downing School. Her classroom is full of pictures and stuffed animals of her favorite animal.

Skunks! A skunk isn't exactly a cuddly or friendly animal but Mrs. Polanec makes her students believe that skunks are amazing because she's amazing! My younger sister Clara had Mrs. Polanec in 5th grade and I've never heard her talk about a teacher the way she did about Mrs. Polanec. Clara re-

ports: "Mrs. Polanec made 5th grade one of the best years of my life. She got me through so much and she was my favorite teacher I ever had. She made me want to go to school every day, because she cared about me and she was motivating and fun and I never wanted 5th grade to end." Ava DeLuca also had Mrs. Polanec for 5th grade and says: "She's an amazing teacher because she's energetic, understanding and fun." Both Ava and Clara agree that Mrs. Polanec makes everyone in her classes feel special and cared for every day!

### Rundlett Middle School

**Mrs. Bartlett and Ms. Barrett:** Ms. Barrett and Mrs. Bartlett are both a part of cluster 6-5 at RMS. If you ask any student who has ever been on 6-5 at RMS they'll tell you about how kind, fun, goofy, energetic, and amazing



Bartlett

Mrs. Bartlett is. She's a math/ science teacher and a track, cross country and Nordic coach at RMS. She stays close to all the students she has ever taught and even though she works with over 50 students every day, she makes every kid feel special. She helps kids believe in themselves when times are hard and she makes kids feel cared for in her classroom and at community activities outside



Barrett

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These are challenging, stressful times for everyone as we work through the COVID-19 Pandemic. We know that your first concerns are your health and well-being, as they should be. Financial strain can make you more vulnerable. Here are some things NHFCU is offering to provide relief to members in our community:

### Our COVID-19 Relief Efforts:

- Payment deferments for loans
- Waiver of "non-sufficient" funds fees
- Free webinars & coaching to get your finances strong & healthy

[www.nhfcu.org](http://www.nhfcu.org)

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"We exist to make a positive difference in the lives of those we serve through financial education and services."

the classroom, where she always cheers kids on. Mrs Bartlett was the first person to send me a story to tell about someone else's kindness. That story was about Ms. Barrett and this quote from Mrs. Bartlett about Ms. Barrett shows why they are both deserving of kindness recognition in this column: "Chelsea Barrett is kind, caring and supportive – she is one of the best teachers I have ever worked with – she loves kids and she is always trying to help them be better students, be happy and be safe. She has spent the quarantine helping students one-on-one, she has delivered food to the community and she just lends a smiling face to our cluster meets. I call her friend, family and colleague and she is helping me survive this horrible pandemic. Thank you Chelsea for being you!"

**Mr. Gauthier:** Mr. Gauthier teaches 8th grade social studies at RMS. Mr. Gauthier teaches kids about U.S. History but what matters more is how much he cares about every

kid. He talks to kids about their life, he gives assignments like speech projects that help prepare kids for the real world and in his classroom everyone feels cared for and happy. He has also run the 8th grade RMS Washington DC trip.

### Concord High School

**Mrs Speckman:** Mrs. Speckman is the Special Education Director at CHS and she is always smiling. Mrs. Wyatt (a teacher at CHS) says this about what makes Mrs. Speckman stand out: "She is the kind of person who would do anything for anyone. She really listens to students and has this ability to hear what they are not saying – she can read between the lines." Mr. Herr,



Speckman

"She always finds the strengths that students possess and uses this to support them in overcoming challenges they face." Mrs. Speckman is very smart and great at her job but what's more important is how she goes above and beyond for everyone with a smile!

**Mr. Herr:** Mr. Herr is a social studies teacher and is known for being fun, caring and kind. According to freshman Grace Sharpe, Mr. Herr really stands out to her as a teacher who goes above and beyond and shows kindness. She



Herr

says Mr. Herr is a very kind teacher because "he's very understanding, patient and funny and he stands out to me because he relates to kids better than most teachers." Many other CHS students agree that Mr. Herr makes learning fun, and entertaining. He also makes students care about the world and think about other people and not just themselves. He makes students want to come to his class

every day because of his kindness.

