



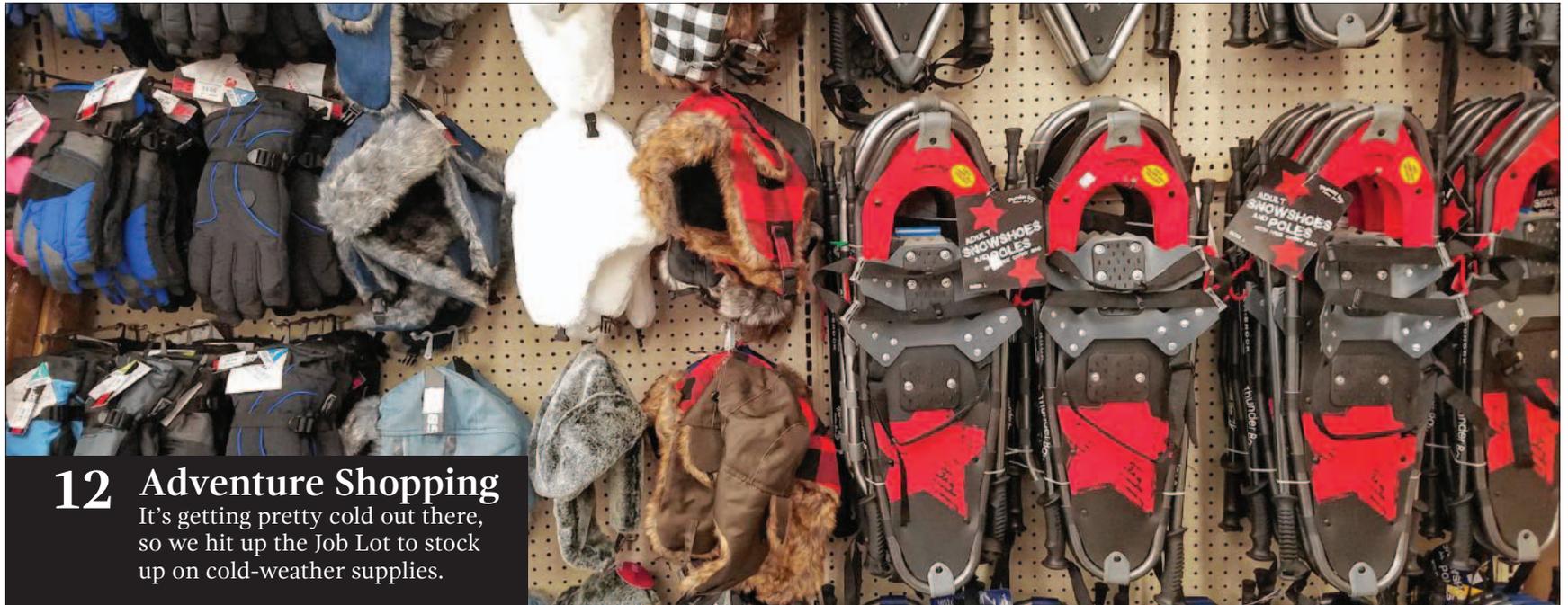
THE CONCORD
INSIDER

Nov. 19 - 25, 2019

Free(zing)

**Prepares
for the
COLD**

It's a tad bit nippy out there!



12 Adventure Shopping
It's getting pretty cold out there, so we hit up the Job Lot to stock up on cold-weather supplies.



15 From the Crowd
'Doctor Sleep': The sequel no one asked for.



17 Tasty Brew
Concord Craft Brewing Co.'s Action!

STAFF PICK



Christmas parade is Saturday

It isn't even Thanksgiving yet, but one of the first major Christmas events is already upon us – the Christmas parade. The parade will return for a 68th year on Saturday starting at 9:30 a.m. The parade route will run from the DOT parking lot at 7 Hazen Drive down Loudon Road, finishing up on Pembroke Road. The total route is about 1.1 miles, and the parade is expected to finish by about noon. If you wish'd like to make a donation, you can mail it to the Grange treasurer, Deb Patten, at 30 Pinewood Trail, Concord, NH 03301. (Cover photo by Elodie Reed) — **Jon Bodell**

find it

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Road work update, 2 Chamber events

Due to space constraints, here's a very, very brief version of the City Manager's Newsletter. See the full newsletter at concordnh.gov.

Road construction updates

Liberty Utilities will be working at the following locations this week:

- Broadway (Pillsbury Street to West Street)
- Centre Street/Liberty Street (at Roundabout)
- Manchester Street (Black Hills Road to Garvin Falls Road)
- North State Street (Centre Street to Pleasant Street)
- North Pembroke Road (Route 106 to Pembroke line)
- Pleasant Street (Spring Street to State Street)
- Wildemere Terrace (School Street to end)

There may be delays, one-lane traffic, possible road closures and encumbrances of parking spaces. Work will generally take place from 7 a.m. to 5 p.m. (Monday through Friday).

The State of New Hampshire will be installing new steam lines on Green Street and Park Street through November. Work for this week includes possible water line replacement at School Street and Green Street, which could result in road closures and detours.

Chamber of Commerce events

The Greater Concord Chamber of Commerce is pleased to present the following upcoming events for members and the general public:

■ **Concord Young Professionals Network (CYPN) November Networking:** Wednesday, 5:30 p.m. to 7:30 p.m. at Gibson's Bookstore, 45 S. Main St. Complimentary admission.

■ **Business Before Hours:** Tuesday, Nov. 26, 7:30 a.m. to 9 a.m. Hosted by NHHEAF Network Organizations, 3 Barrel Court, Concord. Chamber members \$5 prepaid or \$10 at the door.

Register for each event at cca.concordnhchamber.com.



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CONCORD MONITOR

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Book reviews published every Sunday and available online anytime at concordmonitor.com/Arts-Life/Books

Always know what to read.

CONCORD MONITOR

this week in concord history

Nov. 19, 1846: Three laborers on the Northern Railroad are buried when a sand bank near the railroad bridge in Penacook caves in. Two survive; one is killed.

Nov. 19, 1863: Lyman D. Stevens of Concord represents New Hampshire at the dedication of the national cemetery at Gettysburg, Pa. He is near Abraham Lincoln during the Gettysburg address. A prominent lawyer, Stevens will later serve as Concord's mayor, a state senator, a school board member, a bank president and president of New Hampshire College at Durham.

Nov. 19, 1892: Concord's Snowshoe Club, a men's organization, has its first celebration at its new cabin at the end of today's Via Tranquilla. Twelve members gather "in honor of Grover Cleveland and Ward 4." E.W. Batchelder, apparently having "counted too heavily upon the strength of one Benjamin Harrison" in that month's presidential election, pays for dinner.

Nov. 19, 2001: The Concord City Council makes a

three-year, \$150,000 commitment to the downtown, and on terms that downtown merchants want. The merchants hope to join the Main Street Program, an initiative to help preserve and sustain downtowns across the country.

Nov. 20, 1884: The *Evening Monitor's* City Notes column reports: "One week from today is Thanksgiving. Let the turkeys paste that in their hats."

Nov. 21, 1987: On a gusty day during which the temperature never hits 20 degrees, Concord High School defeats Salem 14-7 to win its first state football championship since 1974.

Nov. 21, 2000: Frank Monahan, a basketball coach revered locally and well-known nationally, dies of a heart attack at age 60. His coaching career included stints at Bishop Brady High School, Concord High School and Merrimack College and in the United States Basketball League. He also worked as an NBA talent scout in New England.

Nov. 21, 2001: The Brick

Tower, the last independently owned motel in Concord, will close at the end of the month. The 47-room motel, which opened in 1958, could not compete with the newer hotels in the area.

Nov. 21, 2002: Seventy-five nonunion state employees gather at the New Hampshire Technical Institute in Concord to voice frustration after discovering they must pay the state employees union for the cost of contract negotiations, and if the employees don't hand over that monthly tithe, they could get fired.

Nov. 21, 2003: On the last day of the filing period, Massachusetts Sen. John Kerry and Ohio Rep. Dennis Kucinich file for the New Hampshire presidential primary at the secretary of state's office in Concord. At closing time, the office registers the nine major Democratic candidates, President Bush and 29 long-shot candidates hoping for a moment of national publicity.

Nov. 22, 2000: For the first time in recent memory, the tax rate in Penacook will be higher than in the rest of Concord, city officials announce.

Nov. 22, 2003: The 52nd annual Holiday Magic Christmas Parade in Concord goes to the dogs, the dogs on the Rolling Bones 4-H club parade float, that is. Joining the canines on the 2-mile route up Loudon Road are high school marching bands, children on unicy-

cles, Shriners in tiny Jeeps, horses, Hooters girls and fire engines.

Nov. 23, 1911: The New Hampshire Historical Society dedicates its building in Concord. The building was designed by Guy Lowell, also architect of the Museum of Fine Arts in Boston, and financed by philanthropist Edward Tuck. The society was previously housed on North Main Street in what are now the law offices of Gallagher, Callahan and Gartrell.

Nov. 23, 2002: The Holiday Magic Parade, which has marked the beginning of the holiday season in Concord for 51 years, marches up Loudon Road in Concord. The procession includes emergency response vehicles, floats, decorated vehicles, equestrian units, clowns, eight marching bands and Santa Claus.

Nov. 23, 2003: Six years after a landmark education lawsuit sought to level the playing field for struggling New Hampshire school districts, there remain vast differences in the salaries paid to teachers throughout the state, the *Monitor* reports. Teacher salaries cover a wide spectrum and tend to reflect the relative affluence of a community. The minimum starting teacher's salary in Concord was \$28,820 in the 2002-03 school year, according to the state Department of Education's most recent statistics. Teachers in Allenstown started at \$23,909.

Nov. 24, 1812: The first inmate, John Drew of Meredith, is brought to Concord's first state prison. The prison was built near Washington Street after legislative approval in 1810. During a visit to the city, the Rev. Timothy Dwight, president of Yale, called it "a noble edifice in beautiful granite." How Drew found it is not recorded. He was sentenced to four years for stealing a horse.

