Order at the counter or call ahead to preorder!
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Ice Cream!
OPEN YEAR ROUND!!

30+ flavors of NH homemade ice cream!
Plus fresh fudge, over 10,000 lbs. of candy, gourmet chocolates and truffles, coffee, gifts and more!

Ice Cream!
6 Frozen delights
A sample of ice cream spots in and around Concord with information on offerings.

12 History
A look to the past this May week.

4 Reading
Concord librarians share best bet books.
Golf returns, survey for businesses

The city manager’s office sent out the City Manager’s Newsletter last Friday. The full newsletter can be found by going to concordnh.gov and clicking the “Newsletter” button. Here are some highlights:

**Beaver Meadow reopens**

Beaver Meadow Golf Course is reopened on Monday, May 11, with guidelines in place to provide a safe and enjoyable experience to guests. Please see their website for more information bmgc.golf.

**Business impact survey**

The city is continuing to partner with the Greater Concord Chamber of Commerce and Intown Concord to collect information from businesses and provide helpful resources. Please take the most recent survey at survey-monkey.com/r/ongoingbiz-impact.

**Parks and Rec brochure online**

Concord Parks & Rec Director David Gill provides some information about the summer and fall brochure and summer camps. Find the brochure online at concordparksandrec.com.

**Property tax relief program**

Property owners who owned and resided in their homes on April 1, 2019 may apply to the State of New Hampshire for relief of a portion of the state education property tax. There is no age requirement or asset limit for this program. A single person whose total household income was $20,000 or less in 2019 and married persons or head of New Hampshire households with total household income of $40,000 or less in 2019 may apply.

Completed forms and documentation must be post marked no earlier than May 1, 2020 and no later than June 30, 2020 to the NH DRA, Taxpayer Services Division, PO Box 299, Concord, NH 03302-0299. Applicants will need a copy of their final 2019 tax bill, that were sent to you in November, and a copy of their 2019 federal tax return. If the property is in a trust, a copy of the entire trust document must be submitted. Questions about the program may be directed to the Revenue Administration at 603-230-5920; press prompt 2. Hearing or speech impaired individuals may call TDD Access: Relay NH at 1-800-735-2964.

Applications for the State of New Hampshire’s Low and Moderate Income Homeowner’s Property Tax Relief program are available on the Department’s website at revenue.nh.gov/forms/2020/documents/dp-8-2019-print.pdf. The forms may be obtained on the City of Concord’s website at www.concordnh.gov; on the Assessing Department page the link is on the left side of the screen under the Low & Moderate Tax Relief. The forms may also be requested by calling 603-228-8550 or emailing assessing@concordnh.gov between 8 a.m. and 4:30 p.m. Monday thru Friday.

**Neighborhood street paving program**

Paving update: Continental Paving continues work on the Neighborhood Street Paving program. This week they cold planed the storm sewer ends of Bog Road and started base paving all of the driveways. Next week they will be re-setting curb and rebuilding the sidewalks behind the curb and start raising manhole covers from Fisherville Road to Cabernet Drive in preparation for final paving in the next couple of weeks. The road is closed to through traffic from 7 a.m. to 5 p.m. daily from Fisherville Road to River Road. They will also start lowering the manholes and catch basins on Ridge Road in preparation of reclaiming in the next couple of weeks.

Contracted long line striping started: The City’s contractor, Hi-Way Safety Systems Inc., continued painting the double yellow and fog lines this week.

They lost 2 days due to some personnel problems, but they are scheduled to come next week and hopefully finish the work, weather permitting.

**Spring leaf collection**

The City of Concord’s Spring Leaf Collection started on Monday, April 20, 2020. Concord residents with curbside trash and recycling collection can participate by placing leaves in biodegradable yard waste bags (no plastic bags) or rigid containers labeled “leaves.” Leaves must be at the curb by 7 a.m. on your scheduled trash collection day.

Leaves raked loosely to the curb are only collected during Fall Leaf Collection. Only leaves that are bagged (no plastic bags) or contained in a rigid container will be collected.

Spring leaf collection will continue in coordination with trash collection through Saturday, May 30, 2020. The last week of collection will be delayed by one day with no trash or leaf collection on Monday, May 25 due to the Memorial Day holiday.

Unacceptable items, including plastic bags, will not be collected.

