

# THE CONCORD INSIDER

Jan. 22-28  
Free and freezing



## Celebrate winter

Downtown embraces colder days

PLUS: A look ahead at Black Ice games

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NE-2009514



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Black Ice Pond Hockey to take place this weekend



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# Yoga and the 'Space Between'

By MIKE MORRIS  
For the Insider

This week, we'll start with the words of an ancient sage. We'll start with the wisdom of the great yogi, Dave Matthews:

"The space between the tears we cry is the laughter that keeps us coming back for more. The space between the wicked lies is the hope to keep us safe from the pain."

Dave's are not exactly ancient words. He sang those words in 2001, on his album, *Everyday*. He's a little dramatic about it, but then he's also a songwriter. They're storytellers, and good storytellers also like good drama.

As I was listening to his lyrics, it struck me how often we hear this concept of the "space between" repeated in song. It's also a central concept of the practice of yoga.

I'm always looking for ways to find yoga in the world we live in. I can find beauty and peace in the fact that folks were practicing yoga 2000 years ago, but I want to know how it can help me, my neighbor and my community right now.

Here's the connection between the "space between" and yoga: Yoga teaches us to notice what happens between stimulus and response. It's learning to turn "read between the lines" to "feel between the lines." We learn to deal with the gap between "something's happening here" and "we gotta get out of this place!" Yes, the songwriters continue to comment.

Human beings are hard-wired to respond to stimuli: sound, pressure,



Courtesy of Mike Morris

Yoga can help you take that moment to think about your reaction.

movement, pain, any sensory input. Our senses take it in, our brain processes it and we react, or not. What we do with that sensory information can be shaped, shifted and changed. That's what happens in the "space between."

In the yoga room, when we're practicing postures, there's a lot happening. There is tremendous sensory input. We squeeze, stretch and struggle. We feel the discomfort of muscles working. We notice the complaining from stiff, old lower backs. We hear the bark from ornery knees. Yoga can heal what

ails you, to be sure. It takes a little time.

Ask yourself how many years it took you to get to where you are now? Put in perspective, 90 minutes in a yoga room is nothing. It's actually 6% of your day, about the same time as it takes to listen to Pink Floyd's *The Wall*. When you give yourself this time, your nervous system adapts. It's the most amazing thing. With practice, slow corrective changes happen in the body. The nervous system, the "monkey mind," begins to calm. Movement turns to stillness. It's one day, one

posture, one breath at a time.

What about outside of the yoga room? Where is this "space between?" On the highway, it's what happens between that SUV cutting you off and the realization that it didn't really effect you at all. In the mall, it's what happens between picking up that new pair of shoes and realizing that a 12th pair might be overdoing it a bit. In the neighborhood, it's the "space between" the way you care for a lawn and the way your neighbor cares for hers.

It all comes down to noticing. It's about taking control of the "space between" a stimulus and a response. Some of my favorite words on the topic come from the Indian yoga teacher, B.K.S. Iyengar:

"Yoga teaches us to cure what need not be endured and endure what cannot be cured."

One of the ways I make sense of the world is through my own songwriting. Here's a chorus to "Let a Little Color In," from the album, *Box of 64* (2009):

"The world's not black and white  
Even though you think it might  
Turn a little gray  
Now and then  
Either way it's up to you  
When the sun shines through  
When that feeling comes around again

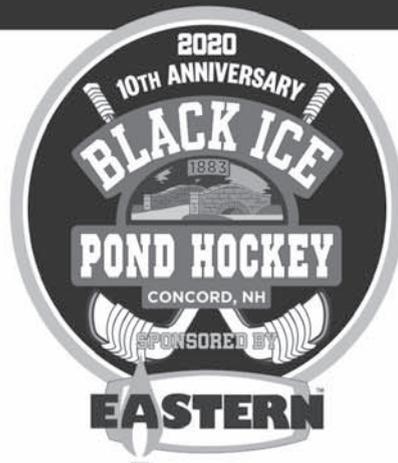
You gotta let a little color in."

Let's wrap it up with a little twist from Dave Matthews, who sung in *Gaucha* (2012):

"We gotta do much more than believe if we wanna see the world change."

Grab a yoga mat and let's do it.

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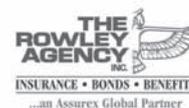


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# 'Monitor' headlines you might've missed

## New owners at Beefside

Lisa Taylor and Jay Corliss will tell you they grew up at Beefside Seafood on Manchester Street in Concord.

And in many ways, they did.

The two started working at the restaurant 30 years ago, the day after their graduations from Concord High School, for Taylor, and Merrimack Valley High School for Corliss. Taylor was a waitress, and Corliss a cook.

"After we started here, we never wanted to leave," Taylor said Thursday, in between ringing up orders at the cash register out front. "This place is our home."

And as of Jan. 1, it's also their business. Taylor and Corliss are now co-owners of Beefside.

Billy and Susan Ray, the restaurant's founders and owners for more than 40 years, sold their loyal employees the business so they could retire.

Being a new owner has meant a lot of long days for Taylor. She said she'd been there 16 hours a day helping out the staff, filing out paperwork and planning new specials.

She said being an owner has made the work even more rewarding than it was before.

"I used to love coming here every day, but now I feel it on another level," she said.

*Leah Willingham*

## Company C moving downtown

Company C will be moving its retail furniture store from its current Concord Heights space to a new location downtown by the end of March, co-founder



LEAH WILLINGHAM / Monitor staff

Company C co-founders Christine and Walter Chapin sort through colorful yarn at their furniture store on Old Turnpike Road in Concord on Friday. They'll soon be moving to a temporary site downtown.

and president Walter Chapin said.

The new store at 97 Storrs St., where Concord Antiques is now, will include 12,000 square feet split between two floors, Chapin said, making it among the biggest retail spaces downtown. It will sell Company C's signature colorful mid-to-high-end furniture, rugs, bedding and fabrics.

The space will be an upgrade in location and space for Company C – the furniture store's current site on Old Turnpike Road is 8,600 square feet.

"It's a big move for us," Chapin said Friday. "As a company, we've been a huge supporter of Concord redevelopment downtown, and our business has been growing. We're excited – we have some momentum to tell our story to a larger audience."

The move, though, is temporary. The site is where de-

veloper Tom Balon plans to build a multi-use building with an underground parking garage, retail or restaurant component and 10 condos.

However, due to rising construction costs and other unexpected engineering challenges, Balon has delayed his project for one year, until April 2021.

Chapin said the delay is a great opportunity for Company C to get a taste of doing business downtown.

"It's a chance to try a downtown location," Chapin said. "I hope it goes really well and that we can continue on, maybe with Tom in his new building, or maybe somewhere else."

*Leah Willingham*

## Penacook camp closed for summer

YMCA Camp Spaulding in Penacook has the summer off, which means lots of kids will be left out in the

cold.

The accredited residential camp alongside the Contoocook River on Bogg Road, for children 8 to 15 years old, announced this week that it no longer has the finances to remain open this summer, citing declining enrollment in recent years.

Waypoint, formerly Child and Family Services of New Hampshire, and the YMCA of Greater Nashua combined to take control in a joint five-year partnership, with Waypoint owning the camp and the Nashua YMCA operating it.

That agreement between the two nonprofits ended last year. Since 2014, more than 900 children – about 400 in the overnight program and 500 in the daytime-only session – have attended the camp, according to a press release.

"Over the past five years, enrollment has been down

and we've been incurring losses, without having success at reaching the number of campers we'd need to make it sustainable," Waypoint president and CEO Borja Alvarez de Toledo said in a follow-up email to the *Monitor*.

*Ray Duckler*

## Upgrade at park

The city of Concord, the White Park Skate House Committee and Merrimack County Savings Bank are pleased to announce that design and installation of the exterior signage for the Merrimack Lodge at White Park has completed.

The sign sits on a large granite block that was cut and installed by the Swenson Granite Company, based in Concord. The site was prepared by Tasker Landscaping, based in Loudon. R&T Electric, based in Concord, brought power to the sign, illuminating the LED lights that make it possible for the sign to be seen at night and from afar. The Merrimack received naming recognition as a result of the bank's substantial monetary contributions towards the new facility.

"Construction for the Merrimack Lodge completed in June 2019," said Tom Aspell, Concord City Manager. "The original skate house was built in 1958, and used by hundreds of skaters, and a generation of Concord's youth grew up around the facility. It sat vacant since 2003 and was demolished at the start of the nine-month re-build project. The bank's contribution will allow local residents to enjoy White Park during all seasons, for many years to come."

Read the full versions of these stories and more online at [concordmonitor.com](http://concordmonitor.com).



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## this week in history

**Jan. 22, 2002:** In a special election in Penacook held to fill the city council and state representative seats left vacant by Dave Poulin, who died suddenly two months previously, Liz Blanchard reeds in more than four times as many as her opponent, Myril Cox, and becomes the new Ward 1 city councilor.

**Jan. 22, 2001:** The Concord School Board names Chris Rath the superintendent of the city's schools. A former principal at Rundlett Junior High School and Concord High School, Rath has held the post of interim superintendent for several months.

**Jan 22, 1988:** In a front-page editorial, *Union Leader* publisher Nackey Loeb warns New Hampshire readers against voting for Bob Dole in the presidential primary. "If you want a president who will cost you money, especially in increased taxes, vote for Bob Dole. Though he isn't using the dirty word, taxes, his history does."