### Kindness Challenge!

Your kindness challenge this week is to thank a teacher from any time in your life who has gone above and beyond for you in some way. Maybe it was a teacher from 5 years ago, maybe 25 years ago. Whoever it was and whenever it was, it's never too late to tell

them how they changed your life! Tell me who you are thanking, what they taught you and share your thanks for a teacher who went above and beyond for you to kindnesschallenge@gmail.com or on Instagram @kindnesschallenge. I also have a KindnessChallengeNow website you can check out and post stories there too! sites.google.com/sau8.org/kindnesschallenge/home.



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Learn from industry leaders to level up your skills

#### EXCEL & DATA

##### Excel 101

Date: June 17, 8:30-10:30am

\$99

##### Data Analysis with Excel 102

Date: June 24, 3-5pm

\$99

##### Introduction to SQL

Date: July 15, 8:30-10:30am

\$99

##### Data Visualization

Date: July 21, 3:00-5:00pm

\$99

#### BUSINESS & LEADERSHIP

##### Lean Thinking & Practice

Date: August 18 & 20, 8:30-11:30am

\$199

##### Leadership Perspective

Date: June 25, 9:00-11:00am

FREE

#### GOOGLE FOR EDU

##### Google Classroom Clean Up

Date: June 9, 1:00-3:00pm

\$65

##### Clean Up Google Drive & Mail

Date: June 24, 3:00-5:00pm

\$65

##### G Suite 101

Date: July 14, 9:00-11:00am

\$65

##### Google Forms 101

Date: July 16, 9:00-11:00am

\$65

##### Google Forms Deep Dive

Date: July 23, 9:00-11:00am

\$65

##### G Suite in the Front Office

Date: July 21, 9am-12:00pm

\$95

##### Google Slides 101

Date: August 4, 9:00am -11:00am

\$65

##### Google Slides Deep Dive

Date: August 6, 9:00am-11:00am

\$65

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1- 4 courses 6 - 12 credits

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**A+ Certification Alignment**

**Understanding Addiction**  
**Four Domains of the Certified Recovery Support Worker**

#### Microcredentials

##### Information Technology



##### Programming Essentials in Python

Date: 8/3 - 8/7 - 3 Credits

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- Eligible for 51% off PCAP Exam

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Date: 7/13 - 8/17 Non Credit

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Microcredential Bootcamp

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Date: July 22, 8:30am-2:30pm

\$149

##### Google Educator Level 2

Date: July 29, 8:30am-2:30pm

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**making good health simple**

# The plank

By **LAUREN MERCER**  
For the Insider

With gyms closed and at least some social distancing precautions expected to continue through the summer, it might be hard to keep up the routines you are used to doing. However, it is still important to stay active for a healthy body and mind. Instructors from 43 Degrees North will be sharing quick exercises with the *Insider* that you can do at home.

## The Plank

It's one of my favorite exercises because you can do it anytime and anywhere! No equipment needed, just your own bodyweight!

Benefit: Core stability and strength. Specifically, the plank strengthens your spine, your rhomboids and trapezius, and your abdominal muscles and improves your overall strength and posture.

- Start on your hands and knees

- Come down to your elbows

- Walk your feet out behind you to extended legs

- Curl toes under and press out through your heels

- Check that your elbows are directly under your shoulders

- Your head and neck are neutral, creating a long line from the top of your head to the base of your spine.

Things to think about while in plank position:

- Engage your upper back to support your shoulders

- Engage your abs to protect lower back

- Slightly tuck your pelvis forward toward your ribs

- Flex your quads and push back through your heels

*(Lauren Mercer is a certified fitness instructor and teaches group exercise at 43 Degrees North Athletic Club.)*



Courtesy

Start on your hands and knees.



Lower yourself to your elbows and extend your legs to balance on your toes.