Residents can also bring leaves to Earth Materials Recycling Center. Drop-off is free with proof of residency if the load is smaller than a non-commercial pick-up truck. Residents will be required to empty contents at the facility to confirm that loads are 100% free of any unacceptable materials. Any container, bag, or miscellaneous item used to transport leaves to the recycling center must be taken back with the resident. Gelinas Excavation & Earth Materials Recycling Center’s hours are Monday through Friday, 8 a.m. to 4 p.m., and Saturdays 8 a.m. to Noon through May 30 (with the exception of Memorial Day weekend when the facility will be closed for the holiday).

Hours are weather dependent and are subject to change. Please call ahead to confirm specific drop-off times at 545-4835 or visit their website. Visit concordnh.gov/leafcollection for more information.
Get swept away by great storytelling

**The Name of the Wind**

By Patrick Rothfuss
(Fantasy, 722 pages, 2008)

Currently on Libby as e-book

As the roads become dangerous and foreign threats turn soldiers to mercenaries, a new menace stumbles upon the sleepy village of Newarre. But was it perhaps drawn there, seeking out a kingkiller in hiding? A bloodless, powerful man who has fought with angels?

Quiet innkeeper Kvothe may be more than he appears to the village patrons ordering beer at his bar. The demure man polishes glasses and serves drinks, yet stitches wounds and entertains before they entertainers before they are slaughtered by the mysterious Chandrian. Orphaned Kvothe then lives in the woods and on the streets of Tarbean for years before an ancient story reaches beyond the veil of his trauma, propelling him to seek out the University and attempt to uncover reason behind the death of his late youth, growing up in a troupe of artists and entertainers before they are slaughtered by the mysterious Chandrian. Orphaned Kvothe then lives in the woods and on the streets of Tarbean for years before an ancient story reaches beyond the veil of his trauma, propelling him to seek out the University and attempt to uncover reason behind the death of his parents.

A brilliant mind, gifted musician, and still traumatized teenager, Kvothe’s story brings his audience—both fictional and not—to tears and laughter alike.

This is a must-read for fantasy readers, but even those who simply appreciate any type of fiction are swept away in this spellbinding story. It is a story of loss, of healing, of hatred, of love, and of the music of the soul.

Through the gifted writing of author Patrick Rothfuss, what could otherwise be an enjoyable but standard piece of high fantasy about the education of a powerful wizard becomes the enthralling frame story of Kvothe the Arcane. This book is a masterpiece.

Visit the Concord Public Library online at concordpubliclibrary.net.

Lindsey Hunterwolf

**A bit o’ fun from DePaola**

**Jamie O’Rourke and the Big Potato**

Written and illustrated by Tomie DePaola

(32 pages, 1992, children's fiction)

There is nothing like a tale told by Tomie DePaola with its distinct illustrations and lively tone. You’ll find yourself speaking with an Irish brogue as you read this fun tale aloud about “Jamie O’Rourke the laziest man in all of Ireland.” Now Jamie’s poor overworked wife is in bed and can’t get up, so it is up to Jamie to bring in the potato crop.

Jamie would rather die than work until he meets a leprechaun one night and is given one wish. Jamie wishes for the biggest potato in the world and the fun begins.

Children will delight in this tale and come away believing that maybe being lazy isn’t so bad after all. In the end everyone seems happy with the outcome, especially Jamie.

Visit the Concord Public Library online at concordpubliclibrary.net.

Lorraine Myers

**A WWII tale**

**The Chilbury Ladies’ Choir**

By Jennifer Ryan
(Fiction, 371 pages, 2017)

It is March 1940 during World War II in the English countryside, and the vicar has closed the choir because the men in the choir have gone to war. But the women start up the Chilbury Ladies’ Choir, led by the free-spirited Miss Prim.

This story is told through different characters’ letters and journals. Mrs. Tilling’s son has gone to fight and she must give a room in her small house to a huge, brusque Colonel.

A midwife is offered a large amount of money to switch babies at birth.

Young sisters Venetia and Kitty are growing up. Venetia has always had the boys following her and been the center of attention. But she falls for a stranger and can’t help loving him. And Kitty thinks that she is in love with one of Venetia’s admirers.

Miss Prim enters the Ladies’ Choir in a singing competition and the choir is not sure that they can do it. The war is coming closer to them and shattering events happen. But Mrs. Tilling and the choir find their voices. They realize that they must rely on themselves and each other. This is a moving story about love, sacrifice and the power of music.