**Jan. 22, 1811:** A cow belonging to Abner Farnum Jr. of Concord gives birth to a two-headed calf.

**Jan. 23, 2000:** Concord's Tara Mounsey is named one of two defensemen on the Hockey News All-World Team of the 1990s. Mounsey's Olympic teammate Cammi Granato is the other American in the starting six; they are joined by three Canadians and a Finn

**Jan. 23, 1938:** The Sacred Heart Hockey Club, composed mostly of young Concord men of French Canadian descent, plays Butterfield of Quebec at the White Park rink. A crowd of 1,167 pays the 15-cent price of admission.

**Jan. 23, 1924:** Carl Sandburg appears at the Concord

City Auditorium. He reads his poems, plays his guitar and sings ballads and songs. According to the *Monitor*, Sandburg calls modern poetry "free" since it is "not marked off into measures and cadences." He also remarks on the ships and railroads of the modern world, saying that because "the earth today is belted with steel, there is much an interweaving of cultures as has never before been known. Acceleration, the chaos of life today, is reflected in the poetry.

**Jan. 24, 2002:** The Concord Police Department announces that George Pregent of Concord has been arrested and charged with four felony-level counts of possession with intent to distribute marijuana. The police found 78 pounds of the drug, the largest recovery of marijuana in the department's history.

**Jan. 24, 1988:** City leaders unveil plans for a new district courthouse to be built on Clinton Street. The cost: \$3.5 million. "We realized 10 years ago that the present court is not adequate. It has not been an easy process," says Mayor Elizabeth Hager.

**Jan. 25, 2003:** At the state Democratic Party's annual convention in Concord, both U.S. Rep. Dick Gephardt and former Vermont governor Howard Dean promise to do away with tax cuts for the wealthy, provide universal health insurance and fight terrorism through energy policy. They rouse the crowd with a vow to make the world safe for liberals again.

**Jan. 25, 2002:** Area lawmakers approve \$24.2 million worth of renovations and additions to the Merrimack County jail, wrapping up years of discussion on whether and how much county taxpayers should pay to reduce the facility's

crowding.

**Jan. 25, 2001:** Bow Police Chief Peter Cheney will retire next month, the *Monitor* reports. His decision comes just two weeks after the retirement of Deputy Chief Robert Graves. "A lot of history is walking out that door," says Bow firefighter Nicholas Cricenti. "And history is tough to replace."

**Jan. 25, 2000:** Concord receives nearly 9 inches of snow, hardly an extraordinary occurrence for late January; however, it is the first significant snowstorm of the season, and for that to come in late January is unusual.

**Jan. 25, 1989:** Gov. Judd Gregg encourages the Legislature to return to every-other-year sessions. "Give the people of New Hampshire the opportunity to correct an experiment that didn't work," he says.

**Jan. 25, 1943:** Whitman S. Bassett, state parole officer, says the 28 former New Hampshire prisoners now serving in the military will make good soldiers because of the training and discipline they endured at the state prison.

**Jan. 26, 1839:** In Concord, rain falls for 24 hours straight. The Merrimack rises 15 feet in 15 hours.

**Jan. 26, 2002:** Merrimack Valley's Luke Norton finishes second in the long jump and fourth in the high jump at the Class I/M/S boys' indoor track championships. Which isn't really all that impressive – unless you take into account the fact that both events occurred simultaneously. In doing so, he also led the Indians to a surprise third-place performance.

**Jan. 26, 1984:** Webster Bridges, chairman of the state Sweepstakes Commission, brings a sample of the state's newest instant lot-

tery games to the State House. Gov. John Sununu buys a scratch ticket and promptly wins \$2.

**Jan. 27, 2003:** The Concord City Council votes to take the historic Rolfe barn through eminent domain, stopping Ken Epworth, the barn's owner, from dismantling the building and selling the parts to an unnamed client. The Penacook Historical Society asked the city to step in so it can use the barn as a museum and community center.

**Jan. 27, 1942:** Speaking at the swearing-in ceremony for Concord Mayor John Storrs and the city's aldermen, Gov. Robert O. Blood has this to say about the world war: "We will put an end to this conflict in two years."

**Jan. 27, 1983:** Concord native John Bluto makes a brief TV appearance on an episode of "Cheers." He plays an insurance salesman, a role he played in real life in Concord for more than 10 years.

**Jan. 27, 1848:** Franklin Pierce returns home to Concord after leading a brigade in the Mexican War. A crowd of 3,000 to 4,000 people meet him at the city's new railroad station. Pierce has been gone eight months. In that time, the Concord town meeting has banned "bowling, saloons and circuses." Among those present for Pierce's welcome home is his old friend and Bowdoin College classmate Nathaniel Hawthorne.

**Jan. 28, 2000:** Mel Bolden, the charismatic portraitist and political activist who became a friend to people of all ages around the Concord area, dies on his 81st birthday. Bolden, whose artistic career spanned six decades, gained particular notoriety for his portraits of Concord teacher Christa McAuliffe, who died on the

same day in 1986 in the explosion of the space shuttle Challenger. One of the portraits hangs in the National Air and Space Museum.

**Jan. 28, 1986:** The space shuttle Challenger explodes 72 seconds after liftoff, killing all aboard, including Concord High teacher Christa McAuliffe.

**Jan. 28, 1988:** In a front page editorial, *Union Leader* publisher Nackey Loeb lets readers know she was unimpressed with a television interview by Dan Rather with Vice President George Bush: "George Bush failed to rid himself of the wimp image, and Dan Rather, who believes it is the media's purpose to make the news and not report it, didn't make all that much news."

**Jan. 28, 2002:** Convicted killer and *Monitor* columnist Ray Barham, 72, dies from cancer in the state prison infirmary. He was convicted in 1983 of first-degree murder after shooting his estranged wife's boyfriend, and started writing for the paper's editorial page in 1987. Editor Mike Pride will remember him by writing, "Ray joked about wanting to win the Pulitzer Prize. He said it was the only way to change the headline on his obituary. In fact, for many years it was his writing, not the killing, that defined him. He could not outlast the sentence he had brought upon himself, but his pen bore him through it."

**Jan. 28, 1942:** John G. Winant of Concord, the U.S. ambassador to England, tells a national defense luncheon in London that the United States will recruit an army of 7 million men. "Idleness has not been part of our national life," he says. "That is not America."

**Jan. 28, 1947:** Jeanne Shaheen is born. She be elected the state's first woman governor.

# Add health, money, history to your to do list

## CRVNA offers Walk-In Wednesday

Concord Regional VNA offers Walk-In Wednesday on Jan. 22 from 10 a.m. to Noon at Horseshoe Pond Place Senior Resource Center, 26 Commercial Street in Concord. Walk-In Wednesday is held on the fourth Wednesday of each month at the same time. Walk-In Wednesday is an opportunity to get your questions answered. A Concord Regional VNA team member is available to meet with people individually regarding their specific concerns. Whether it is in-home support, caregiver resources, community health services or questions re-

garding advance directives, we are here to help. This free program is offered on a first-come, first-serve basis. Registration is not required. For more information, call 224-4093 or (800) 924-8620, ext. 5815 or visit [crvna.org](http://crvna.org).

**Andrew Morse**

## Scholarship for women

The Women's Club of Concord is offering a scholarship opportunity to female high school students pursuing a college education in the fall of 2020. Consideration is given to academic achievement, community service, financial need, interest in women's issues, and leadership. Scholarship information is available on

the WCC website at [wccnh.com](http://wccnh.com), click "scholarship" for the application process. Due date April 1, 2020. For questions, contact Denise Bolduc, Scholarship Chairwoman, [Denise.G.Bolduc@gmail.com](mailto:Denise.G.Bolduc@gmail.com)

**Denise Bolduc**

## Historically fun family time

The New Hampshire Historical Society is offering one family program each month during the winter.

Family Fun Day, on Jan. 25 from 1 to 3 p.m., is a great way to introduce your kids or grandkids to the special things that make New Hampshire a wonderful place to live! An afternoon filled with storytelling,

hands-on activities, and New Hampshire-themed crafts, Family Fun Day is geared for families with kids ages 6 to 10, but all ages are welcome. All children must be accompanied by an adult. Admission is \$5 per family, with members free.

Reenact the American Revolution through "Red-coats and Rebels: Gaming the American Revolution," on Feb. 15, from 1 p.m. to 3 p.m. With the help of a tabletop role-playing game, children will assume the identity of a historical character and have to choose sides in the journey from colony to country. This program is geared for kids ages 10 to 15. All children must be accompanied by an adult. Admission is free for the

children and grandchildren members; \$5 per child for nonmembers. Space is limited and registration is required on [eventbrite.com](http://eventbrite.com) or by calling 856-0645.

Explore the entire state of New Hampshire in one afternoon with "Giant Steps Across New Hampshire," on March 7 from 1 p.m. to 3 p.m. Kids will play with this room-sized map to explore the regions, resources, and history of the state we all love. No shoes are allowed, so please wear socks! Geared towards kids ages 7 to 11, but all ages are welcome. Children must be accompanied by an adult. Admission is free, and registration is not required.

**Elizabeth Dubrulle**

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# See musical about music group

## Live music

### Wednesday

- Kid Pinky at Hermanos at 6:30 p.m.
- Malcolm Salls at Concord Craft Brewing from 5:30 to 7:30 p.m.
- David Levine, Roger Duhaime and friends at Area 23 at 5:30 p.m.