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Low lease: 24 mos, 10,000 miles per year, 1st payment, \$650 acquisition fee, \$626 dealer fee & (Corolla- \$5,976 RAV4- \$5,723 Tacoma- \$4,764, Camry- \$6,623, Highlander- \$6,553, Tundra- \$6,382) cash or trade equity due at signing, \$0 security deposit due. Subject to credit approval. Zero Down lease 36 Mos, 10,000 miles per year, with \$0 due at delivery, \$0 security deposit with approved credit. \$626 dealer fee is not included in sale price. No sales tax for NH residents. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). All manufacturers rebates to dealer. Manufacturers programs subject to change without notice. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. Special financing may affect selling price. In lieu of factory rebates. TFS Financing required. Expires 5-31-2020

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## NEW 2020 FORD F150 Super Cab 4x4 XLT



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**\$34,941**

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Low lease: 24 months, 10,500 miles per year, 1st payment, \$650 acquisition fee, \$626 dealer fee & (Explorer- \$4,728, F150- \$5,228 Ranger- \$4,728) due at signing, Zero Down Lease 36 months, 10,500 miles per year with \$0 due at delivery, \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. FMCC financing may be required. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. \* See dealer for complete details. Expires 5-31-2020.

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MOS

BUY FOR

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Before Online Savings

Additional Savings Available at www.irwinzone.com

## NEW 2020 HYUNDAI SANTA FE SE AWD



Stk# LHT105

LEASE FOR

**\$116<sup>MO</sup>**  
36  
MOS

BUY FOR

**\$23,499**

Before Online Savings

Additional Savings Available at www.irwinzone.com

Low lease: 36 months, 10,000 miles per year, 1st payment, \$650 acquisition fee, \$626 dealer fee & Kona- \$4,100, Tucson- \$4,000, Santa Fe- \$2,900 cash or trade equity due at signing, REAL \$0 Down Sign & Drive 36 months 10,000 miles per year with \$0 due at delivery, \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. See dealer for complete details. HMF financing required. Expires 5-31-2020.



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For 24 Mos

SALE PRICE  
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LJC104. MSRP (\$46,295) 24 mo. lease, 7,500 miles/yr. Lease with \$4,702 due at signing (\$3,065 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing, \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 3LN6L5F91LR608257. Expires 5-31-2020.



2019 LINCOLN  
MKC AWD

Lease For Only

**\$327**

Per Month  
For 24 Mos

SALE PRICE  
**\$31,999**

KLT336. MSRP (\$45,330) 24 mo. lease, 7,500 miles/yr. Lease with \$4,860 due at signing (\$3,262 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing, \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 5LMCJ3D98KUL49724. Expires 5-31-2020.



2019 LINCOLN  
NAUTILUS AWD

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**\$392**

Per Month  
For 24 Mos

SALE PRICE  
**\$47,563**

KLT335. MSRP (\$56,530) 24 mo. lease, 7,500 miles/yr. Lease with \$5,959 due at signing (\$4,296 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing, \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 2LMP8192KBL52843. Expires 5-31-2020.

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**PRINCIPAL – Anticipated Opening  
Gilmanton School**

Gilmanton School District is a K-8 School with 400 students. Visionary leadership and strong administrative skills needed. Please visit [www.sau79.org](http://www.sau79.org) for a complete summary of the school district and principal expectations and qualifications.

July 1, 2020 start date.

Interested applicants should submit a cover letter, resume, and three reference letters to:

Superintendent John Fauci, Gilmanton School District,  
P.O. Box 309, Gilmanton, NH 03237.

(Salary \$ 80,000 – 90,000) + full benefit package.