Visit Concord Public Library online at concordpubliclibrary.net.

Robbin Bailey
A modern fable

The Boy, the Mole, the Fox and the Horse

By Charlie Mackesy
(Fable, 128 pages, 2019)

In a world today that is full of uncertainty and confusion it is welcoming to read a book about friendship and love. The Boy, the Mole, the Fox and the Horse is a well written short story to help us escape reality even if it’s just for a short period of time. This book follows the lives of four not so typical friends who spend time on a journey of self-discovery. It teaches us not to be afraid of our own weaknesses and find comfort simply in the company of our loved ones. This story gives an encouraging outlook on life and is accompanied by elegant illustrations that add to the emotion of the story. The Boy, the Mole, the Fox and the Horse is a great book for anyone who is looking for a time of peace in this hectic world and appreciates the message of kindness.

I highly recommend taking a few minutes out of your day to enjoy this story. It is a good read for all ages.

Visit Concord Public Library online at concordpubliclibrary.net

Laura Beaudette

book event

Before and after society falters

Two New Hampshire authors visit Gibson’s Bookstore virtually to discuss their new spring books on Thursday, May 14, at 6 p.m. Anthony Caplan presents Yet Today, a novel about normal people pushed to the brink while society functions, and Sam Kench, presenting The Fall of Polite, about New Hampshire families and characters struggling in lawlessness after society falters. Gibson’s will be hosting Caplan and Kench via Zoom videoconferencing. Zoom is free for audience members to use and requires no logins or registrations. They encourage you to familiarize yourself with Zoom ahead of time. A Zoom widget (computer) or app (smartphone) and an internet connection are required to participate. There is no admittance fee to attend this virtual event.

The registration link is zoom.us/webinar/register/WN_W06HasVPT2CngJSG.

Please note that registration serves only to deter casual zoom-bombers, and does not guarantee a spot if the meeting reaches capacity (100 people). The software fills the meeting room based on time of arrival, not registration date.

For more information, visit gibsonsbookstore.com/event/caplan-kench.

You Belong Here!

NHTI now offers year round scheduling

Plan ahead, get the schedule that works with your life

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Classes offered online or on campus

Start your journey today!

Schedules available at nhti.edu/schedule

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GO ANYWHERE.

Part of the Community College System of NH
It’s finally getting to that time of year when more days are warm than cold (despite what Saturday’s snowfall would have you believe). With temperatures on the rise, that can only mean one thing: ice cream season. Greater Concord area scoopers are opening their windows to all those in search of a delicious cone or sundae.

Just a reminder: Like most everything these days, hours and availability are subject to change, be sure to call in advance to confirm offerings.

Alan’s of Boscawen
133 N. Main St., Boscawen
752-6631
alansofboscawen.com
Vanilla soft-serve available. Chocolate coming soon.
Open from 11 a.m. to 9 p.m.

Arnie’s Place
164 Loudon Road, Concord
228-3225
arniesplace.com
Get scoops of ice cream made on-site. Voted the 2019 Cappies first place for Best Ice Cream.
Open Fridays, 4 to 8 p.m.; Saturdays 1 to 8 p.m.; and Sunday, 1 to 7 p.m. At this time they are serving ice cream only and recommend calling ahead. Card payment only, no cash, at this time.

Beech Hill Farm and Ice Cream
197 Beech Hill Road, Hopkinton
223-0828
beechhillfarm.com
The farm scoops ice cream from Blake’s Creamery in Manchester and Gifford’s of Maine. Voted the 2019 Cappies third place for Best Ice Cream.
Open daily 2 to 8 p.m. Customers may call ahead or order on site for take-out.
Social distance markers are in place for ordering and pick up lines. Limit crowding by having one person place a group order. Ice cream may not be eaten on the premises. Dogs must

SEE ICE CREAM PAGE 8

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Build your career

WorkReadyNH is a tuition free program designed to equip job seekers and career builders with the skills NH employers are looking for in their employees.

WorkReadyNH is a partnership between CCSONH and the NH Department of Employment Security and is funded through the NH Job Training Fund. CCSONH is an equal opportunity employer, and adaptive equipment is available upon request to those with disabilities.