### Thursday

- Paul Donahue at Hermanos at 6:30 p.m.
- Chris Lester at Cheers from 5 to 8 p.m.
- Now's the Time Jazz Ensemble at the Hatbox Theatre at 7:30 p.m. as part of its Music Out of the Box series. Cost \$12 to \$18

■ Mallett Brothers Band and Dusty Gray at the Bank of N.H. Stage at 8 p.m. Bar opens at 6 p.m. Cost \$12 to \$22.

### Friday

- Ghost Light at the Bank of N.H. Stage at 8 p.m. Cost \$20, plus \$2 at door
- Midnight Americans at Area 23 at 8:30 p.m.

### Saturday

- Mark Bartram at Hermanos at 7:30 p.m.
- Ryan Williamson at Chen Yang Li in Bow from 8 to 11 p.m.
- Mikey G at the Concoocook Farmers Market at the Maple Street School in Hopkinton from 9 a.m. to noon
- Gabby Martin at the Downtown Concord Winter Farmers Market at the Eagle Square Atrium from 10 a.m. to 1 p.m.
- Blu Light Rain at Penuche's at 9 p.m.
- Crazy Steve at Area 23 at 1 p.m.
- Joe Messineo at Area 23 at 6 p.m.
- Blues Bros Tribute Night at Area 23 at 9 p.m.



Courtesy

Ghost Light will perform at the Bank of N.H. Stage. on Friday at 8 p.m. The bar opens at 6 p.m.

### Sunday

- John Franzosa at Hermanos at 6:30 p.m.
- John Farese at Area 23 from noon to 2 p.m.

### Monday

- Paul Bourgelais at Hermanos at 6:30 p.m.

### Tuesday

- Michael Loughlin at Hermanos at 6:30 p.m.

## Stage shows

- *Simon and Garfunkel Story* at the Capitol Center

for the Arts on Jan. 22 at 7:30 p.m. The immersive concert-style theater show chronicles the amazing journey of folk-rock duo Paul Simon and Art Garfunkel, from their humble beginnings as Tom & Jerry to their incredible success as one of the best-selling music groups of the 1960s to their dramatic split in 1970. Tickets \$44.50 to \$79.50.

■ N.H. Theatre Awards at the Capitol Center for the Arts on Jan. 25 at 7 p.m. Celebrating 18 years of showcasing community and pro-

fessional theatre companies from all over New Hampshire, the awards night dazzles and delights as the winners are named and highlights from the years' most rousing performances are presented by the original cast members and a talented ensemble of actors. Tickets \$38.50 to \$50.

- Watch the Boshoi Ballet

broadcast of *Giselle* at the Bank of N.H. Stage on Jan. 26 at 12:55 p.m. Tickets are \$12 to \$15.

## Movies at Red Rivers

- Little Women (PG)
- Parasite (R)
- Uncut Gems (R)
- WBCN and the American Revolution (NR)

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Suzanne Weaver

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The Health Services Center staff at Havenwood Heritage Heights was very pleased to receive one of 17 Bronze Awards at the American Health Care Association's National Conference held in Florida. The award was accepted by Suzanne Weaver our new Nursing Home Administrator. The Havenwood Health Services Center was recognized for its work in the area of Resident Falls Reduction.



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Please call Eliza Lebreque at 603-224-5363

[www.hhhinfo.com](http://www.hhhinfo.com)



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Concord, NH 03301



put on ice



Monitor file photos

Hundreds of spectators braved the cold to check out the action at the 1883 Black Ice Pond Hockey Championship at White Park on Jan. 25, 2019.

# Black Ice Pond Hockey postponed, then not

Tournament will be held Jan. 24-26 after all

By SARAH PEARSON  
Monitor staff

When it comes to the Black Ice Pond Hockey Tournament, without good quality ice to play hockey on, you've just got a black pond at White Park. Which is why this year's tournament was nearly postponed from Jan. 24 to 26 until Feb. 7 through 9.

Record high temps on Jan. 11 and 12 really did a number on the ice and though the air temperatures quickly dropped to the 20s, it's continued to be sunny, which can keep the ice from firming up.

"The warm weather did create a bit of havoc," said Chris Brown, chairman of the Black Ice board, on Wednesday last week.

On Friday, they announced the tournament would be postponed. But then, Monday an email went out saying it was back on!

"We are very sorry, but we are going to back to the



Warm, then sunny, days have prevented the White Pond ice from freezing into the perfect surface for hockey. Hopefully, a two-week postponement will solve the problem.

original date," Brown wrote in an email to players. Due to the presidential primary the Tuesday following the postponement date, there was no hotel availability in the city.

"The weather and pond have improved significantly over the last 24 hours and we feel that we should make the change back to the original date," Brown wrote in the email.

Warming weather has

caused issues with the scheduling of the tournament several years in a row.

In 2019, the games were held in January as originally scheduled, however, the first day was canceled due to too warm temperatures.

In 2018, the Black Ice Pond Hockey Tournament was pushed into early February.

In 2017, it was also pushed two weeks out, into February.

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In 2016, games were played in boots instead of skates and the finals had to be completed indoors at the Douglas N. Everett Arena.

Earlier, in 2012, even after being postponed two weeks, several games were still canceled due to slushy ice.

This is the 10th anniversary of the Black Ice Pond Hockey Tournament.

The games are a homecoming of sorts. Concord has a long history with hockey. The first organized hockey game played in the U.S. was at St. Paul's School's pond. The city is also home to hockey greats and Olympians Douglass Everett and Tara Mounsey.

Over time, the tournament has increased from about 40 teams to 92 this

year, which is about as many as they can fit on the ice and in the three-day schedule, Brown said. That means there are more than 650 players.

"We can't really get more on the pond without playing all night," he said.

Like previous years, there will be more activities than just hockey – though of course, that's the main attraction. There will be food trucks and other concessions, a heated spectator tent and fire pits.

Finished over the summer and re-opened for the first time during the tournament is the skate house at White Park, the Merrimack Lodge.

Though the main hockey playing doesn't begin til



Monitor file

Mary Anne Connolly of Weare gets ready to play for the Galoots during a Saturday match in February 2018, during the Black Ice Pond Hockey Tournament at White Park.

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Monitor file

Two players collide at the 2017 Black Ice Pond Hockey Tournament. This year's tournament was postponed, then un-postponed after it conflicted with the N.H. presidential primary.

Friday, the fun begins Wednesday with a kick-off reception at Buffalo Wild Wings for players, sponsors and volunteers.

On Thursday night, the younger crowd will take to the ice with matches for the Concord Capitals, New England Wildcats, N.H. Avalanche and the N.H. Junior Monarchs. Concessions, warming tent, family games and a silent auction will run during the matches.

Friday through Sunday will run the adult matches with divisions for 18+ men elite, 18+ open men, 18+ recreational mixed A, 18+ recreational mixed B, 18+ women open, 18+ women recreational, 35+ men A,

35+ men B, 50+ men A and 50+ men B.

During the weekend, family games, sales, silent auction, public skating and concessions will continue.

On Friday night, the annual fireworks display is scheduled.

Due to limited parking in the area, shuttles will run between downtown parking garages and White Park. On Saturday and Sunday only, the Concord High School and UNH School of Law parking lots will be open to the public. You can also park on the street where legal.

For more information, including a schedule of when teams are playing, visit [blackicepondhockey.com](http://blackicepondhockey.com).

**The tournament is on from Friday, Jan. 24, to Sunday, Jan. 26. Hooray!**

## Pope Memorial SPCA Tributes for December 2019

### In Honor of

Alexis Martin	Deb Cunha	Susan Callahan	Roxie
Anne Levesque	Earl	Katie Nelson	Roxie and all the Maple St.
Baby Boy	Elisabeth and Sonia Hunter	Kenneth Reid	Fantastic Felines
Betsy and Brian Schalk	Elliot Evans	Lexie	Sarah Grosvenor
Bill Platt	Glen Martin	Linda Oakes	Scott Metzger
Bob	Haley Schermerhorn	Lynn Beckwith	Sissy and Brother
Bridget Overson	Jackie	Max Schermerhorn	Spot and Sassy
Brody and Birdie	Jenifer Dickey	Melanie Pratt	Teddy
Caitlin and Ethan Rule	Jennifer Goin	Molly Stone	The best dog in the world
Caitlin's birthday	Jonah and Julius aka Calvin and Hobbes	Mom, Dad, Peanut, & Mabel	The Maccini Family
Cassie and Callie	Karen Hull	Mr. and Mrs. William Lavery	The McAuley Pets
Charley	Karen Yeaton	Nancy and Chuck Protzmann	Tom Antinerella and
Cooper	Kathryn and James	Nikki and Basia	Desi James
Dan Coghlan	Willoughby	Penelope	
		Pesto and Rachet	