**QUALIFICATIONS:**

- NH licensure as Principal
- Minimum of five (5) years of teaching experience
- Administrative experience (preferred)
- Demonstrated understanding of the principles of literacy instruction, assessment, differentiated instruction, and successful teaching of students of all abilities

**LEADERSHIP QUALIFICATIONS:**

- Demonstrates strong knowledge of federal, state, and local mandates as related to students with disabilities
- Demonstrates ability to support, mentor, and model best practices and instructional strategies specifically designed for students with disabilities
- Demonstrates strong advocacy skills for all students
- Develops collaborative professional relationships
- Displays initiative, resourcefulness, and effective problem solving
- Reflects and communicates in a timely and clear manner; writes and speaks effectively
- Organizes multiple tasks, delegates when appropriate, and follows through
- Plans and facilitates relevant professional development that aligns with school and district initiatives
- Demonstrates excellent organization and communication skills
- Such other alternatives as the Superintendent of Schools may deem acceptable and appropriate

NE-329798

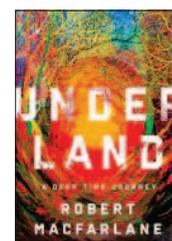
**books of the week**

**Vivid depictions  
of subterranean**

**Underland**

By Robert Macfarlane  
(Non-fiction, 496 pages,  
2019)

There are few fears as universal as darkness and claustrophobia. Few concepts as alien as the geological timescale of the Earth. Few



experiences as life changing as placing your palm against a hand-print older than your language.

Robert Macfarlane, a renowned naturalist, explorer, and author, wrote *Underland* as a bridge between our shared myths of the subterranean and the places that inspire them. Travelling across the world, Macfarlane explores a river that appears and disappears through Europe and the adventurers who raft through the darkness, learns the emerging science of buried fungal networks that connect trees into a thriving forest economy, and wit-

nesses the steps humans are taking to bury our most dangerous waste for longer than humanity may survive.

Woven through his stunning descriptions, Macfarlane brings the reader in touch with both the human experience of these places and with the completely alien lives of earth and rock and ice, and how they evolve and flow at a speed that is stationary to human eyes but is as turbulent and destructive as a tidal wave from the perspective of a planet.

*Underland* leaves its readers seeing the world no longer as a canvas upon which life has painted a tapestry, but as a roiling sea of action and reaction and depth that life has been warped, consumed, destroyed, and protected by since time immemorial. If you want a read to change the way you journey through a forest or commune with a river stone, *Underland* is that book.

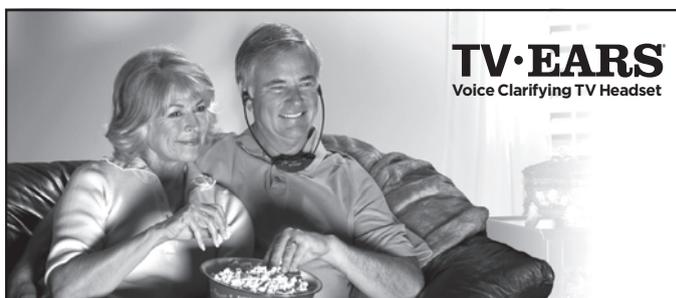
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*Aidan Sonia-Bolduc*

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# A riotous romp through space

## Gideon the Ninth

(Locked Tomb Trilogy Book 1)

By Tamsyn Muir  
(Sci-fi/fantasy, 448 pages, 2019)

Gideon is a sassy, sword-wielding ward of the desolate Ninth House. She is desperate to break free of her imprisonment and be anywhere else in the solar system, so she can kick butt, win glory, and flirt with other lady knights in peace.

Harrowhawk Nonagesimus, heir to the Ninth House and a prodigy who can summon legions of the undead from a knucklebone, delights in foiling Gideon's every attempt to leave her rule. But when the Necrolord Prime calls upon the heirs and cavaliers of each of the nine houses to compete in a deadly trial in a cursed mansion, Gideon and Harrowhawk must work together to survive the machi-

nations of the other houses and uncover the darkest secrets of necromancy.