LEARN MORE! Visit ccsnh.edu/WorkReadyNH or call (603) 230-3534

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**Monitor file**
Two young patrons eat ice cream at Arnie’s Place in 2018.

**Courtesy**
Beech Hill Farm scoopers are ready to take your orders.
To healthcare heroes everywhere,

THANK YOU

We thank the many healthcare heroes who leave their homes and families every day to serve others during this time of great need. We are proud to be among them, standing strong for our community.
remain in vehicles. Visitors are required to stay in designated ice cream area.

**Buza Dairy Bar**

25 S. Main St., Concord
856-8671
vibesgourmet-burgers.com/buza-dairy-bar

House made gelato and Annabelle's hard ice cream are available from this downtown spot attached to Vibes Gourmet Burgers.

Hours are 11:30 a.m. to 8 p.m.

**Frekey’s Ice Cream**

74 Fisherville Road, Concord
97 Suncook Valley Road, Chichester
228-5443 (Concord); 798-5443 (Chichester)
freekeysdairyfreeze.com

Pick-up Hood soft serve or Gifford's hard scooped ice cream from two locations. Sundae kits to take home are available at this time.

Open daily, 2 to 7 p.m.

**Friendly’s**

147 Loudon Road, Concord
223-9784
friendlysrestaurants.com

The New England based chain serves its own brand of ice cream.

Open Monday through Thursday, 11 a.m. to 9 p.m.; Friday through Sunday 11 a.m. to 10 p.m.

**Granite State Candy Shop**

13 Warren St., Concord
225-2591

SEE ICE CREAM PAGE 9
Pick-up their own super premium ice cream made with dairy provided exclusively by Contoocook Creamery. Voted the 2019 Cappies second place for Best Ice Cream.

Orange Leaf
70 N. Main St., Concord
415-3333
orangelyafyogurt.com

Open Monday through Friday, 10 a.m. to 5 p.m. Ice cream service will be available on a limited basis for in the middle of May.

Our mechanics have over 40 years combined experience, dedicated to providing high quality repairs to keep you safe and happy.

10% OFF ANY SERVICE
maximum value $50.00. Cannot be combined with any other coupons. Expires 6/30/2020

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DEMPSEYAUTOMOTIVE.COM

Our mechanics have over 40 years combined experience, dedicated to providing high quality repairs to keep you safe and happy.

10% OFF ANY SERVICE
maximum value $50.00. Cannot be combined with any other coupons. Expires 6/30/2020

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Submit events online at concordmonitor.com/Arts-Life/Calendar.

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NOT OURS!

Great Service at “YOUR” Convenience, Not Ours!

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TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

Dempsey Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on Roofing, Concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 8/2/20

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Got a trashy question? CALL US TODAY
TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

Dempsey Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on Roofing, Concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 8/2/20

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Celebrate your graduates!

In this year of all strange years, it’s more important than ever to celebrate the key people in your life who are making huge moves in their academic journeys.

No matter whether it’s a kindergartener moving to elementary school, an 8th grader going to high school, a high school senior heading for college or a college senior transitioning to the real world, MONITOR MEDIA wants to help you celebrate your graduates—from any area school or college. And in a BIG WAY, using both the Concord Monitor and Monitor EXTRA!

Reach 46,000 households in the Concord Area
  • Only $200 1/4 page full color - regular price $933
  • Only $100 1/8 page full color - regular price $471

Log on to concordmonitor.com/grad, and fill out the form with your information and a representative will call to confirm your ad and take payment. If you’re experiencing a financial hardship, but would still like to participate, please call Deb Spaulding at 369-3233 to discuss your options.

Sprinkles are poured over ice cream at Smoke Shack BBQ in Boscawen in 2017.

ICE CREAM FROM PAGE 9

- Enjoy frozen yogurt topped with all your favorites or have a smoothie. The Concord location place to reopen May 18.

Smoke Shack BBQ & Ice Cream
146 King St., Boscawen 796-2046
ss-bbq.com
Serves Bliss ice cream from a microcreamery in Attleboro, Mass.
Open daily 11 a.m. to 8 p.m.

Richardson Farm
170 Water St., Boscawen 796-2788
richardsonsfarmnh.com
Enjoy ice cream or home-made baked goods. Cash only.
Hours are Wednesday through Sunday, 1 to 6 p.m.