### In Memory of

Abby Lange	Cleo	Leroy and Natalie Painting	Penelope
Albert & Marjorie Clark	Cookie	Liberty	Phil and Rosemary
All animals	Cooper	Linda L. Thompson	Strittmatter
All our pets	Cooper Loving-Galvin	Lisa Johnson	Preston & Helen Colbroth
All the cats who enriched my life	Charlie	Louis	Punky
Ally	Cujo	Luka, Mertlyn, and Masie	Ray and Jane Unger
Amadeus	Daisy Mason	Lynn Marie Millette	Bill and Shirley Burgess
Angel	Dashia	Maceo Parker-Lavespere	Robert
Babe	Doris Darby	Madelyn Ward	Robert C. Rose
Barbara Townsend	Eliot D. Bacheider	Maggio	Rosemary Ragen
Bert and Joanne Teague	Elizabeth Haas	Manny	Rosheen
Beverly Griswold	Emma	Marilou Marsilio	Rosie
Billy	Fiji and Kayla	Marilyn Angwin	Rosie and Ruby
Blondie	Gladys Agnew	Martin	Roxy
Blue	Gloria Lione	Martin Gross	Ryan Christie
Bonnie Sanborn	Goldie	MaryLee O'Brien	Sadie
Boo	Heidi & Molly	Meg Wilber	Savannah
Boris	Irene and Marie	Michael Barlow	Slim and Fuzz
Boss and Charlee	Jeffrey Dennett	Michael Villaggio	Smokey, Krinki, Harley, and Stikki
Bradley Mark	Jessie (shmie)	Midnight	Snowy
Brandy Hill	Joan Heath	Miss Alice	Spike
Brody	Katie, Chloe, Megan, Kitt, Nikki, Spenser, and Taryn	Missi	Taffy
Bubba	Kaylee	Molly	Tangles
Buddy	Keegan	Mr. and Mrs. Martin	Thelma and Janet Warren
Buffy	Kippy, Shadow, Shady (cats) and Allie Mae (dog)	Quimby, Jr.	Toby and Rocky
Buffy Phillips	Larry and Buddy	Muddy	Virginia Swanson
Chance	Lee Ford	Oliver	Woody
Chelsea		Oreo	
		Peaches	



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**downtown fun**

# Frosty festival celebrates winter

Intown Concord brings back Winter Fest for second year with lots of ice

Intown Concord will be bringing back its Winter Fest for a second year this weekend. Festivities will run Jan. 24 to 25. There will also be some bonus fun as early as Wednesday, Jan. 23.

Residents and visitors alike are invited to enjoy festivities, including an ice carving competition and demonstrations, themed ice bars, outdoor activities for all ages, and more at The Hotel Concord, O Steaks & Seafood, and multiple venues throughout downtown.

The shenanigans were originally scheduled to coincide with the Black Pond Ice Hockey Tournament and NHTI Winter Fling; however, the Black Pond tourney has been postponed



Michelle Olivier (right) and Tom Devaney dance a samba/salsa number during the "Dancing with the Concord Stars" program at NHTI's annual Winter Fling event in 2018.

to due too warm weather for suitable pond ice.

Fortunately, it will be cold enough (but hopefully not too cold?) for spectators to enjoy watching ice-carving demonstrations and meeting some of New England's most talented carvers on Friday starting at 3 p.m., followed by an ice carving competition on Saturday at 11 a.m. Carvings will be judged by a panel led by a team of Concord's own dignitaries. The Hotel Concord will award prizes to the top three carvers plus a People's Choice Award.

Starting on Wednesday, O Steaks and Seafood plans to have an Ice Bar with luge from 4 p.m. to 10 p.m. which will repeat through Saturday.

Concord's unique boutiques will welcome shoppers and browsers looking to enjoy a Winter Shopping Stroll, with the chance to win Downtown Dollars from Wednesday through Saturday. Shoppers are encouraged to enquire about Winter Fest specials.

On Thursday, a Concord Young Professional night will be held at the Hotel Concord with a corn hole competition scheduled from 4 to 10 p.m.

Games and activities for kids and families will be stationed throughout downtown on Friday and Saturday. Warm-up stations along Main Street will offer hot cocoa, hot cider, and toasty s'mores.

Parking is available in the covered garage located in the Capital Commons Parking Garage accessed via Storrs Street.

For more information about Winter Fest, visit [intownconcord.org](http://intownconcord.org) and follow us on Facebook.

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14 Concord Insider — Wednesday, January 22, 2020

**Daily schedule**

**Wednesday, Jan. 23**

**Ice Bar with Luge:** 4 - 10 p.m.

**Winter Shopping Stroll:** Downtown

**Thursday, Jan. 24**

**Ice Bar with Luge:** 4 - 10 p.m. at O Steaks & Seafood

**Young Professional Night:** 4 - 10 p.m. Will include Cornhole Competition. The Hotel Concord

**Winter Shopping Stroll:** Downtown

**Friday, Jan. 25**

**Intown Concord Outdoor Activities:** Late afternoon / early evening

**Demonstration Ice Carving:** Late afternoon / early evening. Various locations

**Ice Bar with Luge:** 4 - 10 p.m. O Steaks & Seafood

**Cornhole Tournament** 4 p.m. The Hotel Concord

**Hot Cocoa and Cider Warm Up:** 4 - 7 p.m. Concord Co-op

**S'mores Station:** 4 - 9 p.m. Outside Red River Theatres

**Winter Shopping Stroll:** Downtown

**Saturday, Jan. 26**

**Intown Concord Outdoor Activities:** Daylight Hours

**Ice Carving Competition:** 11 a.m. to 3 p.m. Various locations, Main Street

**Ice Carving Competition Awards:** 3 p.m. O Steaks & Seafood

**Family activities:** All day. Includes a Cornhole Tournament and surprise appearance

**Hot Cocoa and Cider Warm Up:** 11 a.m. to 3 p.m. Concord Co-op

**S'mores Station:** 11a.m. - 3 p.m. In front of Red River Theatre

**Ice Bar with Luge:** 4 - 10 p.m. O Steaks and Seafood

**Winter Shopping Stroll:** Downtown

**Winter Fling - Dancing with the Concord Stars:** 5:30 - 10:30 p.m. NHTI, Institute Drive



MONITOR FILE

Michael Legassey of Athol, Mass., works on a bald eagle ice sculpture in downtown Concord on Jan. 26, 2019. "I mainly work with wood but ice has given me a chance to experiment in a different medium," Legassey said.

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#### Interviewing Taster \$59

Feb 20, 9:30 - 11:30 am

### Introduction to Mindful

#### Communications \$59

Mar 4, 1 - 3 pm

### Mentoring with Motivational

#### Interviewing Taster \$59

Mar 6, 9 - 11 am

### Marketing for Small Businesses

Apr 8, 5:30 - 7:30 pm

## Computer Applications & Technology

### Microsoft Powerpoint \$155

Mar 2, 12:45 - 4:45 pm

### Windows Review \$75

Mar 3, 8:30 am - 12:30 pm

### Microsoft Excel I \$155

Mar 4, 8:30 am - 12:30 pm

### Word Advanced Topics \$75

Mar 4, 12:45 - 3:45 pm

### Excel Review for Level 2 \$75

Mar 9, 8:30 am - 12:30 pm

### Microsoft Excel II \$155

Mar 10, 8:30 am - 12:30 pm

### MOS Word Test Prep Day 1 & 2 \$275

Mar 11, 12:45 - 4:45 pm

### Excel work with a friend \$75

Mar 13, 8:30 - 11:30 am

### Excel 3 Functions \$155

Mar 17, 8:30 am - 12:30 pm

### Introduction to Pivot Tables \$75

Mar 17, 12:45 - 3:45 pm

### Excel Tips & Tricks \$75

Mar 20, 8:30 - 11:30 am

### Data Analysis with Excel Tools \$75

Mar 23, 12:45 - 3:45 pm

### Microsoft Excel Macros

#### & More 3.1 \$155

Mar 24, 8:30 - 11:30 am

### Excel Charts & Graphs 2.1 \$75

Mar 24, 12:45 - 3:45 pm

### MS Excel Fillable Forms \$75

Mar 27, 8:30 - 11:30 am

### Microsoft Access I \$197

Apr 6, 9 am - 12 pm

### Introductory QuickBooks \$155

May 5, 5:30 - 8 pm

### Microsoft Access II \$197

May 11, 9 am - 12 pm

### Intermediate Quickbooks \$155

Jun 2, 5:30 - 8:30 pm

## Employee Development & Business Skills

### Is Entrepreneurship Right For You

Jan 22, 5:30 - 7:30 pm

### Steps to Start a Business

Feb 11, 5:30 - 7:30 pm

### Social Media for Beginners

Mar 25, 5:30 - 7:30 pm

### Marketing for Small Businesses

Apr 8, 5:30 - 7:30 pm

### Legal Considerations for

#### New Business

Apr 14, 5:30 - 7:30 pm

### Selling for Small Businesses

Apr 22, 5:30 - 7:30 pm

### Branding Your Small Business

May 13, 5:30 - 7:30 pm

## Health Professional Development & Holistic Health

### Intro to Spiritual Energies \$49

Mar 5, 6:30 - 8:30 pm

### Reiki I \$139

Mar 14, 10 am - 4 pm

### Skin & Wound Management

#### Certification Course

Mar 16 - 20, Mon - Fri

### Reiki II \$169

Apr 18, 10 am - 4 pm

### Reiki III \$198

May 16, 10 am - 4 pm

## Leadership & Supervisory Skills

### Creating a Positive Workplace

#### Culture \$155

Jan 31, 9 am - 3 pm

### Principles of Selling-Part I \$95

Mar 3, 1 - 4 pm

### Principles of Selling-Part II \$95

Mar 10, 1 - 4 pm

### Human Resource Forum-

#### What you don't know

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Mar 12, 1 - 4 pm

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### Front Line Leadership

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May 6 - Jun 10 1 - 4 pm, runs for 6 weeks

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Feb 8, 10 am - noon

Feb 22, 10 am - noon

Mar 7, 10 am - noon

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## book of the week

# Reach the stars

## Teens enter space program

### 172 Hours on the Moon

By Johan Harstad  
2012/YA fiction

The truth is out there, and a group of teenagers is going to run head-first into it.