*Gideon the Ninth* is a fantasy-in-space adventure full of gothic imagery, mounting horror, and smart-mouthed badasses that makes for a riotous adventure from start to finish. Full of queer representation, Gideon the Ninth smashes together snarky humor with gruesome battles against undead monstrosities. You won't even realize that the large, eccentric cast have wormed their way into your heart until it is too late and you're biting away at your nails hoping the dark won't consume them. A must read for fans of enemies-to-lovers, magic systems that demand a toll, the blending of science fiction and fantasy, and anyone who wants to see a woman sword fight a skeletal behemoth in the basement of a haunted laboratory and who insists on wearing sunglasses the whole time.

Visit Concord Public Library online at [concordpubliclibrary.net](http://concordpubliclibrary.net).

**Aidan Sonia-Bolduc**

**CONCORD MONITOR EDITOR** Steve Leone ([sleone@cmonitor.com](mailto:sleone@cmonitor.com)) | **INSIDER NEWS TIPS** ([news@theconcordinsider.com](mailto:news@theconcordinsider.com))

**SALES MANAGER** John Mattes ([jmattes@cmonitor.com](mailto:jmattes@cmonitor.com), 369-3242) | **ADVERTISING MANAGER** Reynold Chase ([rchase@cmonitor.com](mailto:rchase@cmonitor.com), 369-3229) | **AD SALES** Maria Adolphson (369-3201, [madolphson@cmonitor.com](mailto:madolphson@cmonitor.com)), Justin Graybill ([jgraybill@cmonitor.com](mailto:jgraybill@cmonitor.com), 369-3274), Tom Miller ([tmiller@cmonitor.com](mailto:tmiller@cmonitor.com), 369-3214), Barbara Schmelzer ([bschmelzer@cmonitor.com](mailto:bschmelzer@cmonitor.com), 369-3211)

**SALES SUPPORT** Nicole Barnes ([nbarnes@cmonitor.com](mailto:nbarnes@cmonitor.com), 369-3202), Laura Guyette ([lguyette@cmonitor.com](mailto:lguyette@cmonitor.com), 369-3241)

*The Concord Insider* is published weekly by the Concord Monitor. Our offices are located at 1 Monitor Drive, Concord, NH. Our postal address is P.O. Box 1177, Concord, NH, 03302-1177.

*What's happening in your town?*

Find out every week in the Town Crier section.

**SUNDAY MONITOR**

# HELP WANTED INSIDER

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## ANDOVER SCHOOL DISTRICT

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[www.aemseagles.org](http://www.aemseagles.org)

### Custodian Needed

Andover School District has an immediate opening for a full time custodian. Applicants should have high school diploma, general knowledge of cleaning products/procedures, ability to lift 75 lbs. Competitive salary and benefit package.

All applicants must submit completed application and 3 current letters of reference to [kkeyser@mvsdpride.org](mailto:kkeyser@mvsdpride.org). Position will remain open until satisfactorily filled.

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## FIRE CHIEF (PART-TIME) TOWN OF BRADFORD, NH

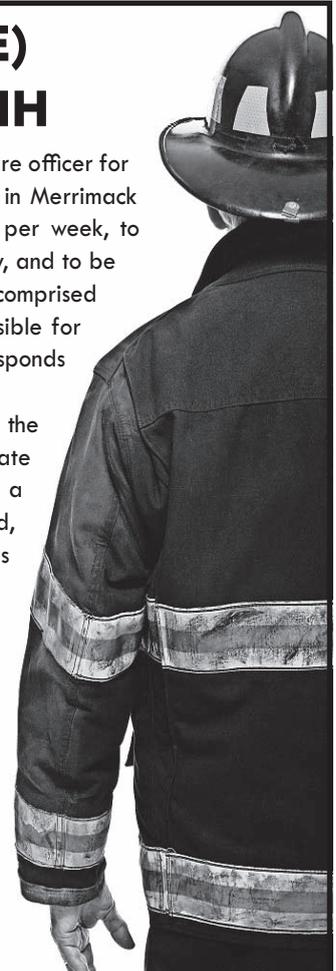
The Town of Bradford, NH (pop 1,650), is seeking an experienced fire officer for the position of part-time fire chief. Bradford is a rural community in Merrimack County. The Chief is expected to work approximately 24 hours per week, to maintain regular office hours, respond to emergencies when on-duty, and to be available for emergency call-backs. The Bradford Fire Department is comprised of an on-call staff of approximately 15 personnel, and is responsible for providing fire, rescue, and EMS first response. The department responds from 1 fire station to approximately 140 calls annually.