Nov. 24, 1989: The temperature in Concord falls to 5 below zero, making this the coldest November day of the 20th century.

Nov. 24, 2002: Manchester Central's football team ekes out a 3-0 win for the Division I championship over Concord High at Gill Stadium.

Nov. 25, 1817: A fire consumes a large three-story house on Main Street in Concord. It will eventually be replaced by the Phenix Hotel.

Nov. 25, 1875: Although the building is not quite completed, the fire department occupies its new central station on Warren Street between Green and State streets.

Nov. 25, 2000: Interviews in downtown Concord find the public tiring of the never-ending presidential election. Speaking for many of his fellow city dwellers, Jerry Slaughter tells the *Monitor*, "I think they should just decide so we can get on with our lives."

Nov. 25, 2001: Vanasse Hangen Brustlin, a consulting company hired by Concord City Councilors to study traffic patterns on Loudon Road, concludes that instead of more lanes for traffic there should be fewer and that some traffic should be diverted to alternate routes, the *Monitor* reports.

Cocktail Parties Dinner Banquets Holiday Luncheons

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Music

Tuesday

- Open mic with Mikey G at Tandy's at 7:30 p.m.
- Kid Pinky at Hermanos Cocina Mexicana at 6:30 p.m.

Wednesday

- Irish Music After Work at Area 23 at 5:30 p.m. Various artists.
- Paul Donahue at Hermanos at 6:30 p.m.

Thursday

- Thanksgiving Shindy featuring Senie Hunt, Sonny Jim Clifford, Raid the Larder, Llava Llama, The Burnouts and Rippin' E Brakes at Penuche's at 8 p.m.
- Richard Gardzina at Hermanos at 6:30 p.m.
- The Murphy Beds, with Liz and Dan Faiella at Bank of NH Stage at 8 p.m. Tickets are \$15 plus fees at ccanh.com.

Friday

- Ehyric & B. Snair and Zooo Crew at Bank of NH Stage at 8 p.m. Tickets are \$10 plus fees at ccanh.com.
- Mr. Nick and the Dirty Tricks at Area 23 at 8:30 p.m.
- Fuzz Boxx at Makris Lobster & Steak House at 7:30 p.m.

Saturday

- Kimayo at the Downtown Concord Winter Farmers' Market (7 Eagle Square) at 10 a.m.
- Saturday Jam with Don B. at Area 23 at 2 p.m.
- Mike McDowell at Area 23 at 6 p.m.
- Lamont Smooth at Area 23 at 8 p.m.
- Fiesta Melon at Penuche's at 9 p.m.
- Crave at Pit Road Lounge at 8 p.m.
- Shaun McGyver & Raid



AP file

Comedy legend Jay Leno will perform at the Capitol Center for the Arts on Thursday.

- the Larder at True Brew Barista at 8 p.m.
- Dirk Quinn at Hermanos at 7:30 p.m.
- Rustic Overtones at Bank of NH Stage at 8 p.m. Tickets are \$20 to \$28 plus fees at ccanh.com.

Sunday

- John Franzosa at Her-

- manos at 6:30 p.m.
- Celtic Night with Jordan Tirrell-Wysocki and Liz Faiella at Bank of NH Stage at 5 p.m. Free.

Monday

- Paul Speidel at Hermanos at 6:30 p.m.

Next Tuesday

- Open mic with Mikey G at Tandy's at 7:30 p.m.
- Kid Pinky at Hermanos at 6:30 p.m.
- Dark Star Orchestra at the Capitol Center for the Arts at 7 p.m. Tickets are \$36 plus fees at ccanh.com.

Theater/Comedy

- *Romeo and Juliet* at the Capitol Center for the Arts on Wednesday at 10 a.m. Tickets are \$7 at ccanh.com.
- Jay Leno at the Capitol Center for the Arts on Thursday at 7:30 p.m. Tickets are \$65 to \$125 plus fees at ccanh.com.
- The MET Live in HD:

- Akhnaten* at Bank of NH Stage on Saturday at 12:55 p.m. Tickets are \$15 to \$26 plus fees at ccanh.com.

- *Sweet Charity* at Concord City Auditorium on Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m. Tickets are \$18 to \$20 at communityplayersofconcord.org.

- *Goblin Market* at Hatbox Theatre on Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m. Tickets are \$14 to \$20 at hatboxnh.com.

- 13/2019/125 min.)
- Tuesday: 2:05
- Wednesday: 2:05, 5:30, 8:05
- Thursday: 2:05, 5:30, 8:05

- Judy** (PG-13/2019/118 min.)
- Tuesday: 2:10, 5:30
- Wednesday: 2:10, 5:30
- Thursday: 2:10, 5:30

- Spin The Plate** (NR/2019/111 min.)
- Tuesday: 7:55
- Wednesday: 7:55
- Thursday: 7:55

All movie times are p.m.

Movies at Red River

- Jojo Rabbit** (PG-13/2019/108 min.)
- Tuesday: 2, 5:35, 8
- Wednesday: 2, 5:35, 8
- Thursday: 2, 5:35, 8

- Harriet** (PG-

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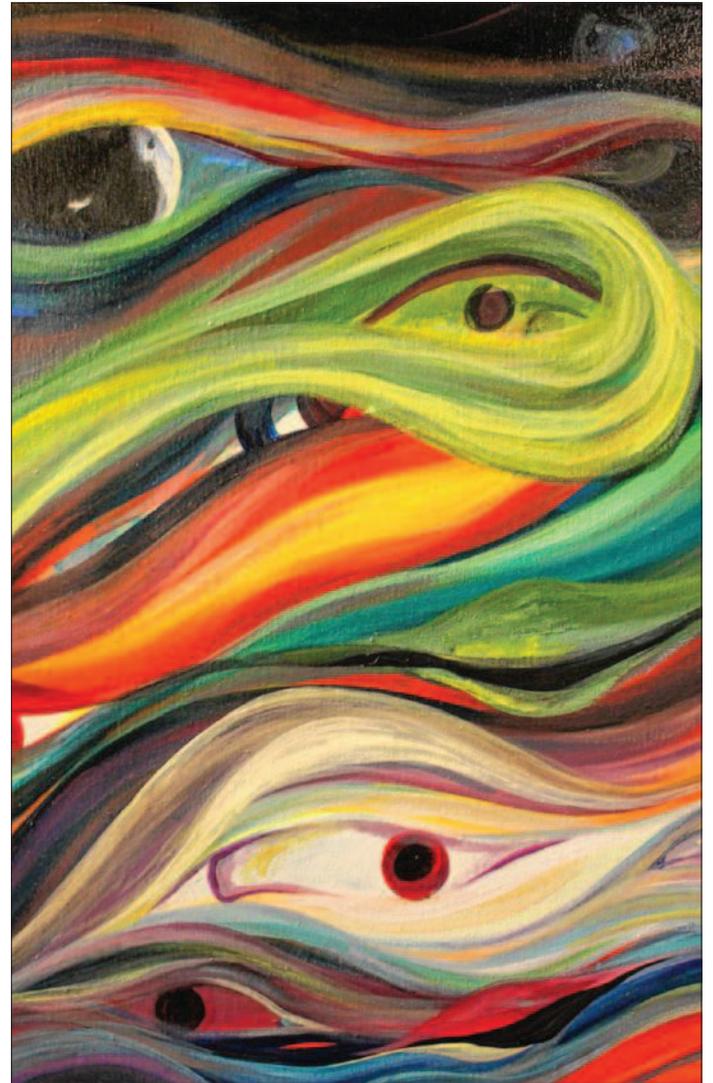
on display

Paintings by Fallon Rae for sale at Dos Amigos



JON BODELL / Insider staff

There aren't too many art galleries that would allow – even encourage – patrons to chow down on some tacos and sip margaritas while perusing the collection, but Dos Amigos Burritos isn't like most art galleries. The burrito shop is currently displaying the work of Fallon Rae, and most, if not all of the works are for sale. **Above:** *The Battle of Evermore*. **Right:** *Eyes of the Gods*.



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Bottom left: *Space & Time*. **Top left:** *Ethereal Glitters*. **Top right:** *Dark Side of the Moon*. **Left:** *Threaded*.

Pope Memorial SPCA Tributes for October 2019

In Honor of

Molly
Alessandra Dion's birthday
Debbie Drouin
Gus
Karen Lyford
Linda Andlinger's birthday
Madelyn Fish

In Memory of

Abby Lange
All the Beautiful Boys
Bin
Brady
Buddy
Drifter
Dusty
Elaine Pope
Esther Scammell
Ethan Fargo
Gerald "Jed" Drew
Gordie
Gus and Lucy
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Jane E. LaHaye
Jennifer Sampson
Jesse
Jetta
John Blais
John Dennen, Sr.
Kevin C. Marsland
Kippy, Shadow, Shady
and Allie
Laura Jane Larsen
Lawrence Robbins

Lily
Roxy and Jasmine
Sam
Sarah kitty, Boo Boo
kitty, Madeline, and
Pumpkin
Snowy Girl
Sophie
Sparky
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Life got you in a rut? Just 'embrace the suck'

Attitude is key to getting through tough tasks we would prefer not to deal with

By CRYSTAL REYNOLDS
For the Insider

Are you stuck in a career coma? Have your workouts reached a plateau? Is everything driving you crazy? Do you know if you're happy anymore? It might be because you're avoiding "the suck."

Wait, what? What does that even mean? Well, it's modern day vernacular for basically everything we do *not* want to do. This is not limited to physical things — like cleaning your basement, detailing your car or filing your taxes — it also includes all things emotional (stuff we have shoved into the deepest parts of our brains).

So what do we do with all of it?

Embrace it.

The origin of "embrace the suck" (ETS) is derived from military terminology. Marine Michael Fischer explains that ETS means to have discipline, having that mental toughness to see the hard work through to the

end, to continue with the hard-charging attitude to keep moving forward and never give up. One Marine would say to the other, "Dude, we have been here before, it's horrible. Now adapt and overcome and quit complaining." When you embrace it, you are able to push through that barrier — whatever that barrier may be — to reach your destination. This is an internal discussion that parallels the physical world you are wrestling with.