NASA knows the only way to revive the space program is ... sending teenagers to the moon. Nothing will get more publicity than that.

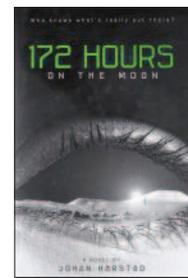
For Midori it means the escape she has been

looking for. Antoine wants to clear his head of the girl of his dreams, and the only way to do that is to leave the planet. Mia just wants to perform with her band, not go to the moon, but her family insists she'll thank them one day.

What could go wrong?

Oleg saw the eerie secrets of the moon during the first

mission in 1969. He tries to stop the launch, but his nursing home thinks it's just senile rantings. The clock ticks down as the mission becomes more and more dangerous. What will the



teenagers do when their trip of a lifetime may cost them their life? When the dark side of the moon takes on tangible form, who will make it out alive? Are they really who you think they

are?

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Visit Concord Public Library online at [concordpubliclibrary.net](http://concordpubliclibrary.net).

## bookish event

# Meet Munier

Author Paula Munier will return to Gibson's Bookstore on Feb. 4 at 6 p.m. with her latest novel *Blind Search*.

Former Army MP Mercy Carr and her retired bomb-sniffing dog Elvis are back in the sequel to the page-turning, critically acclaimed *A Borrowing of Bones: A Mercy Carr Mystery!*

It's October, hunting season in the Green Mountains, and the Vermont wilderness has never been more beautiful or more dangerous. Especially for nine-year-old Henry, who's

lost in the woods. Again. Only this time he sees something terrible. When a young woman is found shot through the heart with a fatal arrow.

Mercy thinks that something is murder. But Henry, a math genius whose autism often silences him when he should speak up most, is not talking.

Inspired by the true search-and-rescue case of an autistic boy who got lost in the Vermont wilderness, Paula Munier's mystery is a compelling roller-coaster ride through the worst of winter and human nature.

# What you need to know for primary voting

The city manager's office sent out the City Manager's Newsletter last Friday. The full newsletter can be found by going to [concordnh.gov](http://concordnh.gov) and clicking the "Newsletter" button. Here are some highlights:

## Absentee ballots

Absentee ballots for the Feb. 11, 2020, Presidential Primary Election are available from the city Clerk's office. Residents who are unable to vote at the polls on Election Day, due to absence from town, religious observance, or physical disability, may request an absentee ballot. You must be registered to vote prior to casting an absentee ballot.

Feb. 3 is the last day residents may register to vote prior to Election Day.

On Feb. 11, voting will take place from 7 a.m. to 7 p.m. at the city's ten ward locations.

Ward One: Immaculate Conception Church, Bonney Street, Penacook

Ward Two: West Congregational Church, 499 N. State St.

Ward Three: Beaver Meadow Golf Course, 1 Beaver Meadow St.

Ward Four: Boys & Girls Club of Greater Concord, 55 Bradley St.,

Ward Five: Green Street Community Center, 39 Green St.,

Ward Six: Christ the King Parish, 72 S. Main St.

Ward Seven: West Street Ward House, 41 West St.

Ward Eight: Bektash Temple, 189 Pembroke Road

Ward Nine: Havenwood, 33 Christian Ave.

Ward Ten: Broken Ground School, 51 S. Curtisville Road

To request an absentee ballot, or for more information about the upcoming election, contact the City Clerk's office at 225-8500, or via e-mail at [cityclerk@concordnh.gov](mailto:cityclerk@concordnh.gov)



MONITOR FILE

Concord city worker Ed Bisson works on putting the voting booths together for the state primary election at the Green Street gymnasium in 2018. The presidential primary will be Feb. 11.

[concordnh.gov](http://concordnh.gov). The City Clerk's office is open Monday through Friday, 8 a.m. to 4:30 p.m., with extended hours until 6 p.m. on Thursdays.

## Public forum for trail master plan

The city of Concord and the N.H. Regional Planning Commission will hold a forum on the trail master plan on Jan. 28 at 6:30 p.m. at the city council chambers, 37 Green St. You are invited to provide input to develop a community vision for trail development, discuss the future of off-road trail development and share ideas. For more information on existing trails, visit [concordnh.gov/trails](http://concordnh.gov/trails).

## Assessing presentation

On Jan. 30, from 7 to 9 p.m., Director of Real Estate Assessments Kathy Temchack will hold a public forum where she will give a presentation on the assessing process, including assessments, abatements, exemptions, credits, and tax billing. The forum will take place in City Council Cham-

bers located at 37 Green St., on the second floor. All are welcome to attend.

## Community hike

The Concord Trails Committee will lead a community hike on Saturday, Jan. 25, at 10 a.m. at the N.H. Audubon Society Trails and West End Farm Trail. Meet Fran at the Audubon Society parking area then hike Audubon trails to part of the West End Farm Trail to Turkey Pond. Learn about the first women-operated sawmill at Turkey Pond. Hike is about 3 miles and will be about 2 hours. Wear boots and consider cleats or microspikes. For more information, contact Beth at 225-8515 or email [bfenstermacher@concordnh.gov](mailto:bfenstermacher@concordnh.gov).

## Everett skating

Ice skating at the Everett Arena continues through March 13. Skating hours are Sundays from 5:30 to 7:30 p.m., and Monday through Saturday from 11:30 a.m. to 1 p.m. Admission is only \$5 (kids ages 3 and under are free) and skate rentals are available, if needed, for an additional \$5 at the arena's

pro shop.

## Chiller replacement

The Concord General Services Public Properties Division has been working to ensure that city buildings are ready to face the heat this summer. Public properties staff worked last week

with Granite State Plumbing & Heating to replace one of two chiller units for City Hall, the City Hall Annex, and the Concord Police Station. The air conditioning units were replaced with more energy efficient models for improved efficiency and reduced energy use.

## Outlook forum

The Greater Concord Chamber of Commerce invites members and the public to a lunch forum on Jan. 30, from 11:30 a.m. to 1 p.m. at the Holiday Inn, 172 N. Main St., Concord. A panel of experts will discuss issues facing this year's legislators, and how the current political climate is anticipated to influence the 2020 legislative session.

Registration is required and may be completed at [concordnhchamber.com](http://concordnhchamber.com). The cost is \$25 for Chamber members; \$35 for non-members (includes lunch). For more information, call 224-2508, via email at [events@concordnhchamber.com](mailto:events@concordnhchamber.com).

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# calendar

## Wednesday, Jan. 22

■ **Concord Regional VNA Walk-In Wednesday:** 10 a.m. - 12 p.m. A Concord Regional VNA team member answers your questions about advance directives, caregiver resources, and more. Registration is not required. Free. Horseshoe Pond Place, 26 Commercial St., Concord. 224-4093, ext. 5815.

■ **Granite State Physicians for National Healthcare Program Monthly Meetings:** 6:30 p.m. - 8:30 p.m. Granite State-PNHP is a group of physicians and non-physicians promoting a publicly funded healthcare. Meetings in Concord the fourth Wednesday of each mo Free. New Hampshire Medical Society Office, 7 N. State St., Concord. gspnhp@gmail.com.

■ **Kids Art After School:** 4:30 p.m. - 5:30 p.m. Join us every other Wednesday for our art class designed specifically for kids! Art mediums vary week to week. \$20 first child; \$15 each sibling. The Place Studio & Gallery, Concord Community Arts Center, 40 Thorndike St., Concord. 369-4906. christa@theplacestudioandgallery.com.

■ **Orr & Reno Legal Breakfast Series: 2020 Legislative Preview:** 8 a.m. - 9 a.m. Free. Orr & Reno, PA, 45 South Main Street, 4th Floor, Concord. 224-2508. events@concordnhchamber.com.

■ **The Queer Babe Mixer:** 7 p.m. - 9 p.m. \$10. True Brew Barista and Café, 3 Bicentennial Square, Concord.

■ **The Simon & Garfunkel Story at the Chubb Theatre:** 7:30 p.m. - 9:30 p.m. Capitol Center for the Arts, 44 S. Main St., Concord. 225-1111. lsabean@ccanh.com.

## Thursday, Jan. 23

■ **Author Mimi Bull:** 6 p.m. - 7:30 p.m. "Celibacy: A Love Story, memoir of a Catholic priest's daughter." Free. Gibson's Bookstore, 45 S. Main St., Concord. 224-0562. gibsonsevents@gmail.com.

■ **Men's Coffee Hour:** 9 a.m. - 10 a.m. Men's Coffee Hour is an informal time for participants to connect with other men who are grieving the loss of a spouse or significant other. Free. Wesley United Methodist Church, 79 Clinton St., Concord. 224-4093, ext. 2828.

■ **Needle Felted Van Gogh's Sunflowers:** 6 p.m. - 9 p.m.



COURTESY

The Suncook Chorale will be holding two open sings in the coming weeks.

Learn how to "paint" with wool and create your own version of Van Gogh's Sunflowers! No needle felting experience necessary. \$30 adults; \$25 students. The Place Studio & Gallery, 40 Thorndike St., Suite 2B, Concord. 6033694906. christa@theplacestudioandgallery.com.