True Confections
374 Loudon Road, Concord
226-3536
trueconfectionsnh.com
After relocating from the Steeplegate Mall to Courtyard Square, True Confections added a full ice cream parlor to their new location. There are more than 30 flavors to try and right now they are offering a sundae party pack for you to pack your toppings home.
Open daily, 10 a.m. to 6 p.m. Call ahead to have your order packed and ready to go or delivered curbside.

Ice creams are packed to-go from True Confections on Loudon Road in Concord.
Only Once in a Lifetime

Savings Event!

Going On Now!

New 2020 Toyota Corolla LE

LEASE FOR $37/MO
Before Online Savings

BUY FOR $19,367
Before Online Savings

Additional Savings Available at www.irwinzone.com

New 2020 Toyota Rav4 LE 4x4

LEASE FOR $89/MO
Before Online Savings

BUY FOR $25,661
Before Online Savings

Additional Savings Available at www.irwinzone.com

New 2020 Toyota Tacoma SR Access Cab 4x4

LEASE FOR $99/MO
Before Online Savings

BUY FOR $25,568
Before Online Savings

Additional Savings Available at www.irwinzone.com

New 2020 Toyota Camry LE

LEASE FOR $98/MO
Before Online Savings

BUY FOR $22,650
Before Online Savings

Additional Savings Available at www.irwinzone.com

Low lease: 24 mos. 10,000 miles per year. 1st payment: $695 acquisition fee, $626 dealer fee & (236) $5,476 Mark-$5,723 Tacoma-$4,744. Camry-$6,625. Highlander-$8,553. Tundra-$10,382 cash or trade equity due at signing. $0 security deposit due. Subject to credit approval. Zero Down lease: 36 mos. 10,000 miles per year. $0 due at lease end. $0 security deposit with approved credit. $429 dealer fee is not included in sale price. No sales tax for N.H residents. 1% of MSRP makes lease approved 1/2 payments of $13.88 per month for every $1,000 borrowed. All manufacturers rebates to dealer. Manufacturers programs subject to change without notice. All vehicles reflect Irwin’s $1,000 Savings Voucher. Special financing may affect selling price. In lieu of factory rebates. TPP financing required. Exp. 5-31-2020.

New 2020 Ford Explorer XLT 4x4

LEASE FOR $148/MO
Before Online Savings

BUY FOR $38,999
Before Online Savings

Additional Savings Available at www.irwinzone.com

New 2020 Ford F-150 Raptor Super Cab 4x4

LEASE FOR $129/MO
Before Online Savings

BUY FOR $27,999
Before Online Savings

Additional Savings Available at www.irwinzone.com

New 2020 Hudson Limited AWD

LEASE FOR $99/MO
Before Online Savings

BUY FOR $23,699
Before Online Savings

Additional Savings Available at www.irwinzone.com

Low lease: 24 months, 10,000 miles per year. 1st payment: $695 acquisition fee, $626 dealer fee & (236) $5,476 Mark-$5,723 Tacoma-$4,744. Camry-$6,625. Highlander-$8,553. Tundra-$10,382 cash or trade equity due at signing. $0 security deposit due. Subject to credit approval. Zero Down lease: 36 mos. 10,000 miles per year. $0 due at lease end. $0 security deposit with approved credit. $429 dealer fee is not included in sale price. No sales tax for N.H residents. 1% of MSRP makes lease approved 1/2 payments of $13.88 per month for every $1,000 borrowed. Special financing may affect selling price. All vehicles reflect Irwin’s $1,000 Savings Voucher. See dealer for complete details. Exp. 5-31-2020.

New 2020 Lincoln MKZ Reserve AWD

LEASE FOR $366 Per Month
For 24 Mos

SALE PRICE $41,560

New 2019 Lincoln MKC AWD

LEASE FOR $327 Per Month
For 24 Mos

SALE PRICE $31,999

New 2019 Lincoln Nautilus AWD

LEASE FOR $392 Per Month
For 24 Mos

SALE PRICE $47,563

Savings based off MSRP. New vehicles only. 0% for 84 months on select Ford & Hyundai Models. Subject to credit approval. See dealer for complete details.

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MERRIMACK SCHOOL DISTRICT
Merrimack, New Hampshire 03054

School Counselor – Reeds Ferry Elementary School, Merrimack, NH

Reeds Ferry Elementary School is seeking a dynamic, energetic, and collaborative full-time school counselor for the 2020-2021 school year.