This makes sense to people serving in our military, but how can this apply to my life? According to author Anthony Meindl, this mindset is actually a very Buddhist concept. When we deny what reality is giving us, what is really happening, then we create suffering. So life becomes a dance between minimizing expectations and surrendering to what our lives actually reveal to us. The denial of something simply extends its presence. The more you deny or try to rationalize away



AP file

Training for the military seems hard, and generally not very fun. That's why it's important to "embrace the suck" whenever you have to do something you'd really rather not.

your feelings of discontent, the stronger these feelings will actually become.

Too deep to wrap your head around? Let me break it down for you in a simple way we can all relate to: becoming more healthy. Transforming your body requires you to do stuff that isn't fun. Example: exercising, when you'd rather be loafing on the couch, or eating salad when you really want pizza, or going to bed when you're in the middle of a Netflix binge, all in the name of better well-being. Embracing the suck means lots of things in reference to

taking care of your body. Sometimes, you just need to recognize that getting yourself to exercise (especially when the temps are close to zero) is not going to be fun.

Tyler Spraul, certified strength and conditioning specialist, has a great way of ETS. "When it's cold outside and I'm still getting a workout in, I focus on the fact that I am learning to embrace the discomfort, which will help me overcome obstacles in all areas of my life. Additionally, I'm working on even leaning into the discomfort and thinking of that 'burn' as vital to the success

that I'm after. It's true that every time you get through a tough workout, you're better for it".

What can you do in the next 24 hours to start embracing? Change the way you carry yourself. In Amy Cuddy's TED Talk she describes a phenomenon that more and more people are buying into: adopt the body language that corresponds to the attitude you want to possess. Stand up straighter to be more confident. Lean back to be more relaxed. If you are trying to ETS, there is a very specific demeanor that's associated. You can verbally complain, but be sure to use tonality and body language that convey positivity and totally contradict the negativity of your words.

To begin this process, follow these four simple steps, and whatever you do, don't prolong it!

1. Keep your head held high.
2. Complain.
3. Smile.
4. Embrace it.

(Crystal Reynolds is an owner at 43 Degrees North Athletic Club.)

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 Nov. 26 & 27 10am-7pm

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 Nov 29 & 30 10am-7pm
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Christmas parade, an extra-big win and more

Capital Area Memory Café

The Capital Area Memory Café for memory-impaired individuals and their family members is Wednesday, Nov. 20 from 2 to 4 p.m. at Granite Ledges of Concord, 151 Langley Parkway. The Memory Café is held on the third Wednesday of each month at the same time. This month is our “Café Chat.”

Enjoy an opportunity to

socialize and build relationships with others who have memory impairment. Family members can speak with healthcare professionals and learn more about resources while their loved ones are engaged in meaningful and supervised activity in a relaxed home-like environment.

Cafes are free and no registration is required. Refreshments are provided.

For more information, call 230-5673 or email Jennifer.Brechtel@crvna.org.
Andy Morse

Christmas parade set for Saturday

The 2019 Concord Christmas parade is slated for Saturday, with a start time of 9:30 a.m. from 7 Hazen Drive (DOT parking lot).

As the 68th annual Concord Christmas parade begins at 9:30, it will travel to Loudon Road to Pizza Hut at Canterbury Road, where the parade bears right and continues, crossing over Pembroke Road into the Capitol City Business Center lot where it disembarks. The parade route is approximately 1.1 miles and is estimated to end about noon.

The registration deadline has been set for Nov. 20, and registration forms may be obtained by emailing brianblackden@yahoo.com or by contact through Facebook at “2019 Concord NH Christmas Parade.”

If you wish to make a donation of any size, you may mail it directly to the Grange treasurer, Deb Patten, at 30 Pinewood Trail, Concord, NH 03301.

Thank you, and hoping for a very successful 68th annual Christmas parade.

Brian Blackden

Master Chorale offers new concert

The acclaimed New Hampshire Master Chorale this month offers the world premiere of a major choral work called *Voices of the Silenced* that features texts from people representing groups whose voices are often suppressed or marginalized. This project has been funded by grantors from around the region.

Audiences will hear a 30-voice chorus and chamber orchestra perform the new work, composed by the internationally known young

Norwegian Kim Andre Arnesen. The work sets texts representing a wide range of groups whose voices are silenced, suppressed or ignored.

The performance will be Saturday at 7 p.m. at First Congregational Church, 117 N. Main St. Concert tickets are available at nhmasterchorale.org as well as at the door. Tickets are free for undergraduates and students in grades K through 12, \$25 for seniors, and \$30 for general admission. The Master Chorale also has a “pay what you are able” ticket policy to ensure that anyone can attend regardless of financial ability.

Bradford Dumont

Chamber seeks '20 CASL applications

The Greater Concord Chamber of Commerce announces that applications for the spring 2020 Capital Area Student Leadership program are now available. The CASL program is open to high school sophomores who reside in and attend school in the Greater Concord area. A long-standing component of the Chamber’s Business & Education Partnership, CASL encourages students to become active, effective participants and future leaders in their schools and communities through exposure to historical, cultural, environmental and civic aspects of the Greater Concord area. CASL has graduated more than 675 sophomore representatives from a dozen area high schools for more than 22 years. Beginning with an orientation on Feb. 19, CASL comprises three session days in March, each focusing on an important topic in the community.

CASL seeks sophomores with leadership potential and those who are likely to assume greater community responsibility in the future.

A selection committee will review applications and visit the schools to conduct interviews of prospective participants.

The application deadline for the 2020 program is Monday, Dec. 9 at 5 p.m. To apply online or to download an application, please go to ConcordNHChamber.com/CASL.

Emily Marsh

NHTI’s Hogan nets 600th career win

A well-deserved win against Williamson College of the Trades on Nov. 2 earned NHTI men’s basketball Coach Paul Hogan the 600th win of his career.

Hogan’s career has spanned over 35 years and has included eight years as head coach at Plymouth State College (1990-1998) and 19 years as head coach at NHTI (2000-present).

“It is just great to get another win” said Hogan, when asked about win number 600. “I have had really good players, some great assistant coaches, and the key thing has been getting the players to buy into the team.”

In 2005, Hogan’s men’s basketball team earned the first-ever national championship in New Hampshire by leading the Lynx to the United States Collegiate Athletic Association National Championship. Throughout his career at NHTI, his teams have consistently earned regular season championships with the Yankee Small College Conference and competed nationally through the USCAA. Since 2000 Hogan has served as NHTI Athletic Director and is dedicated to building solid intercollegiate athletic programs that attract student-athletes committed to learning and competing on regional and national arenas.

Christine Metcalf

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feztive event

Bektash Shriners to host 19th Feztival of Trees

Weeklong event features more than 100 fully loaded trees attendees can win

By JON BODELL

The week of Thanksgiving is upon us, and that can mean only one thing – not turkey, not Black Friday deals, but the Feztival of Trees.

The Bektash Shrine Center (189 Pembroke Road) is ready to host the Feztival of Trees for the 19th year starting this Saturday, and all the trappings you've come to know and love about the Feztival are back again.

Every year on the week surrounding Thanksgiving, the Bektash Shrine Center welcomes 10,000 to 12,000 visitors through the doors to check out a menagerie of extravagantly, cleverly and often hilariously decorated full-size and mini Christmas trees. The trees are all donated by local businesses, families and well-wishers, and they're all up for grabs.

The Feztival of Trees is essentially a weeklong raffle with a festive flair. Attendees can purchase sheets of raffle tickets for \$5 a sheet and walk around dropping tickets into designated receptacles in front of each tree. If there's a really cool tree – like one full of Red Sox tickets or one full of brand-new power tools – you can pour a whole sheet of tickets into that one if you'd like – there are no limits to how many tickets you can purchase or how many you can drop into each tree's receptacle (usually PVP piping).

There are usually about 120 full-size trees each year – John Puckhaber, 2019 Potentate and the main organizer of this year's Feztival, said they had already received more than 100 trees as of last Thursday, and they'll still accept more right up until the event actually begins on Saturday.

The collection of trees is always extremely diverse, and

the themes cover an extremely wide range. For example, in the past there have been beach trees, movie trees, sporting good trees, stuffed animal trees, picnic trees, arts and craft trees, and even a *Top Gun* tree. While many of these are more novelties than anything else, there are usually a few big-ticket trees, as well.

The Tool Tree is always one of the biggest draws, featuring hundreds of dollars worth of brand-new power and hand tools. This year FW Webb and Osborne's Agway are also pitching in some high-value trees, and the Shrine Center itself is setting up a big tree too, though the contents of these trees were still under wraps as of last week.

Apart from all the full-size trees, there were also be quite a few mini trees, featuring smaller hauls of prizes, as well as wreaths. The wreaths don't come with any presents, but they look nice and are great for hanging on your door.

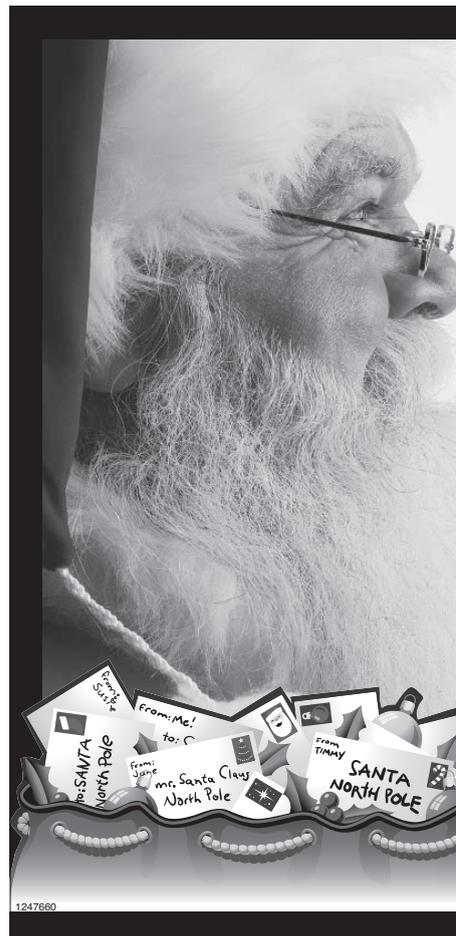
Most of all, though, this is all about family fun. Kids are more than welcome, and in fact it's mostly for them. Santa Claus will be in the building for pictures each day, and the Candy Cane Café will be open for food and drinks.