■ **Senior Health Clinic:** 10 a.m. - 1 p.m. Services include foot care, blood pressure screening and more. Please call for an appointment. Suggested donation of \$10. St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. 224-4093, ext. 5815.

## Friday, Jan. 24

■ **Locally Grown: The Art of Sustainable Government, with author Jim Fini:** 6 p.m. - 7:30 p.m. "Locally Grown: The Art of Sustainable Government." Free. Gibson's Bookstore, 45 S. Main St., Concord. 603-224-0562. gibsonsevents@gmail.com.

■ **Queen City Improv:** 7:30 p.m. - 9:30 p.m. \$18, \$15 members, seniors, students, \$12 senior members. Hatbox Theatre, 270 Loudon Road, Concord. 715-2315. kevin@hatboxnh.com.

## Saturday, Jan. 25

■ **18th Annual New Hampshire Theatre Awards:** 7 p.m. - 10 p.m. Capitol Center for the Arts, 44 S. Main St., Concord.

■ **2020 Winter Fling - Dancing with the Concord Stars:** 5:30 p.m. - 10:30 p.m. General Admission. NHTI, 31 College Drive, Concord.

■ **Family Fun Day:** 1 p.m. - 3 p.m. Bring the whole family to the Society for an afternoon of

storytelling, hands-on activities, and fun. All children must be accompanied by an adult. Admission is \$5 per family, members admitted free of charge. New Hampshire Historical Society, 30 Park Street, Concord. 603-228-6688. cmoore@nhhistory.org.

■ **Great Composers Series: In Search of Mozart:** 10 a.m. - 12:30 p.m. Red River Theatres, 11 S. Main St., Concord.

■ **Storytime Stations:** 10:30 a.m. Four stations will be set up for your child to enjoy with you! There will be books to read, themed pages to color, a fun activity and a paper craft to make and take. Free. Heights Branch Library, 14 Canterbury Rd, Concord. 230-4932. JSalemy@concordnh.gov.

■ **Supercharge Your Success:** 10 a.m. - 2:30 p.m. \$250. NHTI, Concord's Community College, 31 College Dr, Concord. 603-230-4022. nhtibtcc@ccsnh.edu.

■ **Winter Survival Program:** 10 a.m. - 3 p.m. N.H. Audubon McLane Center, 84 Silk Farm Road, Concord.

## Sunday, Jan. 26

■ **ACLU Rights For All Concord Canvass:** True Brew Barista and Café, 3 Bicentennial Square, Concord.

■ **Climate Change:** 4 p.m. - 5:30 p.m. Kat Taylor, wife of Democratic candidate, Tom Steyer, will give a talk on climate change. Free. Women's Club of Concord, 44 Pleasant St, Concord. 603 225 3622. lvgilbert@comcast.net.

■ **Open Mic:** 9 p.m. Penuche's Ale House, 16 Bicentennial Square, Concord. 228-9833.

■ **The Starless Sea, with author Erin Morgenstern:** 2 p.m. -

3:30 p.m. "The Starless Sea" Free. Gibson's Bookstore, 45 S. Main St., Concord. 224-0562. gibsonsevents@gmail.com.

## Monday, Jan. 27

■ **Gentle Yoga:** 12 p.m. - 1 p.m. Mindful stretching, strengthening, balancing and relaxing practice with chair support. \$41 Bow Residents, \$46 non-residents. Bow Parks & Recreation, 3 Bow Center Road, Bow Center. 223-3920. aguertin@bownh.gov.

■ **Yoga Fitness:** 5:45 p.m. - 6:45 p.m. Stretch, Strengthen, Balance and Relax. All levels welcome. \$41 Bow Residents, \$46 non-residents. Bow Community Center, 3 Bow Center Road, Bow Center. 223-3920. aguertin@bownh.gov.

■ **Suncook Valley Chorale Open Sing:** 6:30 p.m. - 8:30 p.m. The Suncook Valley Chorale is a non-auditioned community chorale based in Concord. Please join us as we Sing for Joy! Free. Concord High School, 170 Warren Street, Concord. publicrelations@svcnh.org.

## Tuesday, Jan. 28

■ **Australia Day Wine Tasting:** 4 p.m. - 6 p.m. Celebrate Australia Day with a wine tasting of wines from down under! Help us donate to WIRES - the Wildlife Emergency Rescue Fund in Australia Free. Local Baskit, 10 Ferry Street, Concord. 219-0882. beth@localbaskit.com.

■ **Human Clock:** 10 a.m. - 12 p.m. Every two hours our body naturally focuses on a specific organ, knowing this will help you understand much about your anxiety, planning, etc. \$25. GoodLife Programs & Activities,

254 N. State St., Concord. 228-6630. info@goodlifenh.org.

■ **Needle Felted Chickadee:** 6 p.m. - 8 p.m. Learn how to needle felt a 3D chickadee! No experience necessary. \$25 adults; \$20 students. The Place Studio & Gallery, 40 Thorndike St., Concord. 369-4906. christa@theplacestudioandgallery.com.

■ **Needle Felting: Not your Mama's Llama:** 6 p.m. - 7:30 p.m. Materials provided; you will be able to choose a beginner or intermediate project. Teens age 13 and older are welcome as long as an adult is present. Free. Register: call 225-8670. Concord Public Library, 45 Green St., Concord. concordpubliclibrary.net.

■ **Noony Tunes Folk Jam:** 12 p.m. Concord Community Music School, 23 Wall St., Concord.

■ **Poets Kimberly Burwick and Elizabeth Bradfield:** 6 p.m. - 7:30 p.m. "Brightword" and "Toward Antarctica." Free. Gibson's Bookstore, 45 S. Main St., Concord. 224-0562. gibsonsevents@gmail.com.

■ **Senior Health Clinic:** 9 a.m. - 1 p.m. Services include foot care, blood pressure screening and more. Please call for an appointment. Suggested donation for services is \$10. City Wide Community Center, 14 Canterbury Road, Concord. 224-4093, ext. 5815.

■ **Adult Student Recital:** Jan. 29, 7 p.m. Concord Community Music School, 23 Wall St, Concord.

Submit your events at [theconcordinsider.com/calendar/submit-event](http://theconcordinsider.com/calendar/submit-event).

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Zero Down lease  
**\$289/mo.**  
for 36 mos  
Sale Price  
**\$19,480**

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Stk# LJC1075

Lease for  
**\$172/mo.**  
for 24 mos  
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**\$2,515**  
off MSRP

Zero Down lease  
**\$340/mo.**  
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Sale Price  
**\$23,280**

### NEW 2020 TOYOTA RAV4 LE 4x4



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Lease for  
**\$99/mo.**  
for 24 mos  
Save at least  
**\$2,394**  
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Zero Down lease  
**\$355/mo.**  
for 36 mos  
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**\$26,066**

### NEW 2019 TOYOTA HIGHLANDER LE AWD



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**\$166/mo.**  
for 24 mos  
Save at least  
**\$4,092**  
off MSRP

Zero Down lease  
**\$376/mo.**  
for 36 mos  
Sale Price  
**\$32,353**

### NEW 2020 TOYOTA TACOMA SR Access Cab 4x4



Stk# LJT194

Lease for  
**\$129/mo.**  
for 24 mos  
Save at least  
**\$1,750**  
off MSRP

Zero Down lease  
**\$371/mo.**  
for 36 mos  
Sale Price  
**\$27,222**

### NEW 2020 TOYOTA TUNDRA SR Double Cab 4x4 4.6L V8



Stk# LJT037

Lease for  
**\$168/mo.**  
for 24 mos  
Save at least  
**\$4,242**  
off MSRP

Zero Down lease  
**\$444/mo.**  
for 36 mos  
Sale Price  
**\$33,853**

Low lease: 24 mos, 10,000 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & (Corolla- \$4,723, Rav4- \$5,973 Tacoma- \$5,323, Camry- \$4,823, Highlander- \$5,723, Tundra- 6,123) cash or trade equity due at signing. \$0 security deposit due. Subject to credit approval. Zero Down lease 36 Mos, 10,000 miles per year, with \$0 due at delivery, \$0 security deposit with approved credit. \$626 dealer fee is not included in sale price. No sales tax for NH residents. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). All manufacturers rebates to dealer. Manufacturers programs subject to change without notice. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. Special financing may affect selling price. TFS Financing required. Expires 1-31-2020

### NEW 2020 FORD ESCAPE SE 4x4



Stk# LFT132

Lease for  
**\$196/mo.**  
for 24 mos  
Save at least  
**\$4,611**  
off MSRP

Zero Down lease  
**\$430/mo.**  
for 36 mos  
Sale Price  
**\$25,999**

### NEW 2020 FORD RANGER XL 4x4



Stk# LFT177

Lease for  
**\$97/mo.**  
for 24 mos  
Save at least  
**\$3,833**  
off MSRP

Zero Down lease  
**\$344/mo.**  
for 36 mos  
Sale Price  
**\$27,582**

### NEW 2019 FORD F150 Super Cab 4x4 XLT



Stk# KFT1182

Lease for  
**\$97/mo.**  
for 24 mos  
Save at least  
**\$15,099**  
off MSRP

Zero Down lease  
**\$365/mo.**  
for 36 mos  
Sale Price  
**\$33,871**

Low lease: 24 months, 10,500 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & (Escape- \$5,228, F150- \$5,428 Ranger- \$4,928) due at signing. Zero Down Lease 36 months, 10,500 miles per year with \$0 due at delivery, \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. FMCC financing may be required. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. \* See dealer for complete details. Expires 1-31-2020.