Bradford is governed by a three-member Board of Selectmen, with the Fire Chief reporting to the Board of Selectmen. The ideal candidate will have an Associate's or degree (Bachelor's preferred) with a concentration in Fire Science, Public Administration, or related field, and 10 years of experience in the fire service, with at least 5 years of supervisory experience; or any combination of education and experience which demonstrates possession of required knowledge, skills, and abilities, and be an Emergency Medical Responder (EMR) with the ability to obtain certification as an Emergency Medical Technician (EMT) from the National Registry of EMTs and an EMS Provider License from the State of NH within a year of appointment. Wages commensurate with training and experience. The Town of Bradford is an Equal Opportunity Employer.

Resume and cover letter in confidence as pdf attachment to: [recruitment@mrigov.com](mailto:recruitment@mrigov.com)

See [www.mrigov.com/career](http://www.mrigov.com/career) for additional information.

**DEADLINE: 8 AM on Friday, June 12th, 2020**



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## MERRIMACK SCHOOL DISTRICT

### Merrimack, New Hampshire

#### Professional Openings 2020/2021 School Year

#### Merrimack High School

**Math Teacher**  
**Gifted and Talented Teacher**

#### Merrimack Middle School

**Science Teacher**  
**Math Teacher**  
**Special Education Teacher**  
**Technology Education Teacher**

#### Elementary Schools

**Art Teacher**  
**K-4 Teachers**  
**School Counselor**  
**Kindergarten Teacher**  
**Special Education Coordinator**  
**Special Education Case Manager**  
**Special Education Teacher**

#### Support Staff Openings

**Paraeducators**  
**Kitchen Workers**  
**Title 1 Tutor**  
**Kindergarten Instructional Assistant**  
**Custodians**

Please apply on our website [www.sau26.org](http://www.sau26.org)

**(603) 424-6200**

**EOE**

*We offer a competitive salary and excellent benefits.*

#### LACONIA SCHOOL DISTRICT 2020-2021 DISTRICT WIDE School Psychologist

Must be able to work with children grades Pre-K through grade 12. Experience with testing and counseling in an educational setting preferred. NH Certification required.

#### Application Deadline June 1 or until filled

Please send letter of intent, resume, transcripts, certification, district application and three letters of reference to:

Amy Hinds,  
Assistant Superintendent  
P.O. Box 309  
Laconia, NH 03247

#### ELM STREET SCHOOL Grade 3 Teacher NH Certification is required

Must be able to work with children grades Pre-K through grade 12. Experience with testing and counseling in an educational setting preferred. NH Certification required.

#### Application deadline May 30 or until filled

Please send letter of intent, resume, transcripts, certification, district application and three letters of reference to:

Tara Beauchemin, Principal  
Elm Street School  
478 Elm Street  
Laconia, NH 03246

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[www.laconiaschools.org](http://www.laconiaschools.org)

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## MERRIMACK SCHOOL DISTRICT Merrimack, New Hampshire

The Merrimack School District is now accepting applications for the position of System of Care Coordinator.

**Organization Overview:** A District Mental Health Committee was formed five years ago to explore and identify ways that we can improve the mental health supports provided to students. This Committee, the System of Care and Learning Supports Committee, works on raising academic standards and meeting the needs of our learners, while also striving to understanding the complex needs of our students especially those students unavailable for learning due to mental health concerns.

**Position Summary:** The System of Care Coordinator Will facilitate, monitor and educate our staff on current practices that build a system of care in the Merrimack Community. This includes facilitating and collaborating as part of the District's System of Care and Learning Supports Committee and connecting families to resources beyond the schools.

### TERMS OF EMPLOYMENT:

School year contract with additional days and benefits.