The Feztival will run from Saturday, Nov. 23, through Sunday, Dec. 1, every day except Thanksgiving. The hours are 10 a.m. to 7 p.m. every day except for Monday and the final Sunday, when it closes at 4 p.m. Admission is \$5 for adults, \$4 for seniors and free for kids 12 and under (group rates are also available). Tickets are \$5 for a sheet of 25. Seniors get in free from 10 a.m. to 4 p.m. Monday through Wednesday. For more info, go to bektashshriners.org/feztival.php.



GEOFF FORESTER / Monitor file

The Bektash Shrine Center will host the 19th annual Feztival of the Trees from Saturday until Dec. 1, featuring more than 100 fully loaded Christmas trees and the big man himself, Santa.



Hey kids, it's time to write your Letters to Santa

Christmas will be here before you know it and Santa is making his final preparations for the holiday season. Here's your chance to let him know what you have in mind.

All letters received by **December 1st** will be printed in the Concord Monitor between **December 5th** and **December 15th** and then sent along to the North Pole.

Email: letterstosanta@cmonitor.com

or Mail: Letters to Santa c/o
Concord Monitor, Box 1177
Concord, NH, 03302-1177

(Please include your name, age and town with your letter.)

Adventure Shopping: Preparing for the cold

Before you get snowed in, be sure to grab some of these must-have winter items



With the first snowfall of the cold season officially under our collective belts, it's time to start thinking about getting ready for about a half a year of this. Even though it's not winter yet, tell that to your toes when it's 12 degrees and windy out, as it was last Wednesday. In order to prepare for the long, dark, cold winter ahead, we did what any rational person would do - we went to Ocean State Job Lot to see what we could find. **Top left:** This is the perfect time to stock up on your ice melt, and Ocean State Job Lot has literally tons of it in stock. **Top right:** With the arrival of snow comes the arrival of sleds. Pick your favorite style and color at the Job Lot. **Right middle:** Need to stay warm at your desk? These small space heaters will certainly do the job. **Bottom right:** The Job Lot has a winter car kit display, where you can get a mini shovel that fits in your trunk and a heated blanket that's powered by the lighter outlet in your car. **Bottom left:** Stay warm - and look really, really good - with this two-tone fleece ski mask.



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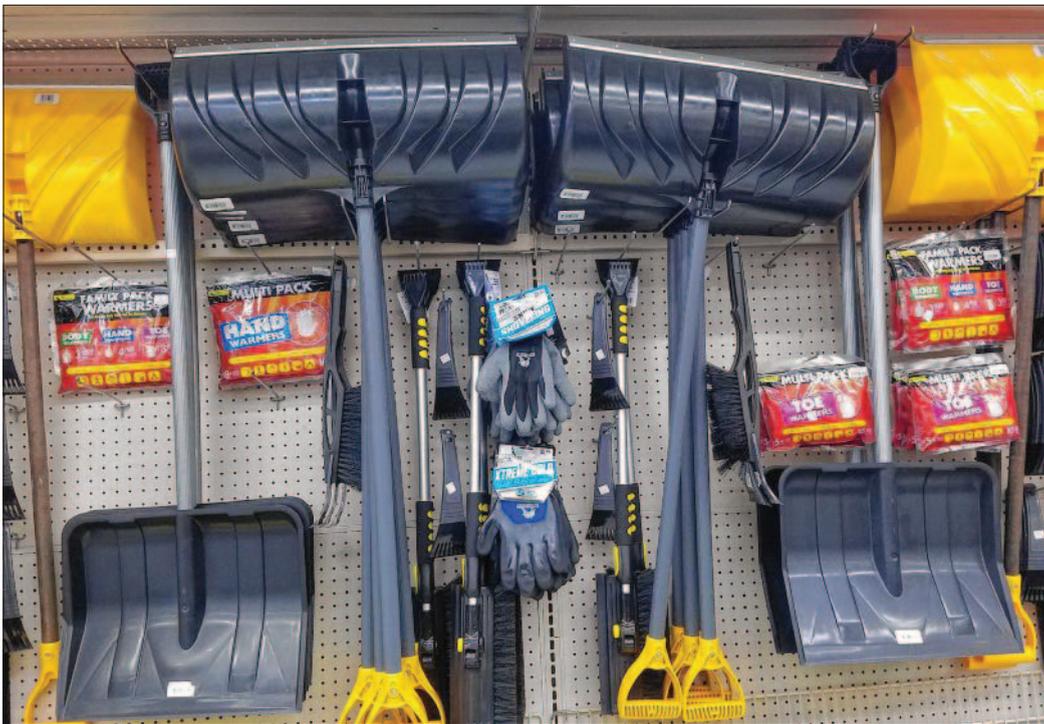
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Top left: No cold weather preparations would be complete without some heavy-duty shovels and ice scrapers. **Top right:** If you still haven't squared away your pool for the winter yet, you can get everything you need all on one rack at the Job Lot. **Left:** No New Hampshire driver should ever leave the house without a solid snow brush, and there are plenty to choose from here. **Above:** Is your blanket too light, or too sleeveless? Solve both problems with this Snuggle Me weighted blanket – with sleeves! **Bottom left:** Keep that pesky draft away with any of these stylish and hip draft blockers.



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stay indoors

It's cold out, but there's plenty to do inside

Late fall/early winter doesn't have to be a death sentence for your social life

By JON BODELL

You've probably figured out by now that the cold has arrived, and likely isn't going anywhere for at least five months or so. While this puts an end to dining on the sidewalks downtown, fishing at the White Park pond and swimming at the city pools, it shouldn't force you into full-on hibernation mode, either.

It's true that there just isn't as much to do outside when temperatures drop below freezing and the sun sets before 5 p.m., but thankfully Concord has a whole lot to do indoors when the weather is harsh. Since we're always looking for things to keep you busy all year long, we figured we'd pull together this little guide of indoor activities you can keep yourself busy with this winter.

Ice skating at Everett Arena

Okay, so maybe it doesn't make sense to include ice

skating on a list of things you can do to avoid the freezing cold, but at least there won't be any wind or rain inside the Everett Arena. And even though there's a huge sheet of ice in there, you can get away with just a long-sleeve shirt.

The arena is open for ice skating every day through March 13. Skating hours are 11:30 a.m. to 1 p.m. Monday through Saturday and 5:30 p.m. to 7:30 p.m. on Sundays. Admission is \$5 (kids ages 3 and under get in free) and skate rentals are available, if needed, for an additional \$5 at the arena's pro shop. If you don't know how to skate, there are also lessons available through Parks and Recreation.

For more information on ice skating, go to concordnh.gov/skating.

Mall fun

So there's really not much left of Steeplegate Mall anymore, especially after Sears officially vacates in the next



JON BODELL / Insider staff

Carter Locke (right), 5, gets an ice skating lesson from his dad, Nate, at Everett Arena.

few months. The businesses still there, however, can provide some non-shopping kind of fun for all ages.

For the younger crowd, there's the V.I. Party Rentals Entertainment Center, affectionately known as the bounce house place. This space offers kids the opportunity to bounce on inflatables, Sumo wrestle, play laser tag and just run around and let off energy. For \$10,

your kid can bounce all day. Go to vipartyrentals.com/entertainment-center for more info.

For a slightly older crowd – more like teenagers than toddlers – there's Altitude Trampoline Park. Altitude provides a different type of bouncing experience, relying on trampolines rather than inflatable structures. There are also games such as dodgeball you can play at Altitude, so if you're looking for something more challenging than the Entertainment Center, you might want to try Altitude. Go to altitudeconcord.com for more info.

For the adult crowd, Hatbox Theatre is a solid option for a night out. This small theater hosts performances almost every weekend, and the December schedule of shows is off the charts with holiday performances.

For a full schedule of events, information about each show and to buy tickets, go to hatboxnh.com.

Other staples

There are several other indoor establishments in Concord worth checking out this winter, including:

■ Red River Theatres: The city's downtown, independent movie theater is always showing engaging movies you won't likely see at the big, chain movie theaters. There are also lots of special events and meet-and-greet programs. Go to redrivertheatres.org for more info.

■ McAuliffe-Shepard Discovery Center: The Discovery Center is a fun place for the whole family to learn about aerospace and other cool science-related stuff. The center has also begun hosting late-night events for the 21-plus crowd, so check out starhop.com for more information about that.

■ Concord Public Library: The library is always a valuable resource, no matter the time of year. Stop in, grab something to read (like a copy of the *Monitor*) and expand your mind some. Go to concordpubliclibrary.com.

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'Doctor Sleep' tries, fails to build on a classic

Film proves why you shouldn't try to make a sequel to an all-time great movie

By JON BODELL

The Shining is one of the greatest horror movies of all time – maybe *the* greatest, depending on who you ask. The 1980 Stanley Kubrick adaptation of the Stephen King novel has long been regarded as a fantastic achievement in film, so much so that *The Shining* is often compared to other great films, not just other great horror films.

The sequel, *Doctor Sleep*, playing now at Regal Concord, will never be talked about that way. In fact, the people who made this movie just hope it gets talked about at all.

Doctor Sleep is the sequel nobody ever asked for. With the way *The Shining* ended, there really was no way to keep that story going. It wrapped up nicely, and everything felt final once the credits rolled 39 years ago.

In today's movie world, though, if you're not based on comic books or some other movie that has already grossed at least \$100 million, you're toast. That's how the world ends up with a sequel to *The Shining* 39 years later, starring nobody you've ever heard of (no offense, Ewan McGregor), directed by some guy you've also never heard of (sorry, Mike Flanagan).

While that's being a bit harsh, the point is this is no epic production directed by an all-timer like Kubrick and starring another all-timer like Jack Nicholson. It's just another movie.