### NEW 2020 HYUNDAI KONA SE AWD



Stk# LLHT274

Lease for  
**\$95/mo.**  
for 36 mos  
Save at least  
**\$1,866**  
off MSRP

Zero Down lease  
**\$284/mo.**  
for 36 mos  
Sale Price  
**\$21,049**

### NEW 2020 HYUNDAI TUCSON SE AWD



Stk# LHT118

Lease for  
**\$96/mo.**  
for 36 mos  
Save at least  
**\$2,826**  
off MSRP

Zero Down lease  
**\$315/mo.**  
for 36 mos  
Sale Price  
**\$23,349**

### NEW 2020 HYUNDAI SANTA FE SE AWD



Stk# LHT105

Lease for  
**\$125/mo.**  
for 36 mos  
Save at least  
**\$2,201**  
off MSRP

Zero Down lease  
**\$329/mo.**  
for 36 mos  
Sale Price  
**\$26,949**

Low lease: 36 months, 10,000 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & Kona- \$5,000, Tucson- \$6,000, Santa Fe- \$5,500 cash or trade equity due at signing. REAL 30 Down Sign & Drive 36 months 10,000 miles per year with \$0 due at delivery, \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. See dealer for complete details. HMF financing required. Expires 1-31-2020.



LINCOLN  
2020 LINCOLN  
MKZ RESERVE  
AWD

Lease For Only

**\$394**

Per Month  
For 24 Mos

SALE PRICE  
**\$43,360**

LLC104. MSRP (\$46,295) 24 mo. lease, 7,500 miles/yr. Lease with \$5,023 due at signing (\$3,358 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 3LN6L5F91LR608257. Expires 1-31-2020.



LINCOLN  
2019 LINCOLN  
MKC AWD

Lease For Only

**\$315**

Per Month  
For 24 Mos

SALE PRICE  
**\$38,383**

KLT307. MSRP (\$45,260) 24 mo. lease, 7,500 miles/yr. Lease with \$4,841 due at signing (\$3,255 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 5LMCJ3D91KUL20422. Expires 1-31-2020.



LINCOLN  
2019 LINCOLN  
NAUTILUS AWD

Lease For Only

**\$399**

Per Month  
For 24 Mos

SALE PRICE  
**\$48,878**

KLT335. MSRP (\$55,675) 24 mo. lease, 7,500 miles/yr. Lease with \$5,966 due at signing (\$4,296 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 2LMPJ8L92KBL52843. Expires 1-31-2020.

# 1908



—James W. Spain Collection

The Huntwood Terrace is pictured at 28 S. Main St. in Concord, two lots south of the present-day Concord Food Co-Op.

A look back over a century to South Main Street. This photograph depicts the Huntwood Terrace located at 28 South Main Street in Concord. Mr. Woodbury Hunt constructed this building to house his suc-

cessful picture publishing business. He employed many of our local ancestors and captured the essence of the era with a very skillful eye as he photographed many local scenes.

*James W. Spain*

# 2020 Love Lines

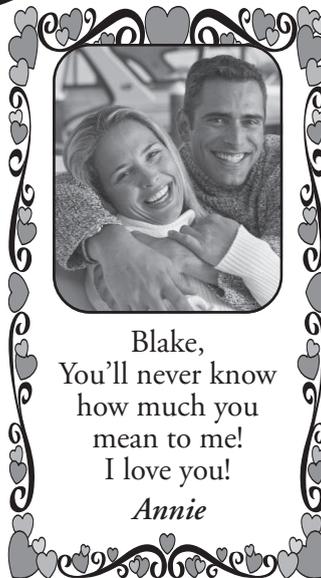
Put into words how much your loved ones mean to you by writing a love letter to them this Valentine's Day!

**Your greeting will appear in the February 14<sup>th</sup> issue of the Concord Monitor**

**It's easy!**

- Mail form below
- Submit online @ [www.concordmonitor.com/lovelines](http://www.concordmonitor.com/lovelines)
- Email: [dspaulding@cmonitor.com](mailto:dspaulding@cmonitor.com)
- Call Deb at 603-369-3233

**CONCORD MONITOR**



Blake,  
You'll never know  
how much you  
mean to me!  
I love you!

*Annie*

**Color + Photo  
\$30.00**

Send your message with payment to:  
Love Letters, Concord Monitor, PO Box 1177, Concord NH 03302-1177

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Your Sweet Talkin' Message: (25 words or less) \_\_\_\_\_

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Ask any group how they like to get their news, and the chorus of responses will sound something like this: “Website. Phone. Paper. Facebook. Newsletters. Podcasts. Friends.” We’re increasingly hearing “E-Edition” added to the list, and with good reason. A growing number of our readers think the e-edition – which is more easily defined as a digital replica of our paper – serves as a valuable bridge between the traditional benefits of a newspaper and the technical advantages of our online world. For the many who still don’t quite know what it is, we’re taking this time to introduce to you our e-edition, where you can get the day’s news – or the news of the past month – in a newspaper format that’s meant to feel familiar.

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Sheet icon: Toggle between replica view and plain text view; A – and A + icons: Decrease or increase size.



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Courtesy of Ron Boucher

Lining up a shot is Bobby Souliere from Lyndonville, Vt.

## Lining up shots for David's House

Players put hundreds in the pocket for Dartmouth hospital's family residence program

For the second time in two years the "King Of Pubs" pool series came back to Concord in support of the Children's Hospital at Dartmouth's the David's House. Players from the tri-state area converged on the Pit Road Lounge on Loudon Road for a the three-day event concluding the series. Pool players compete in different pubs and taverns for 15 weeks adding up points and shows and winning cash and prizes throughout the series. There are two sessions each year, one in the fall and one in the winter. At the end of each session, there is a finals championship where players come to win more than \$ 7,000 in cash and prizes. During that 15 weeks, a portion of the players entry fee is set aside for the David House. Players have been becoming more and more excited about the fact that they know they are playing a game they love but that it is also for a good cause. Since the event was started about 10 years ago it has raised

more than \$30,000 for the David's House. This season's series raised \$803, plus additional donations made the day of the finals. The event was started by Ron Boucher, after back in 1999, while bringing his daughter, who had leukemia to CHaD, had spent one night sleeping in his car and was later told by a nurse that there was a place where families could stay and it wouldn't cost the immediate family anything. This place was called the David's House. Since then and a few years later he began running some pool and foosball tournaments and would give a portion of the proceeds to the David's House. This eventually turned into what is now called the King of Pubs pool series. It is a weekend filled with several different events from Scotch Doubles to the big event, Singles Qualifiers, and a whole lot of great prizes from their sponsors like Narragansett, Jameson, Twisted Tea, Stroudwater Distilleries, Dunkin Donuts and Viking Cues.

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Go to [www.convalsd.net](http://www.convalsd.net), click on "Careers" and complete an application.

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**CONCORD MONITOR**

## New Hampshire Veterans Home is hiring!



If you are looking for an opportunity to make a difference, the NH Veterans Home may be the place for you! Be part of the team that is committed to providing the best quality of life for NH Veterans with dignity, honor and respect.

### Openings include:

**LNA, multiple positions**

**LPN, multiple positions**

**RN, multiple positions**

To view detailed job descriptions please visit the State of New Hampshire website <http://das.nh.gov/jobsearch/Employment.aspx>.

Applications are accepted on-line by clicking on forms, or by e-mail to the Human Resources at the New Hampshire Veterans Home: [careers@nhvh.nh.gov](mailto:careers@nhvh.nh.gov) or hard copy to NHVH Human Resources at 139 Winter Street, Tilton, NH 03276.

For further information, please call (603) 527-4400.

The NH Veterans Home is a NH State Agency providing first class family health and wellness benefits, generous leave programs, opportunities and incentives to earn additional compensation for wellness activities and choices, and much more!

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**IT WORKS WONDERS.**

**The American Heart Association**

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NOW HIRING AT ALL THE DUNKIN' LOCATIONS IN CONCORD AND THE GREATER CONCORD AREA! ALL SHIFTS AVAILABLE, STARTING WAGES \$10.00-\$12.00 PER HR. JOIN OUR FUN, MOTIVATED AND FRIENDLY TEAM! SHIFT FLEXIBILITY, AND COMPETITIVE WAGES! APPLY WITHIN AND YOU COULD GET INTERVIEWED ON THE SPOT. CONTACT JESSICA AT 603-545-8439

### LNA/MA/RN

Fastpaced private cardiology practice seeks a FT LNA or MA, Mon-Fri, 8am-5pm. Position includes but not limited to: rooming patients, taking patient vitals, completing office notes prior to patients seeing the doctor, performing EKGs, filling prescriptions via e-prescribe system, telephone triage, performing INR testing, & assisting Dr. when necessary. Exp. is preferred, however we will be willing to train the right candidate. We offer paid holidays, a retirement plan, & 100% paid health insurance. Interested parties should forward a letter of intent with a resume to Becky at: [staff@laconiacardiology.com](mailto:staff@laconiacardiology.com) or via fax at 603-528-7668.