The counselor will promote the academic success and mental wellness of all students by providing a comprehensive school counseling program within an MTSS-B model.

Candidates should have exemplary interpersonal, communication and organizational skills, and have a strong knowledge base of short-term counseling strategies, regulation and behavior management techniques, and social-emotional learning programs.

Qualifications:

• A Master’s Degree and certification in New Hampshire as a School Counselor.
• Be willing to work cooperatively with other counselors, case managers/special education teachers, regular education teachers, staff and administration.
• Familiarity with the following: ASCA Counseling Model, administration of standardized tests, data interpretation, personal learning plans, 504 Plan and testing coordination, and IEPs.
• Experienced with computer-based software and applications.
• Experience in an elementary school setting is desirable.

Please apply on our website www.sau26.org
(603) 424-6200

We offer a competitive salary and excellent benefits

EOE

MAY 13, 2003: In a bold move, the Senate Judiciary Committee strips the parental notification provision from the House parental notification bill and instead passes an amended bill that outlines the required counseling a minor must receive before she can have an abortion.

MAY 13, 2000: Although mourning the death of Adam Petty the day before, drivers and race officials at New Hampshire International Speedway make clear the show must go on. “This is racing, this is what we do for a living,” says Mike Helton, NASCAR’s senior vice president. “Every now and then something like this happens, and we hope it’s a long time before it happens again.”

MAY 13, 1726: A group of Massachusetts colonists with a royal land grant arrive to settle Penny Cook. They find Judge Sewall, the first white settler, living on his 500-acre tract on the east side of the Merrimack.

MAY 13, 1774: The New Hampshire Gazette of Portsmouth reports that the king has closed the port of Boston.

MAY 13, 1777: The Seabrook 1,414 are released 14 days after their protest. Under an arrangement with prosecutors, they plead guilty and are sentenced to two weeks in jail and fined $100.

MAY 13, 1846: The New Hampshire Patriot advises Concord that the United States has declared war on Mexico. New Hampshire will enlist a battalion of 389 men, including Concord’s Fire Engine Co. No. 2 and three Patriot printers.

MAY 14, 1846: The New Hampshire Patriot advises Concord that the United States has declared war on Mexico. New Hampshire will enlist a battalion of 389 men, including Concord’s Fire Engine Co. No. 2 and three Patriot printers.

MAY 14, 1726: Having made camp near the Merrimack River the night before, a surveying party of 34 men from Haverhill, Mass., fans out in the fields and woods of what will one day be Concord.
May 14, 1977: Two convicted murderers escape from the state prison. They are Edgar Clifford Avery Jr., convicted of slaying a Concord woman, and Cleo R. Roy, sentenced to life after pleading guilty to killing a Manchester police officer.

May 14, 1993: A mother and her children narrowly avoid death when a fast-moving fire rips through their Royal Gardens apartment. Fire investigators will later report that half the fire alarms at the complex don’t work.

May 14, 1839: Birth of David Arthur Brown, leader of the Fisherville Cornet Band in Penacook and of Brown’s Band, which will become one of the finest musical acts in the state. The band will play at the unveiling of the Hannah Dustin monument in Penacook.

May 15, 2003: Merrimack Valley High school is named the 2003 New Hampshire High School Representative of Excellence by the New Hampshire Excellence in Education Awards Program (the "ED"ies for short). Speaking at a school assembly principal Pam Burke says “This has got to be the most wonderful day in my professional career. You kids, year after year, are the reason we’re here. We’ve always been so proud of you. I’m just so glad the entire state knows who you are.”

May 15, 1726: At Sugar Ball in East Concord, Enoch Coffin, a Congregationalist minister, preaches at the first Christian service in the future Concord. His congregation is a group of men who have come from Massachusetts Bay Colony to survey the Plantation of Penny Cook.

May 15, 1727: A Congregational church, Concord’s first, is ready for occupancy. It is a 40-by-25-foot log structure at North Main and Chapel streets. The logs are thick enough to be bullet-proof, and the church, though windowless, has port-holes through which to shoot.

May 15, 1903: Philip Ayres, a forester traveling the White Mountains to document conditions, reports that fires are burning out of control, with flames encircling the town of Whitefield. In some places the smoke is so thick that buildings cannot be seen more than 50 yards away, and fine white ash falls from the sky like rain. Within three weeks, ash and smoke from the forest fires will be fouling laundry on clotheslines as far south as Manchester. By the time the fires burn themselves out, 310 square miles will be destroyed.