Right from the opening scene, *Doctor Sleep* goes very heavy on the *Shining* references. We first see the back of young Danny Torrance, riding that big-wheel tricycle through the haunting Overlook Hotel while the camera follows closely from behind. At first it's hard to tell if we're



Courtesy of Warner Bros. Entertainment Inc.

This image released by Warner Bros. Pictures shows a scene from Stephen King's *Doctor Sleep*, in theaters now.

watching a digitally remastered clip of the original film or something new. Once the boy makes a turn, revealing his face (which looks nothing like the original Danny), it's clear that it's new material.

The movie is absolutely loaded with re-creations of iconic scenes from the original film, and that does not work in its favor. Every time we flash back (and by that we mean show a scene filmed recently to look like it was done in *The Shining*) to a scene from the first movie – pick one: the blood pouring from the elevator, the iconic “Heeere’s Johnny” scene, the spooky twins, the labyrinth scene – it just reminds us how awesome *The Shining* was and how, well, not awesome *Doctor Sleep* is.

The plot of *Doctor Sleep* is a little weird, and not at all as mysterious and chilling as the plot of *The Shining*. In *Doctor Sleep*, we follow the now-grown Danny Torrance, who can still shine but not as good as when he was a kid. He can also apparently see ghosts, since we, the audience, see him talking to Dick Halloran several times throughout the movie. Halloran, of course, is the one murder victim of Jack Torrance in *The Shining*, so this character is clearly a ghost in *Doctor Sleep*. (The actor is also younger in present day than the original

Halloran was in 1980, somehow.)

The main point of conflict that drives the movie is the plight of Rose the Hat, the movie's villain. Rose is a gypsy-like spirit of sorts, who uses magic to lure other shiners – people who have powers like Danny, which include seeing the future, seeing the past and commu-

nicating with ESP, among other things. Basically, for people who shine to continue to be able to shine, they have to feed on the “steam” of others who shine. In essence, this means Rose the Hat has to kidnap and kill children so she can suck their steam out of them and make sure she retains her power. She also has a gang of misfit spirits (see: victims) that also must feed on the steam. Somehow Rose is powerful enough to sense where other shiners are, and basically devotes her life to tracking these people down, killing them and inhaling their “steam.” Rose is especially interested in finding a certain young girl, who is apparently more powerful than anyone else.

If this sounds nothing like *The Shining* to you, you're correct!

This movie is a let-down, plain and simple. If you enjoy seeing many, many scenes re-created from a classic film, then you'll probably like this. If you go into *Doctor Sleep* expecting anything close to what *The Shining* did to you the first time you saw it, you'll be sorely disappointed.

It's a shame, really. Flanagan, the director, is also responsible for *The Haunting of Hill House*, the Netflix original series that may be the best work of horror in the past decade. That show was truly chilling and full of twists and turns. Sadly, Flanagan couldn't find any of that magic with *Doctor Sleep*.

Tip: Save your money, watch *The Shining* again and just wait for this one to hit cable, which will probably happen within a year.



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Capital City Charter School looks to expand

City's newest school – at Steeplegate Mall – hopes to add high school students

By **DAVID BROOKS**
Monitor staff

The city's most unusual school is looking to expand, and it's got a well-placed fan in state government.

"I love the location, the facility and how it's laid out, the open concept, the fluidity. It works as a great learning environment," New Hampshire Education Commissioner Frank Edelblut said after visiting the Capital City Charter School, which started last year in the former Bon-Ton's department store in the Steeplegate Mall.

The school will be going before the state Board of Education later this month asking to have its charter amended so that it can teach children in grades 10 through 12, as well as the current range of sixth through ninth grade.

"When we started, our plan was to grow to six through 12 within five years," said Stephanie C. Alicea, the school's founder and head. "We want to make sure we have approval right now, because we are getting inquiries for high school students."

Edelblut, a big proponent of charter schools, said he visited Capital City for the first time last week because he tries to visit such schools whenever they seek to change their charter.

"I make a point of going out and visiting the school. I'm trying to have a little bit more thoughtful engagement, so if questions come up, I might help answer them," he said.

The visit came before last week's political controversy over federal funding for charter schools in the state. The state's rejection of additional funding for charter schools would likely have no effect on the Capital City Charter School's request to



Geoff Forester / Monitor staff

Stephanie C. Alicea, the Capital City Charter School's founder and head, stands in the library of the school at the Steeplegate Mall last week. Alicea says she is looking forward to expanding the school to include high school students. **Below:** Commissioner of the Department of Education Frank Edelblut talks with students at Capital City Charter School.



expand.

New Hampshire has 29 charter schools. Edelblut said requests to modify these charters are not common and are usually spurred by a desire to expand.

Alicea, who was a teacher for two decades, started Capital City Charter School in the fall of 2018 to allow

small classes with a focus on service learning. She had been looking for a location when the Bon-Ton store closed and the mall leased it to her since no other department store was likely to move in – since then, another retail anchor, the Sears store, has announced it will close soon.

As a result, the school has

a whopping 34,408 square feet available for the current enrollment of 44 students. That includes upstairs space which the school hasn't used yet. The school's charter allows as many as 330 students.

Capital City Charter School has four teachers plus Alicea. The bulk of its students come from Concord but it also draws from as far north as Belmont and as far east as New Durham, she said.

Many of the students have had trouble adjusting to traditional school environments and come for the small classes as well as the focus on learning through doing, including internships.

"We're slowly growing. The concept of the school is new and different, and parents and students have to be willing to come in with an

open mind. They have to understand the models of service learning," she said.

"We have a pretty big class of ninth-graders currently, about half from last year and the rest transferred in this year. ... If more and more students are interested, we may have to get more staff," Alicea said, noting that they just added the fourth teacher, who will handle P.E. and health classes and programs for older students.

"Having 12 to 15 students per classroom is the goal," she said.

Alicea said the school's monthly operating expenses run from \$23,000 to \$30,000, depending on purchases. ("Start-up costs can be heavy," she noted.) The budget is covered through a mix of fees, grants and donations, including many donations in kind.

tasty brew

Concord Craft Brewing Co. Action! from Barley House

By JON BODELL

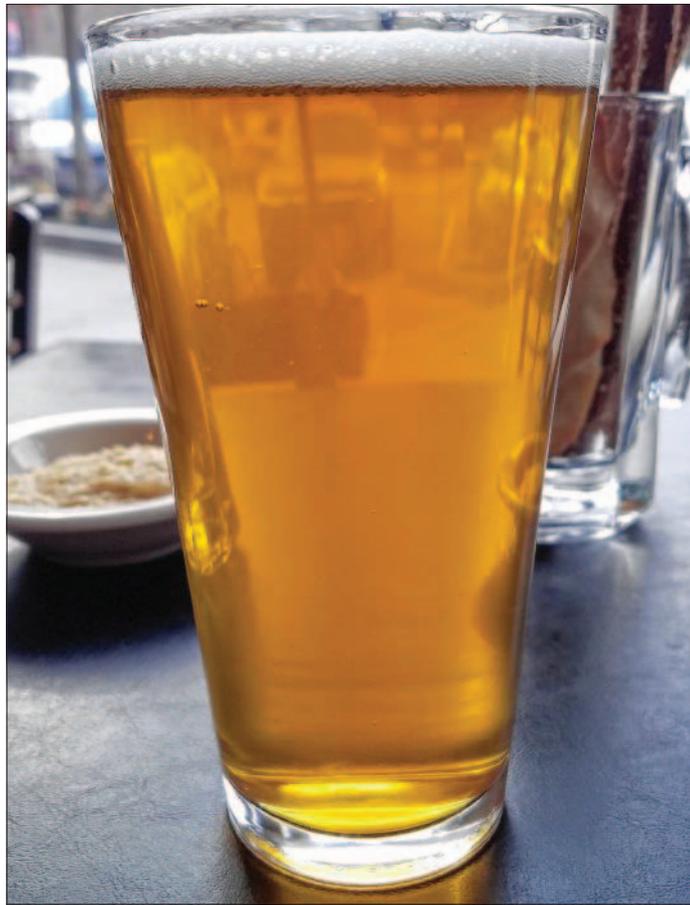
Whenever we get word of a special edition, one-off beer, it always ends up near the top of the to-do list. When we heard that Concord Craft Brewing Co. was concocting such a brew in honor of the SNOB Film Festival, it became a priority.

During a lunch visit to the Barley House, we learned that the restaurant was among the handful of places lucky enough to get some of the Action! on tap and promptly ordered a pint.

Action!, named after the term directors love to yell while filming, is a double dry-hopped pale ale. It almost rises to the level of an IPA, but it's a tad bit milder than most true IPAs.

Action! sits right in a medium, happy zone. On one hand, it's hoppy, bright, light, crisp and refreshing. On the other hand, it's mild enough that you can enjoy a few of them without feeling a lot of aftertaste and bitterness, and it's light enough in alcohol that you don't have to be extra careful with it (although you should of course also be responsible when drinking anything).

While it is not close to summer anymore, this did seem like it would make for a great summer beer. While it was very tasty and enjoyable to sip from a restaurant on a cold, windy, snowy day,

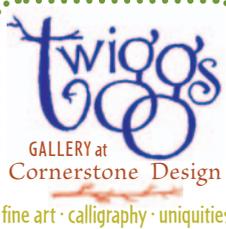


JON BODELL / Insider staff

it would certainly be great on a beach, in a backyard or around a bonfire with friends. Actually, this would make a great beer for watching movies with – perhaps that's what Concord Craft Brewing had in mind when they created it.

The brewery made seven barrels of Action!, but that was a couple weeks ago. Half of it was put into kegs and sent to establishments around the city, and the

other half was canned. Of the cans, most were reserved for Concord Craft itself, with some other stores getting more limited quantities. We weren't able to get the full list of retailers selling the cans or restaurants pouring it on tap, so you'll have to hunt around a little bit. Your best bet, though, would be to check out Concord Craft Brewing first, and go from there if you can't find any.