### MEDICAL SECRETARY

Very busy private cardiology practice is seeking a Medical Secretary to fill our front desk position FT Mon-Fri, 8am-5pm. The ideal candidate will have exp. in patient checkin/check out, knowledge of ICD codes, insurance cards, & telephone triage, however we would be willing to train the right candidate. This position requires an organized individual, with strong attention to detail as well as the ability to multi-task. We offer paid holidays, retirement plan, & 100% paid health insurance. Interested applicants should forward a letter of intent & resume to Becky at [staff@laconiacardiology.com](mailto:staff@laconiacardiology.com), or fax to 603-528-7668.

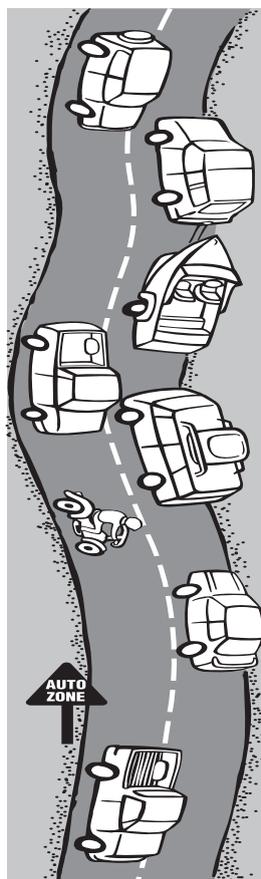
**PLEASE RECYCLE THIS NEWSPAPER.**

## Help Wanted

### RESIDENTIAL COUNSELOR/ CHILD CARE WORKER

Pine Haven Boys Center, located in Allenstown, NH, seeks an athletic, energetic, sensitive individual. Responsibilities: Leadership, direct care, recreational activities, behavior management and daily living skills. BA preferred (\$17.30 per hour), Associates minimum (\$17.10 per hour) with degree in related field. No overnights or shift rotation. Excellent benefits package. FULL-TIME POSITION. Please send resume to: [info@pinehavenboyscenter.org](mailto:info@pinehavenboyscenter.org)

## GET IN GEAR



Get your search moving by driving your car shopping to the classifieds.

CONCORD MONITOR

224-7777

[www.concordmonitor.com](http://www.concordmonitor.com)

CLASS FILLER 3



State of New Hampshire  
Department of Health and Human Services  
Division of Economic and Housing Stability  
Concord, NH

## DEPUTY DIRECTOR

LG GG • #9U391

\$77,609.48 - \$108,149.08 USD

The Division of Economic & Housing Stability (DEHS) within the Department of Health and Human Services is seeking a Deputy Director. DEHS was created in June 2018 and brings together programs to promote a more holistic, multi-generational, and integrated approach for individuals, children, and families that may be in need of an array of supports and services, such as child care, housing, food, economic, and employment assistance.

The Deputy Director will be responsible to work closely with the Division Director and Program Administrators to coordinate: staff development, recruitment and retention efforts, monitor and develop budgets and financial management practices, ensure collaboration, monitoring quality, and compliance with state and federal regulations. The Deputy Director will supervise a variety of professional employees and work closely with other Department leaders to move forward the operational objectives of the Department and DEHS.

The qualified applicant will be an experienced leader who is a team player, has experience with managing and administering complex social service programs, possess excellent written and oral communication skills, is comfortable giving presentations, and is familiar with the many programs within New Hampshire that support children and families as well as the communities of the state. A Master's Degree is preferred; a Bachelor's Degree is required.

For further information please contact Christine Santaniello, Director (DEHS), [Christine.Santaniello@DHHS.NH.GOV](mailto:Christine.Santaniello@DHHS.NH.GOV), 603-271-5023

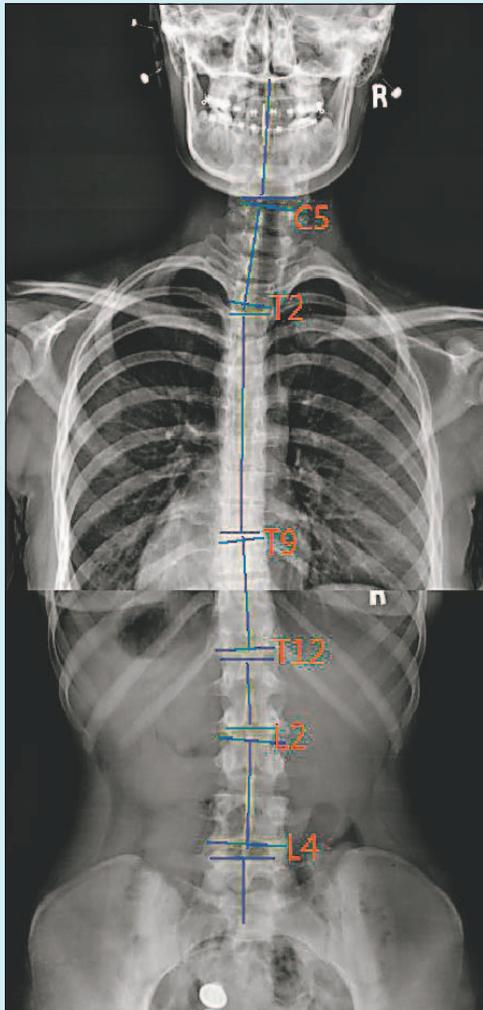
How to APPLY: Please go to the following website to submit your application electronically through NH 1st: <https://das.nh.gov/jobsearch/>. A paper application may be sent to: New Hampshire Dept. of Health and Human Services, 129 Pleasant Street, Concord, NH 03301. Please reference the position number that you are applying for: #9U391 Deputy Director. In order to receive credit for postsecondary education, a copy of official transcripts with a seal and/or signature MUST be included with the application. Please have transcripts forwarded to the Human Resources Office with the recruiting agency. Position will remain open until a qualified candidate is found. EOE.

NE-314870

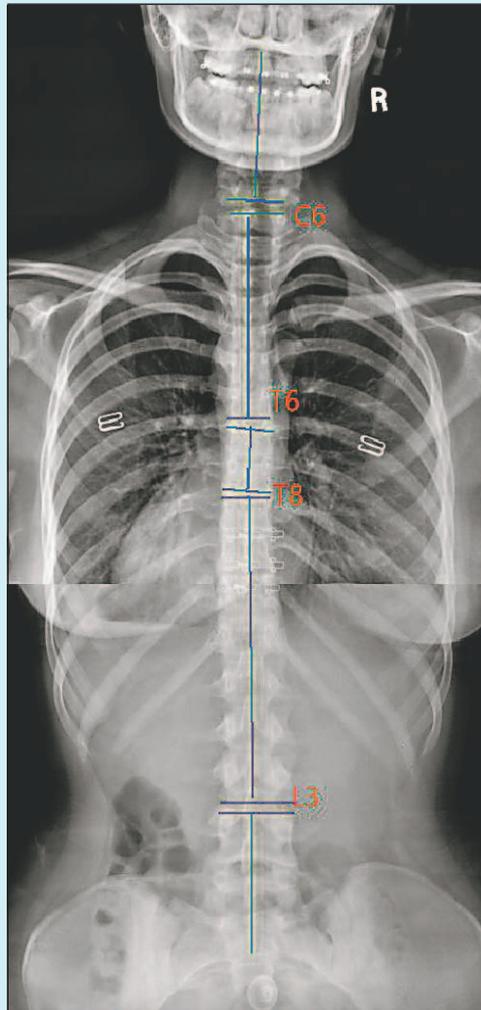


Until there's a cure, there's the  
American Diabetes Association

# ANOTHER CROSSROADS SUCCESS STORY



**BEFORE**



**PROGRESS**

*Congratulations to our January Practice Member of the Month, Alyna, Age 16!*

When Alyna came to Crossroads for help with migraine headaches. She was missing school and wasn't able to participate in dance classes she had enjoyed since childhood. After a complete chiropractic examination, including x-rays, we began adjusting Alyna regularly with a corrective care protocol.

Since starting care, Alyna says that she "has been able to focus better in school" and is no longer missing classes due to headaches. She has also been able to return to dance and reports that she feels like herself and is "able to be happy again."

We are thrilled with the positive structural changes Alyna has documented in her spinal alignment via x-rays, but we especially celebrate the incredible improvements in her quality of life!  
Congratulations Alyna!

## People come to Crossroads Chiropractic for help with:

- Chronic Ear Infections
- Acid Reflux
- Sciatica
- Scoliosis
- Numbness in Arms/ Hands
- Headaches
- Colic
- ADD/ADHD
- Asthma
- Migraine Headaches
- Neck Pain
- Digestive Problems
- Anxiety/Depression
- Allergies
- Torticollis
- Low Back Pain

\* Results may vary

**SPECIAL OFFER**

**Complete Structural Exam**

with any necessary x-rays

\$49

Expires 2/13/20

**CROSSROADS CHIROPRACTIC...**  
*Because the body heals itself!*



### THREE CONVENIENT LOCATIONS

**CONCORD**  
224-4281  
556 Pembroke St • Pembroke  
**Dr. Stephanie**  
**Dr. Jennifer**

**LAKES REGION**  
677-1444  
3 Annalee Place • Meredith  
**Dr. Graham**

**EPPING/LEE**  
679-3222  
629 Calef Highway • Epping  
**Dr. David**

[WWW.CROSSROADSCHIROPRACTIC.COM](http://WWW.CROSSROADSCHIROPRACTIC.COM)