May 15, 1908: Unable to keep up with the Concord City Auditorium for live shows, Manager Ben White of White’s Opera House begins showing continuous motion pictures and illustrated songs every day but Sunday. Admission is a dime for adults a nickel for children. The songs are by Fred Rushlow. This venture will prove an immense success.

May 15, 1990: White House Chief of Staff John H. Sununu makes the cover of Time magazine.

May 16, 2003: The 22nd annual Winni Derby gets underway. The three-day fishing competition on Lake Winnipesaukee draws 2,700 fishermen from as far away as Alaska.

May 16, 1893: After a sensational trial in the killing of a young woman who jilted him, Frank C. Almy, also known as George Abbott, is executed at the state prison. He is the ninth man hanged in New Hampshire and the last before capital punish-
MERRIMACK SCHOOL DISTRICT
Merrimack, New Hampshire

The Merrimack School District is now accepting applications for the position of System of Care Coordinator.

Organization Overview: A District Mental Health Committee was formed five years ago to explore and identify ways that we can improve the mental health supports provided to students. This Committee, the System of Care and Learning Supports Committee, works on raising academic standards and meeting the needs of our learners, while also striving to understanding the complex needs of our students especially those students unavailable for learning due to mental health concerns.

Position Summary: The System of Care Coordinator Will facilitate, monitor and educate our staff on current practices that build a system of care in the Merrimack Community. This includes facilitating and collaborating as part of the District’s System of Care and Learning Supports Committee and connecting families to resources beyond the schools.

TERMS OF EMPLOYMENT:
School year contract with additional days and benefits.
For more information or to apply please visit our website www.sau26.org
(603) 424-6200
We offer a competitive salary and excellent benefits

HELP WANTED

SAU#79, Gilmanton School District is seeking a part-time Business Administrator to oversee all financial functions of the District including, Operation of School, Food Services, Federal Grants and Budget. The Business Administrator provides support to the Superintendent and the Board in the areas of Technology and Transportation, CIP Development and interactions with the Town’s Budget Committee and Selectmen. Salary and Benefits are negotiable depending qualifications and experience. The Board seeks to fill this position with a start date of July 1, 2020. Applicants must be certified or eligible for an Alt IV certification upon hire. Interested parties should provide a letter of interest, resume, transcripts and three (3) current letters of recommendation. All documents should be mailed to John A. Fauci, Superintendent of Schools, SAU#79, Gilmanton School District, P.O. Box 309, Gilmanton, NH 03237.

MAY 18, 1761: As Concord residents throng “on either side of the column with cheers and huzzas” on a Saturday afternoon, the First New Hampshire Volunteer Infantry Regiment parades through the streets. It will leave for the front in a week.

MAY 18, 1864: Nathaniel Hawthorne, famed author and friend and college classmate of Franklin Pierce, dies in room No. 9 of the Pemigewasset House in Plymouth.

MAY 17, 1851: For a second time, Concord voters refuse to turn their town into a city. The vote is 582 against and 139 in favor. Two years later, they will change their minds.

MAY 18, 2003: Speaking at the graduation ceremony for New England College in Henniker, children’s author Tomie dePaola urges the 157 graduates to concentrate on finding peace, more than on achieving fame or even becoming better people. “So often we seek to hurt others because we ourselves have been hurt,” dePaola says. “If we find peace in ourselves and with ourselves, we’ll find peace with our brothers and friends, and before we know it, we’ve created a chain of peace.”

MAY 18, 2001: The Concord School District has been named one of the top 100 places in the country to get a quality music education, the Monitor reports. The survey was conducted by the VH1 Save the Music Foundation, Yamaha Corp., the National School Boards Association, the Music Teachers National Association and the American Music Conference.

May 17, 1983: Sculptor Dimitri Gerakaris oversees the installation of the steel arch at the entrance to Eagle Square. It is not an instant hit. “It looks like someone’s nightmare that hasn’t been completed,” says one passerby. “It’s art, Arthur,” corrects his wife.

May 16, 1818: Birth of Nehemiah Sleeper Bean in Gilmanton. Bean will grow up to invent the Amoskeag steam fire engine, built in Manchester and sold around the world.