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crisis averted

Annual ski, skate sale heads back to the mall

Date of sale has been constant, but location has been nomadic over the years

By **DAVID BROOKS**
Monitor staff

The Capital Ski & Outing Club's annual ski and skate sale is heading back to the mall.

The date of this huge sale is consistent – always the first Saturday in December, which is Dec. 7 this year – but the location has been nomadic.

For years the sale was held in the Green Street gym next to City Hall until it outgrew the space. Then it was held at the former Circuit City store in the Steeplegate Mall. When the Altitude Trampoline Park moved into that space it rented a location on Regional Drive, but that building wasn't available this year.

After a search, said Cheryl Hayden, the club's president, The Zoo Health Club offered empty space next to its facility, which occupies part of the former Bon Ton department store.

"There's plenty of room ...



Monitor file

The Capital Ski & Outing club's annual ski and skate sale will be back at Steeplegate Mall this year after bouncing around the past several years.

and plenty of parking," said Hayden.

The sale takes place from 9 a.m. to 2 p.m. but things start happening on Thursday be-

fore the sale, when equipment starts to arrive.

Anyone in the Capital Area can bring their used equipment (in good condi-

tion) to the club, which sells it and keeps 20 percent of the profit. Ski dealers also offer new and slightly used equipment through the

The Zoo Health Club offered empty space next to its facility, which occupies part of the former Bon Ton department store.

club. Vendors have their own booths.

The sale is the club's biggest fundraiser, bringing in thousands of dollars each year. It's not uncommon for the sale to gross \$100,000 in sales, with sellers getting 80 percent. The club uses what's left over to help maintain Concord outdoor activities, including cross-country ski trails.

Anyone with questions can contact Hayden at 491-4703.

(David Brooks can be reached at 369-3313 or dbrooks@cmonitor.com or on Twitter @GraniteGeek.)

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book of the week

Natalie Tan's Book of Luck & Fortune

Roselle Lim
2019, 299 pages
Fiction

Living in Montreal's Chinatown, Natalie Tan hears a bird singing her mother's song outside her window and knows that her mother has passed away. "Ma-ma was gone." Natalie returns to San Francisco to settle her mother's affairs. Natalie left years ago to pursue her career as a chef. She and her mother had quarreled about Natalie's choice and they hadn't spoken in years. Now Natalie regrets not speaking or visiting sooner.

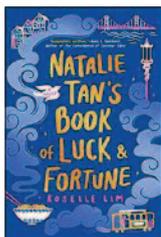
When Natalie returns she finds that the once-thriving neighborhood is rundown. A lot of businesses are selling and closing up. Natalie's grandmother had been an outstanding cook and once had a famous restaurant in Chinatown. Growing up, Natalie and her mother lived in an apart-

ment above the old restaurant. Natalie never knew her grandmother, but she finds a book of her recipes. Natalie discovers that she has inherited her grandmother's restaurant and is determined to open it back up and help restore the neighborhood. The food that Natalie cooks casts spells on the people who eat it. But although the food is delicious, not all of the spells have the effect that Natalie wanted. This tale is full of interesting characters like Celia, Old Wu, Miss Yu and the erhu musician. Magic, music and food are themes that run through this book, and San Francisco's Chinatown neighborhood is vibrantly brought to life. It reminded me a little of the book *Like Water for Chocolate* by Laura Esquivel.

This lyrical tale has a little magic, a little romance and delicious Chinese food – and recipes. It has a main character that you can root for, and she can cook like nobody's business – except perhaps her own?

Robbin Bailey
Concord Public Library

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BLACK FRIDAY Exchange Event

NEW 2020 TOYOTA COROLLA LE



Stk# LJC1057

VISIT IRWINZONE.COM TO UNLOCK SAVINGS

Lease for **\$79/mo.** for 24 mos
Zero Down lease **\$277/mo.** for 36 mos

Save at least **\$1,951** off MSRP
Sale Price **\$19,054**

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Lease for **\$148/mo.** for 24 mos
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Stk# LJT112

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Lease for **\$119/mo.** for 24 mos
Zero Down lease **\$378/mo.** for 36 mos

Save at least **\$1,147** off MSRP
Sale Price **\$27,318**

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Lease for **\$199/mo.** for 24 mos
Zero Down lease **\$459/mo.** for 36 mos

Save at least **\$3,242** off MSRP
Sale Price **\$34,853**

Low lease: 24 mos, 12,000 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & (Corolla- \$4,753, Rav4- \$5,753 Tacoma- \$5,783, Camry- \$5,723, Highlander- \$5,873, Tundra- \$5,793) cash or trade equity due at signing. \$0 security deposit due. Subject to credit approval. Zero Down lease 36 Mos, 10,000 miles per year, with \$0 due at delivery, \$0 security deposit with approved credit. \$626 dealer fee is not included in sale price. No sales tax for NH residents. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). All manufacturers rebates to dealer. Manufacturers programs subject to change without notice. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. Special financing may affect selling price. TFS Financing required. Expires 11-30-2019

NEW 2019 FORD ESCAPE SE 4x4



Stk# KFT1275

Lease for **\$99/mo.** for 24 mos
Zero Down lease **\$269/mo.** for 36 mos

Save at least **\$9,641** off MSRP
Sale Price **\$20,749**

NEW 2019 FORD RANGER XLT 4x4



Stk# KFT1454

Lease for **\$99/mo.** for 24 mos
Zero Down lease **\$297/mo.** for 36 mos

Save at least **\$4,811** off MSRP
Sale Price **\$28,999**

NEW 2019 FORD F150 Super Cab 4x4 XLT



Stk# KFT1515

Lease for **\$99/mo.** for 24 mos
Zero Down lease **\$339/mo.** for 36 mos

Save at least **\$14,752** off MSRP
Sale Price **\$34,943**

Low lease: 24 months, 10,500 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & (Escape- \$3,328, F150- \$3,428, Ranger- 3,728) due at signing. Zero Down Lease 36 months, 10,500 miles per year with \$0 due at delivery. \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. FIMCC financing may be required. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. * See dealer for complete details. Expires 11-30-2019.

NEW 2020 HYUNDAI KONA Ultimate AWD



Stk# LHT148

Lease for **\$234/mo.** for 36 mos
Zero Down lease **\$363/mo.** for 36 mos

Save at least **\$1,250** off MSRP
Sale Price **\$28,549**

NEW 2019 HYUNDAI TUCSON Value AWD



Stk# KHT169

Lease for **\$141/mo.** for 36 mos
Zero Down lease **\$275/mo.** for 36 mos

Save at least **\$6,056** off MSRP
Sale Price **\$21,649**

NEW 2020 HYUNDAI SANTA FE SE AWD



Stk# LHT105

Lease for **\$211/mo.** for 36 mos
Zero Down lease **\$348/mo.** for 36 mos

Save at least **\$1,651** off MSRP
Sale Price **\$27,499**

Low lease: 36 months, 10,000 miles per year. 1st payment, \$650 acquisition fee, \$626 dealer fee & \$2,999 cash or trade equity due at signing. REAL \$0 Down Sign & Drive 36 months 10,000 miles per year with \$0 due at delivery. \$0 security deposit with approved credit. No sales tax for NH residents. All manufacturers rebates to dealer. Manufacturers programs are subject to change without notice. 0% financing subject to credit approval (72 payments of \$13.88 for every \$1,000 borrowed). Special financing may affect sale price. Ad vehicles reflect Irwin's \$1,000 Savings Voucher. See dealer for complete details. HMF financing required. Expires 11-30-2019.



LINCOLN
2019 LINCOLN
MKZ RESERVE
AWD

Lease For Only

\$391

Per Month
For 24 Mos

SALE PRICE
\$39,192

KLC108. MSRP (\$41,990) 24 mo. lease, 7,500 miles/yr. Lease with \$4,590 due at signing (\$2,928 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 3LN6L5D93KR651265. Expires 11/30/2019.



LINCOLN
2019 LINCOLN
MKC AWD

Lease For Only

\$402

Per Month
For 24 Mos

SALE PRICE
\$43,263

KLT303. MSRP (\$48,750) 24 mo. lease, 7,500 miles/yr. Lease with \$5,277 due at signing (\$3,604 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 5LMCJ3D93KUL12774. Expires 11/30/2019.



LINCOLN
2019 LINCOLN
NAUTILUS AWD

Lease For Only

\$484

Per Month
For 24 Mos

SALE PRICE
\$51,063

KLT335. MSRP (\$55,675) 24 mo. lease, 7,500 miles/yr. Lease with \$6,051 due at signing (\$4,296 Cash or Trade Equity plus dealer fee, 1st payment & \$645 acquisition fee due at signing). Zero down lease for 36 months, 7,500 miles per year with \$0 due at signing. \$0 Security Deposit on approved credit. No sales tax for NH residents. Ad vehicle reflect all discounts, manufacturers rebates and promotions including the \$1,000 Irwin Bonus Voucher. Please contact the dealer for complete details. VIN# 2LMPJ8L52KBL52843. Expires 11/30/2019.

this week

Tuesday, Nov. 19

■ **21+ Paint and Sip: Late Night at the McAuliffe-Shepard Discovery Center:** 6:30 p.m. - 9:30 p.m. Join the McAuliffe-Shepard Discovery Center for our first ever Paint and Sip night! Visit starhop.com for more information and to reserve a canvas. Free. Admission to the Discovery Center is free, a canvas is \$25. McAuliffe-Shepard Discovery Center, 2 Institute Dr. 271-7827 x113. snappo@starhop.com.

■ **Bring Your Own Craft:** 1:30 p.m. - 3:30 p.m. Bring your current craft project and supplies and work on your creation while sharing ideas with fellow crafters! Free. Heights Branch Library, 14 Canterbury Rd. 230-4932. jsalemy@concordnh.gov.

■ **Greater Concord Photography Club Annual Show and Sale:** 9 a.m. - 4 p.m. Annual photography show and sale in Carriage House Gallery at Kimball-Jenkins School of Art. Free admission. Free. Kimball-Jenkins School of Art, 266 N. Main St. 227-6549. shilpert13@gmail.com.