Please apply on our website [www.sau26.org](http://www.sau26.org)

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EOE



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School District

SAU #1

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- Elementary School Principal
- Assistant Principal – Peterborough Elementary School
- Director of School Counseling
- School Psychologist
- Payroll
- Certified Occupational Therapist Assistant (COTA)
- Speech/Language Pathologist
- Special Education Paraprofessionals
- Response to Intervention Paraprofessional
- ConVal Preschool for All Program
  - o Preschool Case Manger

#### HIGH SCHOOL:

- Special Education Administrator
- Special Education Teacher
- Health and Wellness Teacher

#### MIDDLE SCHOOL:

- Special Education Teacher

#### ELEMENTARY SCHOOL:

- Elementary School Counselor
- Elementary Classroom Teacher
- Physical Education/Health Teacher
- Special Education Teacher

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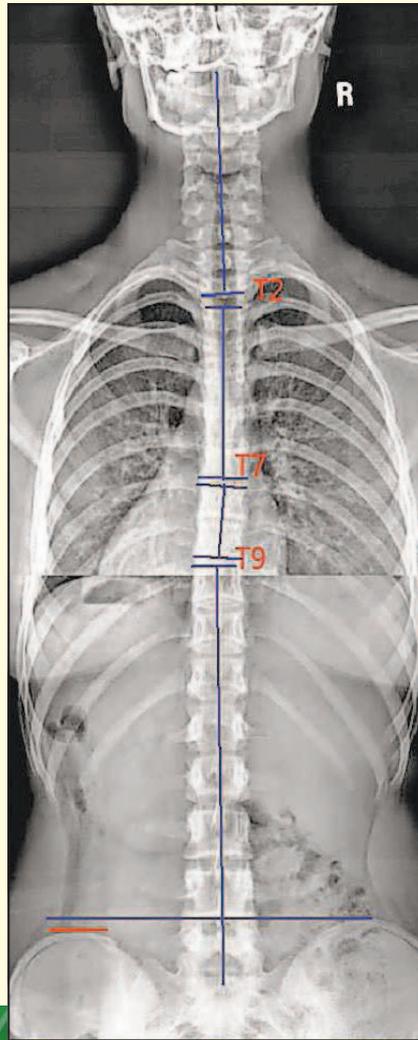
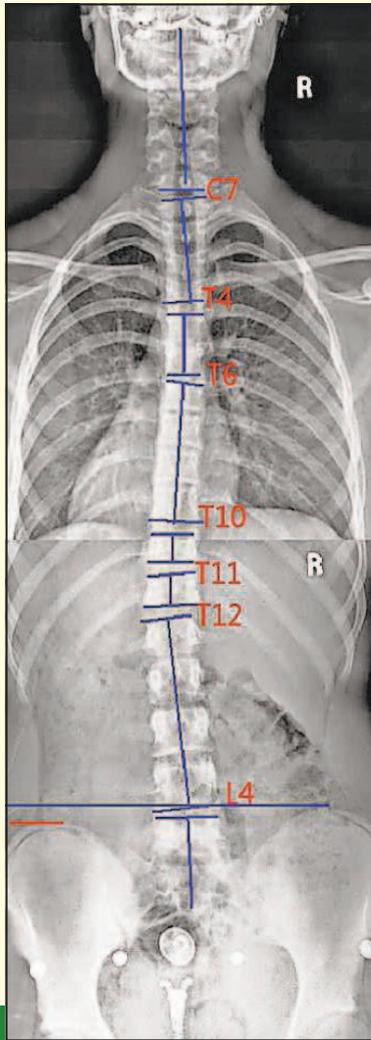
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- Neck Pain
- Digestive Problems
- Anxiety/Depression
- Allergies
- Torticollis
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**Dr. Stephanie**  
**Dr. Jennifer**

**LAKES REGION**  
677-1444  
3 Annalee Place • Meredith  
**Dr. Graham**

**EPPING/LEE**  
679-3222  
629 Calef Highway • Epping  
**Dr. David**

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