May 17, 2003: Speaking at the graduation ceremony for Franklin Pierce Law Center in Concord, Massachusetts Sen. John Kerry urges the 206 graduates that it is their responsibility to practice law in a way that would halt the growing suspicion of the profession. “This law degree, particularly from Franklin Pierce Law Center, doesn’t give you the privilege of standing apart from our society, just taking care of your self,” Kerry says. “It demands that you give meaning to the word citizen.”

May 17, 2002: James Parker and Robert Tulloch, the teenagers who murdered two Dartmouth College professors, felt smarter than others, even like gods, and were training for a life above morality and the, perhaps as professional assassins, according to police interviews released today.

May 17, 1865: News of the Stamp Act reaches Portsmouth. The act is the first ever to impose levies on the colonies’ internal affairs, including taxes on newspapers, marriage licenses and playing cards. Protests begin immediately.

May 17, 1943: A bill is introduced in the New Hampshire House to dump all conscientious objectors “on an island in the middle of the Pacific ocean.”
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Lumberyard Material Handler: Duties include assisting customers and contractors locate and load materials, help receive in-coming shipments and pick loads for delivery trucks. Fork lift experience preferred and heavy lifting is required. Excellent prior work history a must. Saturday hours required on a rotating basis.

Lumber Counter Sales: Full time position in our Pembroke store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Saturday hours required on a rotating basis.

To see all the current job openings at our 9 locations, please visit our website.

You may apply in person at either location or download an application from our website and email to: dbelletetes@belletetes.com.

David Belletete, Human Resource Manager, Belletetes, Inc., 51 Peterborough Street, Jaffrey, NH 03452.
NEW RESEARCH SHEDS LIGHT ON CHIROPRACTIC, STRESS, ANXIETY & IMMUNITY

Recent research reported in the Annals of Vertebral Subluxation Research on patients suffering with anxiety, stress, pain and immune challenges reveals that chiropractic may play an important role in helping these patients. The literature included supports the role of chiropractic in those suffering from anxiety and its related health challenges and calls for more research in this area.

Research indicates that minor shifts in the structure of the spine may impact brain function, suggesting that these structural shifts may be a factor in a number of health challenges including anxiety, stress and immunity. Structural shifts may lead to nerve obstruction and could possibly result in a host of health problems related to mental health,” stated Dr. Matthew McCoy, a chiropractor, public health researcher and editor of the journal that published the study. Other chiropractic researchers have reported on similar results and reviews of the scientific research reveal numerous other studies that have shown a similar connection.

Research has shown not only that the brain relies on normal structural integrity and joint movement, but that complex neurochemical communication and pathways involved in helping humans to “feel good” and heal are tied into spinal biomechanics and their related neurological pathways.

“It makes perfect sense once you understand the neurological connections between the spine, the brain, and the nervous and immune system” stated McCoy. “The seat of human emotion is the Limbic System and we know that this system extends all the way down the spinal cord. By removing obstructions there, things like anxiety, effects from stress, immunity and well-being are affected.”

For decades mental health specialists have strived to find an answer for patients suffering from a multitude of anxiety and stress related disorders. We now know many naturally occurring brain and spinal cord chemicals play a role in emotions, anxiety, stress, immunity and pain reduction, leading to an increased sense of wellbeing.

This research describes five patients with anxiety including two women and three men. In addition to anxiety, they all complained of symptoms including stress, headache, neck pain, back pain, high cholesterol, hypertension, and overall decreased immune system function. They all had hopes of reducing their stress and anxiety levels.

The chiropractor examined each of them and found structural shifts along the spine. Other testing and an anxiety assessment confirmed findings. These structural shifts can lead to obstruction of the nerves and it is this obstruction, called vertebral subluxations, that chiropractors correct.

Following chiropractic adjustments, the patients reported improvement in their symptoms. Each showed a reduction in anxiety, reported better immune function, increased energy, better mood, better sleep, and decrease in stress.

The study’s author called for additional research to investigate the clinical implications of chiropractic in this population.

Citation:
Reduction in Anxiety & Dysautonomia in Five Adult Patients Undergoing Chiropractic Care for Vertebral Subluxation: A Case Series & Review of the Literature
Bruce Steinberg, DC, CACCP, Kate Clodgo-Gordon, DC, David G Russell, BSc (Psych), BSc (Chiro), Cert TT
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