■ **Legal Breakfast Series: The 2019 Legislative Session: A Reprise of the Highlights:** 8 a.m. - 9 a.m. Free. Orr & Reno, PA, 45 S. Main St., 4th Floor Concord. 224-2508. events@concordnhchamber.com.

■ **Needle Felting at the Library - A Very Merry Mouse:** 6 p.m. Join us for felting of little mice. Limited to 20 people. Registration required. Free. Concord Public Library, 45 Green St. jsalemy@concordnh.gov.

■ **William Judd:** 6 p.m. - 7:30 p.m. "The Time in Between." Our hero Fred Nash leaves a repressive home and strikes out on his own to find a true path for himself in a decade of significant cultural change. Free. Gibson's Bookstore, 45 S. Main St. 224-0562. gibsonsevents@gmail.com.

Wednesday, Nov. 20

■ **Bone Builders:** 9:30 a.m. - 10:30 a.m. Bone Builders is a free senior exercise program to combat osteoporosis and meets every Monday and Wednesday. Free. Horseshoe Pond Place Senior Resource Center, 26 Commercial St. 228-0139. rsvp@friendsprogram.org.

■ **Capital Area Memory Cafe:** 2 p.m. - 4 p.m. Socialize and build relationships while learning

more about health resources for people with memory impairment. Pre-registration is not required. Free. Granite Ledges, 151 Langley Parkway. 230-5673.

■ **Carbohydrates: Making Better Choices All Day Long:** 11 a.m. - 12:15 p.m. Learn how low-nutrient and low-fiber carbs lead to disease and food addiction and how to avoid blood sugar highs and lows. \$10. GoodLife Programs & Activities, 254 N. State St. 228-6630. info@goodlifenh.org.

■ **CYPN Networking at Gibson's Bookstore:** 5:30 p.m. - 7:30 p.m. Free. Gibson's Bookstore, 45 S. Main St. 224-2508. programs@concordnhchamber.com.

■ **The Depression and Bipolar Support Association:** 7 p.m. - 8:30 p.m. St Paul's Church, 21 Centre St. 224-2664.

■ **Get Out of Paycheck to Paycheck Lifestyle:** 5:15 p.m. - 7:15 p.m. Free. N.H. Federal Credit Union Center for Finance & Education, 47 N. Main St. 224-7731. alexandria.demetriou@centerfe.org.

■ **Harvest Dinner:** 12 p.m. - 1 p.m. Celebrate the season with a delicious meal featuring apple stuffed pork tenderloin, squash, potatoes and crumb topped apple pie for dessert! Yum! \$12 - \$20. \$12 per person, \$20 per couple. Presidential Oaks, 200 Pleasant St. 7246111. marketing@presidentialoaks.org.

■ **STEAM presents Color On!:** 3:30 p.m. - 5 p.m. STEAM explores color this month. Join us to make your own Coloring Bot and Color Mixing Wheel. Registration is required. Free. Concord Public Library, 45 Green St. jsalemy@concordnh.gov.

Thursday, Nov. 21

■ **Overeaters Anonymous:** 5:30 p.m. - 6:30 p.m. The only requirement for membership is a desire to stop eating compulsively. Free. Bow United Methodist Church, 505 South St., Bow. (505) 891-2664. Coordinator@oaregion6.org.

■ **Yoga Fitness:** 6:30 p.m. - 7:30 p.m. What are you doing for you this week? Make time for some healing self-care; we will stretch, strengthen and balance, focusing on mindful breathing. \$65 Bow residents, \$71 nonresidents. Bow Parks & Recreations, 3 Bow Center Road, Bow. 223-3920. aguertin@bownh.gov.

■ **Beaujolais Day Wine Tasting event:** 4 p.m. - 6 p.m. Free

tasting event to celebrate Beaujolais Day with wines from France and 5% off any wine purchase! Try new wines and stock up for the holidays. Local Basket, 10 Ferry St. 219-0882. beth@localbasket.com.

■ **Families Sharing Without Shame:** 7 p.m. In the Richard Pitman Conference Room. Support group for parents who have a child or children who have misused drugs or alcohol. Free. Concord Hospital, 250 Pleasant St. 568-0533. familiessharingwithoutshame@comcast.net, donna4support.com.

■ **Genealogy Club:** 6 p.m. - 7:30 p.m. Join us for our monthly Genealogy Club in the Library Auditorium. Chromebooks are available if you don't have a laptop. No registration required. Free. Concord Public Library, 45 Green St. jsalemy@concordnh.gov.

■ **Green New Deal:** 5:30 p.m. - 7 p.m. Climate and Energy: The Green New Deal, 100% Renewable Energy & More Discussion about government efforts to combat climate change. Free. Women's Club of Concord, 44 Pleasant St. 225 3622. lvgilbert@comcast.net.

■ **The Murphy Beds:** 8 p.m. - 10 p.m. \$15. Bank of New Hampshire Stage, 44 S. Main St. 225-1111. Isabean@ccanh.com.

■ **Needle Felted Winter Woodland Ornament:** 6 p.m. - 8 p.m. Learn how to needle felt a winter wonderland scene, complete with a woodland creature, snow and trees! No experience necessary. \$30. The Place Studio & Gallery, 40 Thorndike St. 369-4906. christa@theplacestudioandgallery.com.

■ **Water and Woods Art Exhibit:** 10 a.m. - 5 p.m. Stop by the McLane Center to see "Water and Woods," an art exhibit by fine artist Kathleen H. Peters. The exhibit runs through Jan. 8. Free. N.H. Audubon McLane Center, 84 Silk Farm Road. 224-9909, ext. 318. nha@nhaudubon.org.

■ **Yoga:** 7 p.m. - 8 p.m. Come join us and pay what you can. Donations go to charity. Classes include yoga postures, breath awareness, and relaxation. Everyone is welcome. Free. Donations go to charity. Sharing Yoga, 64 N. Main St. 520-8987. david@sharingyoga.com.

Friday, Nov. 22

■ **Little Rattlers:** 10 a.m. - 10:45 a.m. \$10. \$10/child, \$5/child for open play afterwards. Concord

Community Arts Center, 40 Thorndike St, Unit 2C. (770) 298-6482. rattleboxstudio@gmail.com.

■ **Sweet Charity:** 7:30 p.m. - 10 p.m. Nov. 22 & 23, 7:30 p.m., Nov. 24, 2 p.m. Ages 13 and up. Info and tickets at communityplayersofconcord.org. \$20 adults, \$18 Jr. & Sr. Concord City Auditorium, 2 Prince St. 344-4747. nhdm40@comcast.net.

Saturday, Nov. 23

■ **Bow High School Music Mattress Fundraiser:** 10 a.m. - 4 p.m. Over 20 different mattress sets on display including top-name brands for UP to 50% off retail prices at Bow High School. Prices start at \$259. Bow High School, 55 Falcon Way, Bow.

■ **Festival of Trees:** 10 a.m. - 7 p.m. Adults \$5, Seniors \$4, Children Free. Bektash Shrine Center, 189 Pembroke Road. feztivaltrees@gmail.com.

■ **Genealogy Workshop: Using DNA in Family History Research:** 10 a.m. - 11 a.m. In this workshop Tom Dwyer of the New England Historic Genealogical Society will discuss the types of genetic tests available to family historians. \$35 - \$50. New Hampshire Historical Society, 30 Park St. 228-6688. cmoore@nhhistory.org.

■ **Tellabration! 2019:** 7 p.m. - 9 p.m. Free. Donation. NHTI, 31 College Dr. 934-3984. ruthniven@hotmail.com.

■ **Voices of the Silenced:** 7:30 p.m. - 9:30 p.m. The New Hampshire Master Chorale Presents "Voices of the Silenced," a newly commissioned work from world-renowned composer, Kim Andre' Arnesen. Adults \$30, Seniors \$25, Free for students K - Undergraduate. First Congregational Church of Concord, 177 N. Main St. (855) 642-4672. nhmasterchorale@gmail.com.

Sunday, Nov. 24

■ **Greater Concord Interfaith Council Program of Thanksgiving:** 5:30 p.m. - 6:30 p.m. Giving thanks for the world we share. Music and readings from diverse faith traditions. Message by Rev. Kate Harmon Siberine. Open to all. Free. Bow Mills United Methodist Church, 505 South St., Bow.

■ **Open Mic:** 9 p.m. Penuche's Ale House, 16 Bicentennial Square. 228-9833.

Monday, Nov. 25

■ **Overeaters Anonymous:** 5:30 p.m. - 6:30 p.m. The only requirement for membership is a desire to stop eating compulsively. Free. Wesley United Methodist Church, 79 Clinton St. (505) 891-2664. Coordinator@oaregion6.org.

■ **Poet Glenn Currie:** 6 p.m. - 7:30 p.m. "Ball of String." Currie writes about his journey through life and how it connects us to each other through shared experiences, emotions, the need for humor, and the things we learn from our travels on this earth. Free. Gibson's Bookstore, 45 S. Main St. 224-0562. gibsonsevents@gmail.com.

■ **Yoga for Kids:** 11 a.m. - 11:45 a.m. This class incorporates strength, flexibility, and coordination in a fun and relaxing atmosphere. Kids engage in games and find time for stillness. \$10. Free for members of Rattlebox Studio. Concord Community Arts Center, 40 Thorndike St, Unit 2C. (770) 298-6482. rattleboxstudio@gmail.com.

Tuesday, Nov. 26

■ **Business Before Hours:** 7:30 a.m. - 9 a.m. \$5 - \$10. NHHEAF, 3 Barrell Court. 224-2508. events@concordnhchamber.com.

■ **Changing the Culture of Mental Health: It's Way Past Time:** 2 p.m. - 3 p.m. Dartmouth-Hitchcock's Senior Director of External Affairs and former N.H. Chief Justice discusses his family's journey with mental illness. Free. Register. GoodLife Programs & Activities, 254 N. State St. 228-6630. info@goodlifenh.org.

■ **Get a Grip on Your Credit & Improve Your Score:** 5:15 p.m. - 7:15 p.m. Free. NHFCU, 47 N. Main St. 224-7731. marketing@nhfcu.org.

■ **Presidential Wreath Laying:** 10 a.m. A graveside wreath laying will commemorate President Franklin Pierce's 215th birthday. The wreath is sent annually from the White House. Free. Old North Cemetery, 141 N. State St. piercebrigade@gmail.com.

■ **Senior Health Clinic:** 9 a.m. - 1 p.m. Services include foot care, blood pressure screening and more. Please call for an appointment. Suggested donation for services is \$10. City Wide Community Center, 14 Canterbury Road. 224-4093, ext. 5815.

'Sweet Charity' to dance its way to Concord

Neil Simon classic Broadway show to be performed at Concord City Auditorium

Sweet Charity will dance its way onto the Concord City Auditorium stage this weekend as The Community Players of Concord present this groovy mid-1960s musical comedy originally made famous by director-choreographer Bob Fosse and star Gwen Verdon.

Featuring a hilarious book by Neil Simon, *Sweet Charity* tells the story of Charity Hope Valentine, a hopelessly romantic but unlucky-in-love dance hostess working in a run-down Times Square dance hall, the Fandango Ballroom. After a seemingly endless series of comically bad dates, will Charity finally meet a nice man who can romance her away from this seedy life? An irrepressible optimist, Charity is convinced the answer is yes, while her jaded and slightly bedraggled dance hall colleagues, The Fandango Girls, are not so sure.

The show premiered on Broadway in 1966, where it was nominated for nine Tony Awards before going on to lengthy runs in New York, London's West End and elsewhere, a film version starring Shirley MacLaine, and numerous stage revivals. With music by Cy Coleman and lyrics by Dorothy Fields, there is plenty of toe tapping fun in the show's many hit songs, including "Big Spender," "If My Friends Could See Me Now," "Rhythm of Life" and other familiar songs. The Players' large cast production features all those tuneful hits with plenty of Fosse-inspired dancing.

Performances are Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m. at the Concord City Auditorium, 2 Prince St. Tickets are \$20, with a \$2 per ticket discount for purchases be-



Courtesy of Community Players of Concord

The Community Players of Concord will perform "Sweet Charity" this weekend at the Concord City Auditorium.

fore Wednesday. Information and tickets are available at communityplayer-sofconcord.org or by contacting box office manager David Murdo at nhdm40@comcast.net or 344-4747. Box office hours are Wednesday through Friday from 4:30 to 7:30 p.m., Saturday from 6 to 7:30 p.m. and Sunday from noon to 2 p.m. Due to some mature themes, the show should be considered "PG-13."

Sweet Charity is the first of four Neil Simon works the Players will present this season – the other three are *The Odd Couple – Female Version*, *Barefoot In The Park* and *The Dinner Party*. Simon, who passed away in 2018, is the most highly decorated playwright in American history with many Tony, Oscar, Emmy and other nominations and wins to his credit, in addition to a



Pulitzer Prize, Kennedy Center Honors, Writers Guild of America prizes and three honorary degrees. In 1966, Simon had

four shows running on Broadway simultaneously – *Sweet Charity*, *The Star Spangled Girl*, *The Odd Couple* and *Barefoot In the*

Park – an accomplishment still unmatched by any other author.

When Cheti Davis heard the Players would be presenting *Sweet Charity*, he was eager to direct the show, which has always been one of his favorites. Davis, who danced and performed professionally for many years and is still involved with dance and theater at the Kearsarge Conservatory for the Performing Arts in Warner, first saw *Sweet Charity* when he was in middle school and was blown away by Fosse's unique choreography. Davis starred as Daddy Warbucks in the Concord Players' 2018 production of *Annie*, where he met Lara Hyde, the *Annie* choreographer. As Davis prepared his pitch to land the *Sweet Charity* directing spot, he quickly recruited Hyde, who he knew would make an excellent partner in creating the exhilarating Fosse-inspired dance numbers that are a highlight of this show. Judy Hayward, one of the most respected and prolific musical theater professionals in the state, also joined the team as music director. After working for months with a large and enthusiastic cast, it's all paying off, according to Davis.

"The cast is terrific and we're having a blast preparing this fun and funny show that audiences are going to love," Davis said.

Nov. 22-24 is the weekend before Thanksgiving – a fine time to head to the Fandango Ballroom (aka Concord City Auditorium) for a hearty helping of mod and glamorous 1960s musical theater fun.

Ellen Burger
Community Players
of Concord

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Job Opportunities

NASHUA LOCATION

We have the following job opportunities available at our Nashua location:

Drywall Handler: Full-time opening for a drywall handler who will be a member of a team responsible for delivering and off-loading drywall at construction sites. Must be reliable and have an excellent work history. This position requires heavy lifting on a regular basis.

Lumberyard Material Handler: Duties include assisting customers and contractors locate and load materials, help receive in-coming shipments and pick loads for delivery trucks. Forklift experience preferred and heavy lifting is required. Excellent prior work history a must.

PEMBROKE LOCATION

We have the following job opportunities available at our A&B Lumber/Barns Pembroke location:

Lumberyard Material Handler /Delivery Driver: Duties include assisting customers and contractors locate and load materials, help receive in-coming shipments and pick loads for delivery trucks. A CDL-B license is required with 3 years experience and a safe and clean driving record. Fork lift experience preferred and heavy lifting is required. Excellent prior work history a must. Saturday hours required on a rotating basis.

Lumber Counter Sales: Full time position in our Pembroke store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Saturday hours required on a rotating basis.

To see all the current job openings at our 9 locations, please visit our website.

You may apply in person at the either location or download an application from our website and email to: dbelletetes@belletetes.com. David Belletete, Human Resource Manager, Belletetes, Inc., 51 Peterborough Street, Jaffrey, NH 03452.



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Custodian Needed



NE-306050

Merrimack Valley School District has an immediate opening for a full time second shift custodian. Applicants should have high school diploma, general knowledge of cleaning products/procedures, ability to lift 75 lbs. Pay is based on experience and ranges from \$13.81 to \$17.21 per hour with potential overtime. Competitive benefit package.

All applicants must submit completed application and 3 current letters of reference to the address above. Electronic applications can be sent in PDF format to kkeyser@mvsdpride.org. Position will remain open until satisfactorily filled.

Application can be picked up at the superintendent's office or on the District's web site.

Please email Rob Whitehead rwhitehead@mvsdpride.org with questions.

E.O.E.

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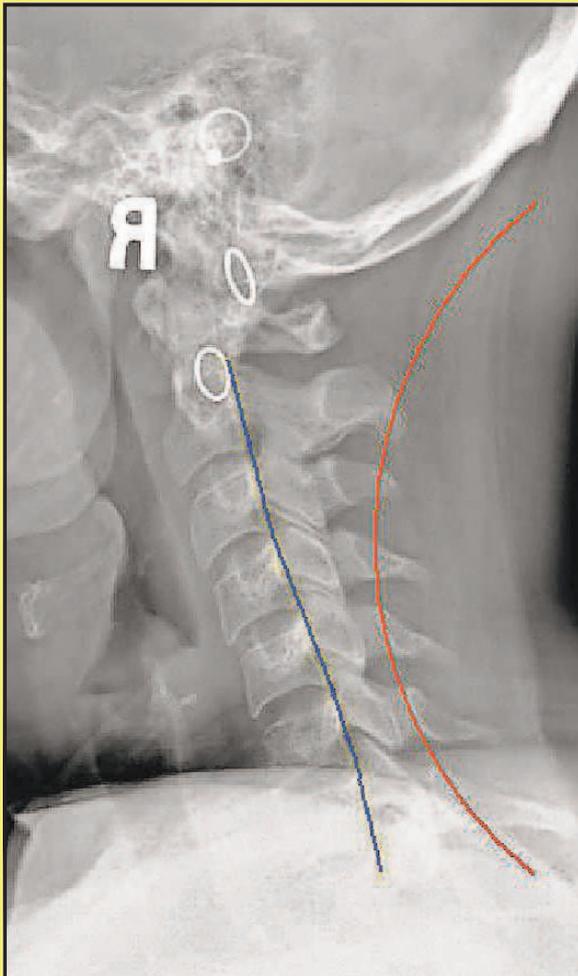
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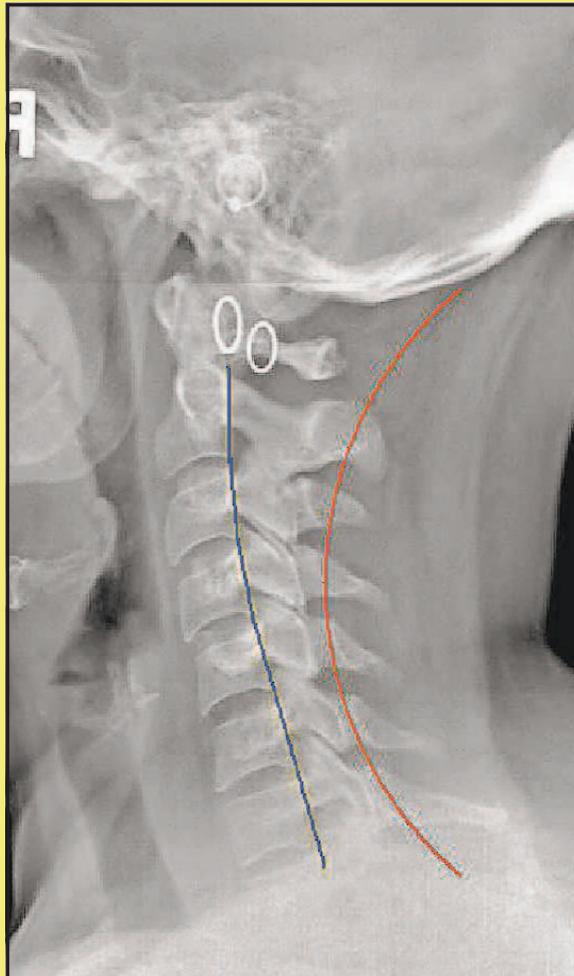
The American
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BEFORE



PROGRESS

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- Digestive Problems
- Anxiety/Depression
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 Dr. Stephanie
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